



Trailwalker

Winter 2014 Issue 132

Free

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The Lares Trek
Cafe Latte Heart Starter
AGM Reports



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Trail & Other Walking
Trails

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Burra Branch

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Membership Information

Joining Fee \$10

Single \$25 per year

Family \$40 per year

Schools & Organisations \$60 per year

Membership is valid from the date of payment until the end of the corresponding month in the following year.

Trailwalker Magazine

Views expressed in contributed articles are those of the authors, and not necessarily those of the Friends of the Heysen Trail.

The Trailwalker magazine is available by subscription or online at www.heyseentrail.asn.au/trailwalker

The Trailwalker magazine is published quarterly:

- Autumn (March)
- Winter (June)
- Spring (September)
- Summer (December)

The Trailwalker magazine has a distribution of 1050, and an estimated readership of approximately twice that number.

Articles, reports and other submissions by members and other interested parties are welcome and should be emailed to the Trailwalker Editor at trailwalker@heyseentrail.asn.au

The submission deadline is usually the first Friday of the month prior to the month of publication.

Advertising Rates

1/8 page vertical \$40 per issue

1/4 page \$60 per issue

1/2 page \$100 per issue

Full Page \$150 per issue

Flyer (supplied for insertion) \$180 per issue

A commitment for 12 months advertising – 4 issues, would attract 10% saving

Advertising specifications and article submission guidelines are available upon request or by visiting www.heyseentrail.asn.au/trailwalker

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The Friends of
the Heysen Trail
& Other Walking
Trails

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David Rattray
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Dominic Henschke
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About the Friends

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Graham Loveday	
Robyn Quinn	
David Rattray	
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Julian Monfries	Walking
David Rattray	Office
Richard Trembath	Marketing & Membership
Julian Monfries	Honorary Membership

Burra Branch Chairs

Rodney Rees	President
Kate Greenhill	Vice President
Sally Fieldhouse	Secretary
Benita Rees	Publicity Officer
Hugh Greenhill	Section 13 Leader

Council Meeting Dates

Wednesday 21 May 2014
Wednesday 18 June 2014
Wednesday 16 July 2014
Wednesday 20 August 2014

Winter Trailwalker Deadline

Friday 1 August 2014

Articles, reports and other submissions
are welcome from:
members walking on the Heysen Trail or elsewhere;
non-members walking the Heysen Trail;
other interested parties.

To submit an article, contact the Editor at
trailwalker@heidsentrail.asn.au.

Contributors are urged to contact the Editor to
discuss their article prior to submission.

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John Wilson
Weichao Yan (Karen)
Wen Zhang (Nina)
Dominic Henschke



Cover

Rocky River, near Laura
Photo: Peter Wynen

President

A Word from the President

Robert Alcock



The AGM in March held no surprises. We have two new people into management positions, with Stephen Salib-Brown confirmed as the new Treasurer, and Dom Henschke coordinating the Office. I thank outgoing Treasurer John Wilson for his extraordinary run as Treasurer.

I don't think anyone can remember back to a time when John was not Treasurer. He continues as a Council member, and as a mentor for Stephen and other managers. Note that we do have vacancies on Council and will be on the look-out for members interested in contributing a little time and their knowledge.

A new Honorary Member was elected. Simon Cameron was recognised for his significant contribution to the Friends over many years. A section of the nomination read "Simon is an exceptional mentor and an outstanding leader and role model. He has a remarkable ability to build networks and a willingness to take on projects and see them to successful completion". Thank you Simon for all the time and effort put into the Friends. And of course Simon's contribution continues.

Also at the AGM, guest speaker Chris Halstead from DEWNR gave an interesting talk on "Let's Make a Trail". He discussed the likely developments to the Heysen Trail in the north, and in the south. Like any living thing, our Trail continues to evolve and change as circumstance and opportunity dictates.

An event to put in your diary - "Echoes of the Heysen Trail", an Art Exhibition. Two artists associated with the Trail, Marie and Pauline, offered to paint original paintings associated with the Heysen Trail, and these to be shown at an art exhibition. With the Friends helping to attract our members, friends and the public, they proposed that 30% of the proceeds come to the Friends. Considered a great idea, a date and venue have been set, 1st November at the Robin Hood Hotel.

Our End to End 9 group has filled two buses, and by the time this is read, will have completed their first section on their long trek to Parachilna. To all the new walkers, welcome. You are starting a new project with some knowledge of the task ahead, yet with little understanding of the rich rewards in store as you travel with like minded individuals, each with their own story and motivation for being "on the trail". As the months go past, and especially as the weekends away commence, close bonds will be formed. You will get to hear a variety of life experiences, get to know details of others travels and of family. Each of our groups form their own "personality", and each member of the group contributes to that "personality". I wish you all good



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walking, and hope you all survived Cobbler Hill.

Our groups take around 60 days to walk the Heysen Trail. We have a runner due to finish the Trail as this edition is being produced. Richard Bowles left Parachilna on the 3rd May. His goal is to cover the 1,200km in 14 days. What an extraordinary effort. And it is done with a great deal of effort. I know from following the run that Richard is usually in pain, tired and needs a lot of mental focus to achieve these long runs, day after day. His event is titled "RED DUST RUN", as it's in support of RED DUST, an aboriginal community health organisation. It's well worth checking the short videos he has posted to see and hear some of what he goes through. Crazy I hear many say - well yes, just like so many lounge lizards that see us as crazy, for walking every month for 6 seasons to trek 1,200km. It's all in the perspective.

I met Richard before his run and he has an engaging personality. I was impressed with his interest in the Trail and the Friends and his relaxed manner. I hope he achieves his goal. Check the news items on our website, or the news item in this Trailwalker, to see how you can donate to Richard's cause.

Oh yeah, to all those wonderful photographers out on the Trail - send in those great shots for the 2015 calendar.



News

Survey

In an effort to find ways in which we might be able to improve ourselves, the Membership and Marketing Committee has produced a survey that we hope to offer to as wide a spectrum of our membership as we can. For those that have taken the time to complete it, our sincere thanks .

ECHOES of the Heysen Trail

Marree de Souza and Marika Lis are 2 artists who have come up with the idea of putting on an exhibition of art works, painted by them, with 30% of the proceeds being donated to FoHT. All paintings are of a section of the Heysen Trail. This could be your chance to pick up a unique souvenir of the Heysen Trail. The exhibition will be held at the Robin Hood Hotel for all of November. See the advert on page 11.

End to End certificate redone

If you need an excuse to walk the Heysen Trail again, a new version of the End to End certificate has been produced.



STOP PRESS. Richard runs a record!

Richard Bowles has managed to run the length of the Heysen Trail in a record time of 14 days, 8 hours and 32 minutes. Our President Robert Alcock was amongst the supporters to congratulate Richard and to present him with a special End to End certificate . Richard is an Australian ultramarathon runner and adventurer based in Melbourne, Victoria. He has many world records running trails that cover the length of entire countries. He is raising awareness of Red Dust Role Models, an Indigenous charity that supports remote communities with healthy living programmes. Check his website www.1200kms.gofundraise.com.au if you would like to donate.



Robert presents a very tired Richard with an End to End certificate.
Image courtesy of Fleurieu Multimedia.

SARTI Update

Sunday September 28th will be the official opening of the Sturt Highway to Eudunda section of the Lavender Federation Trail.

Plans for the opening include the release of Map 4 Truro to Eudunda, organized walks, stalls with a walking and local focus as well as many other activities. A large local community input is anticipated. Check their website closer to the date for more details. It is www.lavenderfederationtrail.org.au



George Adams out marking a new part of the Lavender Trail near Eudunda on a wet day.

Many thanks to the following people who contributed photos to the 2014 calendar. They should have all received a free copy for their efforts:-

Peter Solomon, Tricia Bell, Rhonda Dempster, Robert Alcock, Andrew Cowley, Christine Meijborg, Merlanie Sjoborg, Mary Cartland, Dale Searcy, James Wenzel, Philip Bell, Lari McDonald, Alan Harton, Judy McAdam, Robyn Quinn.

Wirrabara re-route now in place

See maps on pages 28 and 29.

The temporary 44km re-route replaces a 41km section of the Heysen Trail and affects the Northern Guidebook from Map 2.3 through to Map 2.8.

The re-route trail is marked, and takes the trail along roads through Laura. The re-route continues along the shared-use railtrail, and along backroads to rejoin the original trail alignment south of Murraytown.

Wirrabara Forest remains closed indefinitely to the public due to the risk of falling trees and to allow salvage harvest operations. Forest access is limited. Beetaloo Tank Camp Site is still accessible. It has suffered some damage but is functional.

End of Year Bash, BBQ + Band



Come and see your President boogie to the tune of the foot-tapping Bogaduck Band at the beautiful Paxton Winery in McLaren Vale.

Sunday 30 November, 12-5pm
\$20 per person

Book early! No refunds!
Book at www.heyseentrail.asn.au/invite or via the office.

Before, bbq and artisan bread provided.
Wine for purchase by the bottle or glass, cash only, no BYO. Bring beer or soft drink, bring Salad or Dessert to share, chair or rug, plates & cutlery.

Paxton Winery
Lot 100 Wheaton Road, McLaren Vale

New Members

The President and the Council would like to extend a warm welcome to the following 63 members, who have joined the Friends since the last edition of the Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the association.

Chris Alty
Lesley Atkinson
Irene Bragg
Jennifer Ruth Bruse
Lynne Bullen
Heather Burgess
Robyn Burnett
Kath Butler
Martin Chapman
Elizabeth Cockcroft
Peter Cronin
Rick Davies
Leon Dickinson
Violet Dight
Kerry Edwards
Glenys Forsyth
Arlene Goff
Gemma Goff
Peter Hodgman
Jo-Anne Hoile
Jon Holbrook

Kellie Holbrook
Graham Jobling
Diane Jones
Ian Jones
Alison King
Elliette Kirkbride
Stephen Kirkbride
Gayle Legoe
Kerry Lewig
Johnathan Lewis
Rosalind Lewis
Sarahanne Lewis
Stephanie Lewis
Dennis Liddle
Susan Mann
Greg Mashford
Naomi and Greg Mashford
Robert May
Blair Monteagle
Patrick Monteagle
Terina Monteagle

Tricia Odonovan
Suzanne Pentelow
Claire Pocock
Hilary Pocock
Lucy Pocock
Lesley Rawlings
Majorie Redcrave
Janie Roberts
Michael Ross
Sharon Ross
Denise Ryan
Carmen Sharkey
Alison Shaw
Anna Simpson
Kerry Skinner
Lynne Sowerby
Stephanie Thomson
Stuart Thomson
Donald Vinall
Margaret Willcocks
Leonie Wood



News

Office Report

Dominic Henschke, Office Coordinator

The walking season has commenced in a big way. Bookings for the first E2E9 walk filled FAST – this year the first bus was full within 17 minutes. Fortunately there were contingency plans in place for a second bus so we had 73 walkers booked for the first walk on May 18.

I'd like to thank all new members and walkers for their enthusiasm in booking onto the walk and also to Peter Clark and his team of walk leaders, Jeremy Carter our webmaster and the Office staff for getting the job done.

At the other end of the scale, best wishes to Nick Langsford and the E2E4 walkers and leaders who embark soon on the first of their final weeks away. Well done for sticking to the task for (nearly) 6 years.

Guide books and maps

The Department (DEWNR) are currently working on both the Southern and Northern Guidebooks and their future replacements, the sheet maps. Supplies will be limited (if not exhausted) both in our Shop/Office and other retailers until the print runs are complete. We expect

the Northern Guides to be completed first, so look to the Friend's website news items for developments.

Walk bookings - Golden Boots & Multiwalk cards

As we are now well into the walk season, Golden Boots and Multiwalk pass holders need to keep an eye on the expiry date of their walk passes.

As was mentioned in the last Trailwalker, walk passes are now 'virtual cards' recorded in our walk booking database. Financial members holding a walk pass can register for a walk by logging into their member account and then nominating to use a Golden Boots or Multiwalk pass.

If when you attempt to book for a walk, your pass has expired, you will be prompted to buy another. You can do that easily on-line without having to call or visit the office.

But if you have any difficulty logging into your account, booking for a walk or renewing your walk card, please let us know at the Office.

Any unusual walk booking, e.g. walking on only one day of a weekend walk, needs to be booked through the office.

Win a Free Calendar

Submit some of your photos for the 2015 Friends of Heysen Trail calendar for a chance to win a free copy of the calendar.

If we use one of them - you win a calendar.

Maximum of four photos per person.

Photos need to be landscape shaped and meet minimum technical specifications, generally a 7 mega pixel camera will suffice if on the highest image quality setting.

Email your photos to heysentrail@gmail.com by October 1.

Email size can be up to 25MB (your email provider may not allow emails of that size).



Membership Records

Members can amend their own membership record by logging into their member account. The 'Edit Subscriptions' button allows you to choose what emails you receive and whether to receive the Trailwalker electronically. You can also review your walk history.

Contact the Office if you have trouble logging into the database or if you have a query.

Membership

On the 6th May we had 923 individual members, an increase of 39 this year.

Office Volunteers

We recently said 'thank you' to Glenn Marsland for his contribution to the Wednesday team in the Office. After 2 years service Glenn has decided that now is the time to embark on his big trip overseas, so on behalf of all members I convey a big thank you and wish you all the best for the future, Glenn.

We always welcome new volunteers willing to help out in the Office. If you have some free time, we'd appreciate you joining us once a week or even once a fortnight. We have a team of dedicated helpers who come along to the Office primarily to enjoy helping other walkers. We don't expect compulsory attendance, as we all like travel or to other things. So if you have some time and you'd like to meet up with new walking friends, please email or

call me at the Office. As a reward, I can almost certainly guarantee a working coffee machine. What is left in the biscuit barrel depends on who was there the day before!

Thanks

I've recently taken over the Office Co-ordinator role from David Rattray. Thanks David for your leadership of the Office volunteers over the last few years. We also appreciate that you are continuing in your other valued roles as Membership Secretary and Chair of the Office Committee.

On a personal note, I've particularly enjoyed the last few months. I've been able to join some of the many TrailStarter and TrailWalker walks that our Walk Committee have programmed for us. They've been a great way to meet some of our new and seasoned walkers.

I've also discovered some of the great trails I've ignored until now. I look forward to more in the months ahead and encourage new members to do the same. I was a member for 6 years before I started walking with the Friends and now wonder why it took so long.

As with the rest of the Office team, I look forward to meeting members and walk leaders visiting the Office or out on the trail. Remember to phone or email the office if you need assistance or advice as we will endeavour to put to in touch with the people who can help.



Trees For Life

**Volunteer growers
wanted**

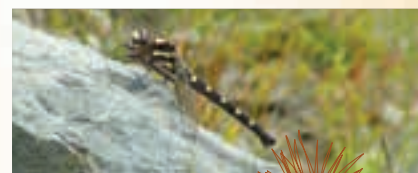


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Greening the Heysen Trail

Words and photo by Neil Nosworthy

A new planting season is approaching and the Greening Committee has plans to plant over 700 trees this year. But first, we can provide an update of our past plantings.

Hiskey's Hut near Georgetown

We visited Hiskey's in early April and were thrilled to see the extraordinary growth that had occurred since we last visited in late October 2013. Our tallest specimen (pictured) now warrants being called a tree. Most of the trees have survived a tough summer and they clearly benefitted from the heavy rains during February.



Jolly Green Giant near Hiskeys

Spalding - Bundaleer Channel

A quick visit to the trees which were planted last year near Railway Dam Road east of Spalding, revealed that only 40-50% had survived the summer. While this is a little disappointing, there are around 300 trees which hopefully will thrive with the recent rains.

Worlds End near Burra

We visited the plantings in the end of April and were disappointed to discover that only 25-30% of the trees have survived. They obviously had a tough time in the extreme heat waves which proved too much for many of the seedlings. But most of the 150 or so trees that have survived are thriving and have benefitted from good recent rains.

Projects for 2014

Once again Mark Hall, a Friend of the Heysen Trail and a member of Trees for Life is growing trees for us. We plan to plant about 700 more trees along the road between Worlds End and Burra. Both End to End -1 and End to End 6 will be walking this section during July this year and we want to involve them in the planting. Our current schedule of proposed planting activities is set out below:

- Friday 30th/Saturday 31st May: Planting at Cape Jervis arranged by Cape Jervis Coastal Community Group under the leadership of Carolyn Schultz
- Tuesday 1st/Wednesday 2nd July (Thursday 3rd if required): Worlds End to Burra – plant about 600 trees along Roselea Road (or Top Road) with help of End to End -1
- Saturday 19th July: Worlds End Hike-In Camp site – plant about 120 trees in conjunction with End to End 6
- Saturday 2nd/Sunday 3rd August: Planting/weeding at Cape Jervis arranged by Cape Jervis Coastal Community Group under the leadership of Carolyn Schultz.

If you are interested in being involved, please contact me by email at neil@noztours.com.au or by phone on 0447922617 or 82786577. In addition we welcome any thoughts on future greening projects. If you have an idea, please pass them on to me.

Walk Leaders Training Day

Saturday June 21st 2014
Woodville Lawn Bowls Club
9.30AM to 2.00 PM

Lunch and drinks provided

Want to know more about leading walks but were too afraid to ask?

Well this is your chance to find out how we do it at the Friends.

A no obligation day, looking at the finer and not so finer points of walk leading.

Book on line through the walking programme page. IT'S FREE

More info phone the office 82126299



Topics to be covered

The Heysen Trail and the Friends
Leadership

Leading a walk

Tail ender role

Administrative tasks

Basic map reading and navigation

Equipment

Problems

Forum

Echoes of the Heysen Trail



Exhibition Opening

2.30pm Saturday 1 November 2014

Robin Hood Hotel, 315 Portrush Rd, Norwood

Free entry

Exhibition 1 Nov - 30 Nov 2014

Artists

Marree De Souza

Marika Lis

30% of proceeds to the Friends of the Heysen Trail,
a not-for-profit organisation that maintains the Heysen
Trail in partnership with the Government of SA.

Supported by



Friends of the Heysen Trail AGM 2014 Report

The 27th AGM of the Friends was held at Woodville Bowls Club on 21st March 2014 with 43 members attending.

The president, Robert Alcock, outlined the achievements of 2013:

- The Day on the Heysen, commemorating our former patron Warren Bonython.
- The setting up of the Warren Bonython Heysen Trail Foundation.
- The very energetic Greening Committee who have planted at the Bundaleer Channels, Mount Crawford and Cape Jervis, with the local greening group.
- The very active walking programme including the various End 2 End groups

And the projects for 2014:

- Ongoing maintenance.
- The start of a new End to End group.
- The continuation of the various greening projects along the Trail.
- The Heysen Trail Art Exhibition in November.

Robert thanked all volunteers and members for their support over the year.

The retiring treasurer, John Wilson, outlined the very healthy financial position of the Friends, indicating a surplus for the year of \$11,025.

Colin Edwards, Maintenance coordinator, outlined the year's maintenance, which included the installation of ten tanks along the Trail and the projects for 2014.

Simon Cameron was nominated for Honorary Membership and approved by acclamation (see article).

The Notice of Motion "That no member is allowed to sit on more than two bodies within the Friends of the Heysen Trail i.e. a member of council and one subcommittee or two sub-committees" was moved and defeated on a show of hands.

Our guest speaker, Chris Halstead from DEWNR spoke on "Let's Make a Trail" outlining developments in the Flinders Ranges, the Balquhider reroute proposal and developments on the Kokoda Track and his involvement in The Kokoda Track Authority.

Simon Cameron-Honorary Member 2014



In many ways exceeding the challenging requirements and expectations for the award, Simon's accomplishments make him highly deserving of Honorary Membership.

Simon is an exceptional mentor and an outstanding leader and role model.

He has a remarkable ability to build networks and a willingness to take on projects and see them to successful completion.

The Friends' membership, and the wider community have benefitted from his vision for the Trail and he has earned enormous respect for his dedication through volunteer involvement

He has contributed substantial and sustained service since joining The Friends of the Heysen Trail Inc. in 2001, having served as the Walking Committee Chair, Vice President from 2005 -2007, President from 2007-2011 and Council Member from 2011-2014.

He has led by example, co-ordinating the End to End 3 group, and has guided groups on Extended Walks in the Grampians, Kokoda Track, Great Ocean Walk, Larapinta Trail and Flinders Ranges.

His initiatives also included Walk Leadership Training and Twilight Walks.

More recently, his achievements have included membership of the Tank Site planning sub-committee and Chair of the Warren Bonython Memorial Walk.



Financial Report to AGM - March 2014

John Wilson, Former Treasurer

During the 2013 financial year, the Friends made a profit of \$11,025.

Net income from walking was again the major contributor to our earnings, mainly as a result of strong support for the six End to End walks. Apart from the direct income from individual walks, this support to walking is reflected in higher receipts from the sale of Golden Boots cards and Multi-Walk tickets. The extended walk in August (to Alpana) was also successful.

Income from membership subscriptions rose slightly over the previous year, partly because member numbers were maintained but also as a result of the full year effect of the increase in subscriptions introduced at the 2012 AGM.

Income from sales of books and maps from our office remained steady, while revenue from advertising in the Trailwalker magazine showed an increase due to a larger number of advertisers with some ads in colour.

Administrative expenditure for 2013 was higher than in previous years, as we needed to purchase a replacement computer, and also to cover the cost of an expanded insurance policy.

2013 was the first full year of our lease agreement with Uniting Communities for rent of our office space, which will cost around \$8,000 per year from now on.

The Friends spent \$6,560 on routine maintenance costs including the erection of water tanks and shelters along the Trail, and a further \$4,785 on basic materials and expenses which was reimbursed by the Department for Environment, Water and Natural Resources.

The Greening Committee was active in 2013. with \$2,314 spent on its operations.

Trail Awareness (signs) activities, organised by our Marketing and Membership Committee were completed at a cost of \$638.

The Auditors Report and 2013 Accounts for the Friends were distributed at the AGM. Some spare copies are available from the Friends office. Detailed accounts, prepared monthly, are also held at the office and may be inspected by members.

The following is a brief summary of the 2013 Accounts.

Income

Membership Subscriptions	\$20,328
Income from Sale of Goods	\$6,734
Interest	\$4,488
Advertising Revenue	\$5,642
Walking	\$25,830
Sundry Income	\$5,065
Total Income	\$68,087

Expenditure

Administrative expenses	\$3,623
Lease costs	\$8,155
Insurance	\$7,265
Bank fees	\$3,905
Office expenses	\$14,542
Promotional costs	\$2,695
Trailwalker costs	\$7,365
Total	\$47,550

Administrative Surplus

Less	
Trail Maintenance	\$6,560
Greening	\$2,314
Trail Awareness	\$638
Total	\$9,512

Net Surplus

Current Assets

CBA Bank Accounts	\$74,964
Beyond Bank Term Deposits	\$68,457
Minor Accounts/Floats	\$281
Stock on Hand	\$12,886
Trade debtors	\$782
Total Assets	\$157,370

Current Liabilities

Nett Assets	\$139,097
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Accommodation in Myponga along the Heysen Trail

2 self contained cabins with queen bed and single sofa ~ Reverse cycle air-conditioning
Complimentary beer and wine upon arrival ~ Provisions for a cooked breakfast
BBQ & outdoor setting ~ Mention this ad and get 10% discount

Contact Jayne & Greg
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Warren Bonython Heysen Trail Foundation

Neville Haar, Chairman

Supporting Nature along our Walking Trails

The Warren Bonython Heysen Trail Foundation has been established to honour the late Warren Bonython AO, founder of the Heysen Trail, and well known for his active role in supporting the natural environment in South Australia. The Foundation aims to raise funds to support and undertake environmental initiatives associated with the Heysen Trail and other significant walking trails or environmental areas in South Australia.

The objects of the Foundation include:

- the protection and enhancement of the natural environment on and adjacent to the Heysen Trail and other significant walking trails in South Australia;
 - promoting ecologically sustainable use and development of the natural environment on and adjacent to the Heysen Trail and other significant trails in South Australia through the conservation and ecologically sustainable use of natural resources including infrastructure and maintenance activities that will contribute to the ecological integrity of the trails by minimising the environmental impact of walkers, hikers and other users of the trails;
 - promoting the conservation of biodiversity of the natural environment on and adjacent to the Heysen Trail and other significant walking trails in South Australia;
 - providing for the protection and conservation of heritage aspects of the natural environment on and adjacent to the Heysen Trail and other significant walking trails in South Australia;
 - promoting the knowledge and awareness of walkers, hikers and other users of the
- Heysen Trail and other significant walking trails in South Australia regarding the natural environment of such trails and the environmentally responsible use of such trails including the protection and preservation of the health, biological diversity and ecological integrity of the trails and adjacent areas;
 - promoting the community's role in the management and monitoring of native vegetation and the protection of the natural environment including community skills, knowledge and engagement;
 - promoting a co-operative approach to the protection and management of the natural environment on and adjacent to the Heysen Trail and other significant walking trails in South Australia including co-operation and liaison with any government departments and authorities responsible for the protection of the environment and conservation of biodiversity;
 - raising and investing funds to be applied towards the promotion of the objects of the Foundation and seeking sponsorship and patrons to promote the objects of the Foundation; and
 - establishing and maintaining a public fund for the specific purpose of supporting the environmental objects and purposes of the Foundation.



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Burra Creek Conservation Park

by Rodney Rees

The Burra Branch of the Friends of Heysen Trail Walking Group held their first walk on Sunday April 27 in the newly proclaimed Burra Creek Conservation Park. The day was perfect with mild temperatures and blue skies and an enthusiastic group of 13 walkers.

After welcoming everyone including 2 first timers and going through our risk assessment we entered the park via public roads through private property which have in the past been rather poorly maintained but luckily there had been no recent rains so the going was easy, no 4wd required. We left 2 cars in strategic locations on the way in the event of an evacuation or pick up and then met at the SW corner of the park to commence our walk.

We proceeded west along and in the creek bed enjoying the peace and quiet and taking in the beauty of the trickling water, majestic redgums and birdlife. There was a minor delay when Jennie's backpack haemorrhaged but after a couple of stops and the miraculous appearance of safety pins and string we were on our way again. The walk along the creek was beautiful but sometimes pretty challenging as we had to fight our way through some heavy growth and on many occasions find a way across the water which in some cases was quite wide or concealed with reeds. The embankment sometimes turned out to be the best option. Some of the higher embankments gave us the chance to get quite a different perspective of the creek with some wonderful views of the cliffs and water pools.

Morning tea was had atop large granite rocks where it was happily reported that nobody had sustained wet socks. We then proceeded inland north along a fire track for a few hundred metres then left it again to head cross country through the wooded hills and gullies. With very little undergrowth the going proved relatively comfortable until we had to climb over shaly protruding rock to a high ridgetop but we all made it to the top where we had lunch and a welcome breather. The view to the east of Burra Gorge and Hallelujah Hills and the open plains to the west was a fantastic backdrop while we rested.

We then picked up the fire track again and headed towards the northern boundary of the park but just when we thought the going was pretty easy our leader veered right and took us back into the scrub again. We wended our way along creek lines, through tree covered hills with no apparent direction or landmark to aim at but after a few conferences of the brains trust we eventually noticed the topography had flattened out, the walking became easier and when some of us were convinced we had been going round in circles we popped out onto the road within metres of one of the rescue cars. A few took advantage of a lift whilst the rest walked the last couple of kilometres back to the start point where we gratefully unloaded our packs, said our goodbyes and made our way out of the park. We look forward to our next walk, a weekend away on the Yorke Peninsula.



~ Spain ~

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Burra Branch Walking Programme for remainder of 2014

Sunday June 15th Porcupine Range
Leader – Hugh Greenhill

Saturday July 12th Full Moon
Leader – Garry Fieldhouse

Sunday 27th July Rattler Trail (Saddleworth-Auburn)
Leaders – Peter and Hilda van Beusichem

Saturday 9th August Full Moon
Leader – Garry Fieldhouse

Sunday 31st August Collinsville
Leader – Sally Fieldhouse

Saturday 13th September Georgetown
Leader – Hugh Greenhill

Saturday 4th October Paradise Section
Leader – Kate Greenhill

Sunday 26th October Skilly Hills
Leaders – Jan and Julie Aarmodt

Sunday 9th November Wind-up walk/BBQ Hopkins Hut
Leader – Jenny Abbott





End-to-End Walks

2014 Walk Season Programme

This version released 19 Nov 2013

www.heidsentrail.asn.au

	1st Weekend	2nd Weekend	3rd Weekend	4th Weekend	5th Weekend
May	Sat May 3 - Sun May 4 End-to-End 5 Based in Wirrabara To Wirrabara, Block 9		Sat May 17 - Sun May 18 End-to-End 6 Based in Riverton To Gerkie Gap, Webb Gap	Sun May 25 End-to-End 7 To Mewett Rd	
	Sat May 3 - Sun May 4 End-to-End -1 Based in Spalding To Chlorinator, Marble Hill	Sun May 11 End-to-End 8 To Mt Compass	Sun May 18 End-to-End 9 To Cobbler Hill	Sat May 24 - Sun May 25 End-to-End -1 Based in Clare/Burra To EE George, Hallett	
June	Sat May 31 - Sun Jun 1 End-to-End 5 Based in Melrose To Murraytown, Melrose	End-to-End 4 Sat Jun 7 - Sun Jun 15 Eyre Dept to Mayo Gorge		Sun Jun 22 End-to-End 7 To Mt Crawford	
		Sun Jun 8 End-to-End 8 To Kyeema	Sat Jun 14 - Sun Jun 15 End-to-End 6 Based in Burra To Burra Rd, Worlds End Sun Jun 15 End-to-End 9 To Tappanappa		Sat Jun 28 - Fri Jul 4 End-to-End -1 Based in Burra Hallett to Old Burra Rd
July	Sat Jul 5 - Sun Jul 6 End-to-End 5 Based in Melrose To Alligator Gorge, Horrocks Pass		Sat Jul 19 - Sun Jul 20 End-to-End 6 Based in Burra To Burra, Wandallah	Sun Jul 27 End-to-End 7 To Pewsey Vale	
		Sun Jul 13 End-to-End 8 To Dashwood Gully	Sun Jul 20 End-to-End 9 To Balquidder	Sun Jun 26 - Sun Jul 27 End-to-End -1 Based in Riverton To Webb Gap, Gerkie Gap	
August	Sat Aug 2 - Sun Aug 3 End-to-End 5 Based in Quorn To Broadview, Woolshed Flat	Sat Aug 9 - Sun Aug 17 End-to-End 4 Mayo Gorge to Parachilna		Sun Aug 24 End-to-End 7 To Tanunda	Sat Aug 30 - Sun Aug 31 End-to-End 6 Based in Burra To Hallett, EE George
		Sun Aug 10 End-to-End 8 To Mylor	Sat Aug 16 - Sun Aug 17 End-to-End 6 Based in Burra To Newikie Ck, Dares Hill Sun Aug 17 End-to-End 9 To Waitpinga	Sat Aug 23 - Sun Aug 24 End-to-End -1 Based in Riverton To Peters Hill, Hamilton	
September	Sat Sep 6 - Sun Sep 7 End-to-End 5 Based in Quorn To Quorn, Dutchmans		Sat Sep 20 - Sun Sep 21 End-to-End 6 Based in Spalding To Spalding Rd, Chlorinator	Sun Sep 28 End-to-End 7 To Kapunda	
		Sun Sep 14 End-to-End 8 To Cleland	Sun Sep 21 End-to-End 9 To Tugwell Rd	Sat Sep 27 - Sun Sep 28 End-to-End -1 Based in Kapunda To Kapunda, Tanunda	
October	Sat Oct 4 - Mon Oct 6 End-to-End 5 Based in Pt Augusta To Eyre Dept, Warren Gorge, Buckaringa		Sat Oct 18 - Sun Oct 19 End-to-End 6 Based in Gladstone To Curnows, Raeville	Sat Oct 25 - Sun Oct 26 End-to-End 7 Based in Kapunda To Hamilton, Peters Hill	
		Sun Oct 12 End-to-End 8 To Montacute	Sun Oct 19 End-to-End 9 To Inman Valley	Sat Oct 25 - Sun Oct 26 End-to-End -1 To Pewsey Vale, Mt Crawford	
November					
		Sun Nov 9 End-to-End 8 To Cudlee Ck	Sun Nov 16 End-to-End 9 To Myponga		

Walk Grades

There are five different grades of walk on the Friends of the Heysen Trail walk programme. Four of these operate during the walk season, generally from April to November when it is not Fire Ban Season:

- Trail Starter
- Trail Walker
- Trail Rambler
- End-to-End

When it is not walk season, generally during the summer Fire Ban Season, a fifth walk grade, Summer Twilight Walks, operate.

Details of each walk grade are provided on the website: heidsentrail.asn.au/walks

Walk Registration

Register for a walk either online or over the phone.

Register online at heidsentrail.asn.au, or by phoning the office on 8212 6299.

Walks close between Tuesday and Friday prior to the walk, closing dates and times are listed on each walk event page on the website.

Walk Cancellations

End-to-End walks are not subject to a weather forecast temperature limit, however the walk leader may decide to cancel or amend the event if weather is deemed to present a high risk.

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, or leave a message on the answering machine after this time.

Further Information

Details about each walk, the hot weather policy, what to wear and what to bring, walk grades or to print off a colour copy of the programme, visit heidsentrail.asn.au



TrailStarter & TrailWalker Walks

2014 Walk Season Programme

This version released 24 March 2014

www.heyseentrail.asn.au

	1st Weekend	2nd Weekend	3rd Weekend	4th Weekend	5th Weekend
April	Sun Apr 6 Walking EXPO Rymill Park, Adelaide walkingsa.org.au/walkingexpo Two Discovery Walks being led by us: 1) Outer Adelaide Statues 2) Inner Adelaide Street Art	Sun Apr 13 TrailStarter Black Hill Arrienne Wynen	Sun Apr 20 TrailStarter Carrick Hill Richard Milosh	Sun Apr 27 TrailStarter Sturt Gorge Robyn Quinn	
		Sun Apr 13 TrailWalker Bootcamp Run Alan Davis		Sun Apr 27 TrailWalker Montacute Richard Milosh	
May		Sun May 11 TrailStarter Chambers Gully Michael Middleton	Sun May 18 TrailStarter Ashbourne Dean Mortimer	Sun May 25 TrailStarter Mt George Graham Bald	
	Sun May 4 TrailWalker Para Wirra Paul Saxby	Sun May 11 TrailWalker Deep Creek Conservation Park Peter Clark	Sun May 18 TrailWalker Mt Crawford Carol Homewood	Sun May 25 TrailWalker Black Hill Richard Milosh	
June	Sun Jun 1 TrailStarter Onkeeta Trail Gregory Walker	Sun Jun 8 (Long Weekend) TrailStarter Brownhill Creek Graham Bald	Sun Jun 15 TrailStarter TBA TBA	Sun Jun 22 TrailStarter Hallett Cove Dom Henschke	Sun Jun 29 TrailStarter Crafrers Graham Bald
	Sun Jun 1 TrailWalker Montacute Mary Cartland	Sat 7 - Mon Jun 9 (Long Weekend) TrailWalker / Extended Walk Hawker Simon Cameron	Sun Jun 15 TrailWalker Pioneer Womens Trail Peter Solomon Sun Jun 22	Sun Jun 22 TrailWalker Horsnell Gully Richard Milosh	Sun Jun 29 TrailWalker Deep Creek Julian Monfries
July	Sun Jul 6 TrailStarter Ambers Gully Steve Clift	Sun Jul 13 TrailStarter Sleeps Hill Chris Porter	Sun Jul 20 TrailStarter Sturt Gorge Chris O'Brien	Sun Jul 27 TrailStarter Morialta Alan Davis	
	Sun Jul 6 TrailWalker Gandys Gully Neil Rivett	Sat Jul 14 TrailWalker Thomas Hill Steve Clift	Sun Jul 20 TrailWalker Mt Misery Richard Milosh	Sun Jul 27 TrailWalker Sandergrange to Milang Chris Allen	
August	Sun Aug 3 TrailStarter Ansteys Hill Kevin Lilliard	Sun Aug 10 TrailStarter Shiraz Trail, Willunga Peter Solomon	Sun Aug 17 TrailStarter Belair Russell O'Brien	Sun Aug 24 TrailStarter Coxs Scrub Chris Porter	Sun Aug 31 TrailStarter Mylor Graham Bald
	Sun Aug 3 TrailWalker Cleland Mary Cartland	Sun Aug 10 TrailWalker Second Creek Simon Cameron	Sun Aug 17 TrailWalker Warren-Hale Conservation Park Richard Milosh	Sun Aug 24 TrailWalker Onkaparinga Dana Florea	Sun Aug 31 TrailWalker Para Wirra John Potter
September	Sun Sep 7 TrailStarter Newland Head Robyn Quinn	Sun Sep 14 TrailStarter Para Wirra Arrienne Wynen	Sun Sep 21 TrailStarter Mt Lofty Graham Bald	Sun Sep 28 TrailStarter Mt George Carol Homewood	
		Sun Sep 14 TrailWalker Mylor to Mt Lofty Richard Milosh	Sun Sep 21 TrailWalker TBA Ben Wait	Sun Sep 28 TrailWalker TBA TBA	
October	Sun Oct 5 TrailStarter Wirra Peaks Kevin Liddiard	Sun Oct 12 TrailStarter Scott Creek Gregory Walker		Sun Oct 26 TrailStarter Sturt Gorge for Wimps Richard Milosh	
		Sun Oct 12 TrailWalker Aldgate Mary Cartland	Sun Oct 19 TrailWalker Chapel Hill Richard Milosh	Sun Oct 26 TrailWalker Mt Hayfield Peter Clark	

Walk Grades

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Walk Registration

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Walks close between Tuesday and Friday prior to the walk, closing dates and times are listed on each walk event page on the website.

Walk Cancellations

TrailStarter and TrailWalker walks will be cancelled in the forecast temperature for Adelaide is equal or higher than 32°C.

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, or leave a message on the answering machine after this time.

Further Information

Details about each walk, the hot weather policy, what to wear and what to bring, walk grades or to print off a colour copy of the programme, visit heyseentrail.asn.au



Alligator Gorge - A Hidden Gem

by Dale Searcy

I was eager to venture further than the surrounding suburbs and streets for some summer training. The treadmill gets that familiar feel after a while albeit a welcome friend when it's too hot outside. I was looking for somewhere not too far away - a day trip at the most. Somewhere picturesque where I could take photos of course and not too long a hike - given the variable weather.

Mt Remarkable National Park is in the southern Flinders Ranges. Alligator Gorge is in the northern section with access about 1km south of Wilmington. The turn off into the park is 305km from the Adelaide GPO. My son and I made it a day trip and left early on a Saturday with camera and lunch packed.

We travelled through the farming areas of Roseworthy, Templers, Tarlee and Rhynie and the wine producing areas of Auburn, Leasingham, Watervale, Penwortham, Sevenhill and Clare. After a driver change we continued further north and passed through Yacka, Georgetown,

Gladstone (largest inland grain storage facility), Laura (home of CJ Dennis sculpture and Golden North ice cream), Stone Hut, Wirrabara, Murraytown and then Melrose. We saw remains of the recent Wirrabara Forest and Bangor bush fires with a long road side stretch of charred vegetation.

On the approach to Melrose you can see Mt Remarkable in the distance. It is an imposing sight of 960 metres and includes many surrounding walking trails including the Heysen Trail up to the summit. A trip to Melrose and the summit hike would make a great day trip in itself or even a weekend jaunt as there is accommodation and camping sites available. Melrose is the oldest town in the Flinders Ranges being established in 1853.

1 km south of Wilmington we turned south and entered the centre of the park. This access road is not recommended for towing vehicles as there are steep sections and many spoon drains to clear any rain from the road. The Heysen Trail can be seen nearby. Access to the park is by self registration with the fees being \$10 (\$8 concession) per vehicle or camping permit for those



View from The Gorge Lookout



Dale and son in Alligator Gorge

walking in. 12 kms along is the Alligator Gorge car park where we started the Gorge Circuit hike. This hike is rated moderate and will take about 2 hours return for the 2 km.

In the car park we were presented with a number of

choices of paths to take. We settled on seeing the view from the 2 lookouts first. The Ali Lookout is 250 metres away and was named after an aboriginal man who lived in the area in the 1880s and worked as a shepherd for EJ Hector who leased the land from the government. The Gorge Lookout is 350 metres from the car park. Both lookouts are visible from each other and are perched what seemed like about 100 metres from the gorge floor. The views were spectacular and gave us an insight into the rugged and colorful rock faces that awaited us below.

Next was the 247 steps down to the gorge floor. This area was known as Ali's Creek for many years and the origin of the Alligator Gorge name is uncertain. It may have originated from the name Ali or the fact that the European settlers were reminded of alligators when they saw the Lace Monitors that live in the ranges. The descent is long but well maintained with wide steps and handrails. At the bottom there are 2 more choices. The Terraces are 300 metres to the right and the Narrow Gorge 600 metres to the left.

We chose the Narrow Gorge first. The gorge is said to be home to many native animals and plants including

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website address	www.alpanastation.com
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The Terraces

the sugar gum, peregrine falcon, euro and Krefft's tiger snake. The gorge floor is quite rugged and we found it slow going because if your eyes were on the ground watching your step you were missing out on the spectacular surroundings. Fortunately they hadn't been any recent rain as this would have made it extremely slippery in places. The colours of the rock were continually changing as the sun appeared and disappeared behind the passing clouds. The texture was rugged in places and quite smooth in others. The walls had eroded at different rates over time and had produced many overhanging ledges to the extent that there were cave like areas in places.

The Alligator creek snakes its way along the bottom of the well weathered gorge and continued beyond our stopping point of the Narrows. The walls were about 2 metres apart at their closest and would provide some welcome shade on a hot day. I found many spots along the way where I could get a good perspective of the snaking gorge ahead and I excitedly snapped away on the camera. We found that with careful stepping and lots of stops to admire the surrounds it took about an hour to return to the base of the steps.



The Narrow Gorge

After a break for lunch on the welcome seating at the base steps, we moved onto the Terraces. This was a much less impressive and less strenuous hike. We were greeted with a gently downward sloping terrace like rock formation of around 100 metres. These were formed by the action of water over millions of years across the hard quartzite rock. This area would have been extremely slippery if wet as the rock surface was quite smooth.

We then headed back to the steps and climbed back up to the car park again. We only came across one other elderly couple for the afternoon so the gorge seemed to be our own for a few hours. At the top of the stairs we came across the arrival of a small tour bus with passengers eager to explore - good timing!

We would thoroughly recommend the trip up to Alligator Gorge. It is a precious landmark so close to home and I don't know why I haven't been there before.

There are 2 ways to get to Alligator Gorge - either via Highway A1 through Port Wakefield, Snowtown and Port Pirie or via Main North Road (Horrocks Highway) B82 and the Clare Valley. We chose the B82.

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The Lares Trek

by Vicki Cox

When Jack and I were planning our Peru adventure, we decided against hiking on the popular tracks like the crowded Inca Trail but wanted to get off the beaten track for a few days. We chose the Lares Valley, north of the Sacred Valley for a 3 day/2 night option.

We were picked up by the trek company guide and his assistant in Cuzco and were on the road by 5.45am heading into the Sacred Valley to Calca. There, we stopped to pick up the remainder of the entourage and then headed north towards Lares.

The road for about 50% of the journey was sealed, but a typical Peruvian mountain road with numerous switchbacks. As we ascended, the landscape changed from river valley to alpine. We had a brief break at a high pass at 4,461m for a photo stop and then back into the car for the descent down to Lares.

After a 5 hour drive, we arrived at Lares hot springs on



Photo stop at 4461m on way to Lares the outskirts of the town. I took a dip in the hot springs, soaking in the medium temperature pool and had a short nap in the sun, before lunch was served to us.

Tables and chairs were brought out, tablecloth and napkins. A soup was followed by a beautiful avocado salad freshly prepared by the chef. We were also offered some coco mate (tea) and also some camomile tea to try and settle our stomachs.

The springs were our departure point for our trek up the valley. We left around midday. Carlos our guide led us off at a nice slow Peruvian plod pace, stopping every 15-20 mins to drink and take in the views.

We followed a river for most of the afternoon, passing stands of eucalypts and hiking steadily uphill towards the town of Huacahusi.

The afternoon was cool and cloudy and after about 90 mins the clouds looked threatening. It started to drizzle and it continued to become heavier over the next 30 mins, eventually becoming quite a soaking rain. Nausea, altitude and exertion were all catching up with me, and when Carlos said there was another 30 mins till camp, I reluctantly agreed to finish the afternoon on horseback. After all, the horse wasn't there for a lazy afternoon of sightseeing! I felt like a queen riding through town on horseback led by the able horseman, Santiago.



Following the river on the way to Huacahusi

We arrived at camp which was sited on the edge of a local farmer's property. Tents were set up for us, while the entourage slept in one of the outbuildings.

Carlos woke us at 6pm for a coffee with the announcement that breakfast would be at 7. We were also presented with bowls of hot water to wash with, which was a pleasant surprise and a nice touch. I felt a little better after a fairly solid nights sleep and a hot water bottle to keep me warm.

The valley was shrouded in fog and mist with poor visibility. If it hadn't been a scheduled trek, we would have postponed today's hike for another day.....

One of the local ladies from the village (Huacahusi) set up some of her handicrafts outside our tent whilst we were having breakfast. I bought some knitted finger puppets.

While the entourage packed up the tents, Carlos, Jack and I set off on the morning's hike. We hiked up the valley and soon started the slow climb up into the mountains. Low clouds prevented any views, which may have been a blessing in disguise as sometimes it's nice not to see where you might be heading when it involves peak climbing. On the outskirts of town, there was another hiking group setting off on their hike, but they were taking a completely different route to ours. Different trekking companies use different routes and villages for their itineraries.

We headed into the clouds, passing a small village and then fields of potato crops which flourish in the cold



mountain climate. As we ascended, there were many groups of alpacas grazing on the highland grasses. It was a steady ascent, but once again Carlos set a comfortable plodding pace. But as we ascended it got colder and colder. We stopped so I could put on my plastic overpants and an extra layer, but even with that it was cool. Luckily I like to walk "on the cool side", and as long as we kept moving, it didn't seem too much of a problem. There was very little shelter. It began to drizzle and the wind picked up. We passed a lagoon which was meant to be a morning tea snack stop, but because of the poor weather conditions we continued on. The weather conditions and the altitude seemed to be against us and at one stage I had to stop as I became a little dizzy and breathless. I asked Carlos how much farther the high pass was, he replied about 30 mins. I was determined to do this without the oxygen and the horse, so we slowed our pace. Jack by now was also feeling the effects and was actually walking slower than me!

It seemed like it was only 15 mins when we reached the Ipsayccasa pass, 4500m!!! We were exhilarated!!!

We placed a rock on a cairn, had some quick photos, but without any view to savour and the weather not abating, we decided to move on. Carlos thought that the temperature was around 0, with a wind chill factor of much less!!!

As soon as we started descending, the effort required was so much less. The paths were very wet and slippery, so caution was exercised. Not far along, we came across a small boy, about 3 or 4 years old standing with his dog on the side of the track. He was visibly shivering despite layers of clothing and all I wanted to do was pick him up for a hug. His mother and baby sister were sheltered under a large rock about 20 metres away. They were shepherding a flock of alpacas and sheep. I got two pieces of fruit out of my pack and gave them to him.

We continued down and soon another lake came into

sight. Not far from here was our lunch campsite. The rain had now stopped. The entourage was surprised to see us so soon, having done the morning walk in just over 3 hours, instead of the usual 4-5.

The chef said he needed 30 mins to get lunch ready, but we were happy to sit down and relax out of the weather. A tent had been erected for the chef to cook in on one side and for us to eat at on the other side. They had also erected a camping toilet tent for us to use. What luxury! Lunch was served again on a tablecloth decked table and we even had hot towels beforehand for our face and hands! We had soup and then a chicken roulade with vegetables. All whipped up by the chef by scratch in 30 mins!

During lunch, we felt the temperature drop, and then it began to rain, followed by hail and sleet. This continued unabated for about 1 hour. Carlos was relieved that we had finished the morning walk because if we were still on the pass, it would have been snowing! We had another 8km or so to hike down the valley that afternoon to our second night's campsite at Patacancha. Luckily the sleet and hail abated and we started the walk with light rain falling.

Most of the afternoon's walk was following animal tracks that contoured around the side of the mountains. It was reasonably flat with only a very slight descent for the first hour or so, with the last hour being a more gradual decline. From the pass down to the village, we descended about 400 metres.

Along this track, we encountered several groups of children who were walking home from school. They were walking the 8 km from Patacancha back to our lunch spot, so they walk 16 km every day to and from school. They wore the traditional dress of the Quechua people and we all offered them some of our snacks to help them with their energy levels on their homeward trip. We also managed to get photos of some of them. About 30 mins out of Patacancha, we were overtaken by

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the entourage with the horses carrying our gear.

We arrived in the village at 4pm, weary but hugely satisfied with our efforts of the day. Dinner again was superb with soup, then a traditional peruvian beef dish with potatoes and rice, followed by chocolate mousse and flambe banana! Absolutely wonderful, but again, I could only manage to eat about half of what was served up. Hot water bottle at the ready, we headed to bed at around 8.30.

Day 3

After packing up camp and a small breakfast, we were collected by our support vehicle for a short drive down the valley to commence our morning's hike. There had been more rain overnight and most of the mountains were shrouded in low cloud again.

It was a 40 min drive from Patacancha to Pallata. There we left the entourage who were continuing down the valley to meet us at our lunch spot. Carlos and his assistant accompanied us on this hike up to Pumamarca ruins.



On the ascent to Punamarca - Pallata in background

The path followed some Inca water channels which were full of water coming straight down off the mountain they call Veronica. The hike up only took 1 hour.

Pumamarca, or Puma town as it is translated, was not a town as such, but a large food storage facility for the Inca people. They constructed huge buildings to store their crops. We wandered around the site for about 30 mins.

We then headed off down the valley towards Ollanta for our last meal on the trek. The hike down was a gradual descent and took about 2 hours. As we travelled down the valley we could see the Ollanta ruins come into sight as well as other familiar landmarks.

Lunch was once again another culinary delight from the chef.

We then said our goodbyes to the team after they dropped us back to the hotel, grateful that they had taken very good care of us over the past 3 days.

I would thoroughly recommend this trek. The guide was knowledgeable and experienced, he even considered we abandon our plans due to our illness. The chef dished up superb meals, the equipment was of an excellent standard and the entourage of horseman and muleteers were hardworking and friendly.

You can check out our other adventures in Peru on my blog <http://ceruleanchaser.blogspot.com.au>



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Café Latte Heart Starter

An exciting new addition to the Heysen Walk Calendar by Jo Chesher

Tired of the same old ho-hum Heysen walks? O.D.ing on fresh air, sunshine, wildflowers, bush tracks and bird songs? Forget the predictable! Forget puffing your way up the same old changes in elevation! Get your heart pumping with a liberal dose of caffeine instead. Join us on our inaugural Café Latte Heart Starter.

We begin the day with a new slant on things as we ride the escalators to the third floor espresso bar at David Jones, where we line up for that first ecstatic kick of caffeine – and it's the best Latte this side of Sydney. After a quick "catch up" on the latest walking-world news, it's an easy browse back through small appliances, kitchenware and Manchester to our downhill escalator ride. This will be a boon to those with knee problems, who find the usual manual method of downhill so achingly uncomfortable. And we can safely promise you – in that wonderful and long-standing Heysen tradition – 'it is all downhill from here'.

Instead of having to watch out for those loose stones and those sneaky shifty patches of shale, we can safely relax upon our own individual metal step as we



Jo at the start of her reccie of this walk

leisurely scan the merchandise, floor by floor, on our motorised descent. It's an easy ride through 'Second' and 'First', to arrive on 'Ground' in 'Ladies' Shoes'. Here we turn left into a landscape of genuine leather uppers, sparked with the flickering of fake gems that stud this season's sandals.

From here we head towards the Mall – but first we must pass through the dreaded tribal lands of the Women with Painted Faces. Baring whitened teeth they spot us and dart forward. A quick spray and they have marked their territory and us, before withdrawing in the wink of a mascara-d eye. For walkers with sinus sensitivities this can be an uncomfortable section of the walk – but the relative fresh air of the Mall beckons and soon the only legacy of this precarious border crossing is the occasional waft of whatever it was and a sneeze or two.

Arafat headgear, gaiters, backpacks with umbilical cord-like protuberances, along with an assortment of red, purple and hot pink socks will ensure that we quickly establish our Heysen pack status as we stride through the mainstream Sunday mass in the Mall (no pun intended). From here it is right into Pulteney Street and we are soon wending our way through the lush green of the city parklands. Not a lot of wild flowers to be seen, but those with a keen eye may be lucky enough to spot a few assorted objects discarded during the usual Saturday night revelry.

We emerge from the parklands at the Greenhill/Glen Osmond Road intersection. Then commences the most challenging stretch of the walk. Right at the time when our caffeine surge begins to dissipate in the haze of exhaust fumes, and the private conversations we are trying to listen in on dull in the drone of traffic, we enter into a long and gradual change in elevation.

At last it is a green-light crossing into the heartlands of pseudo haute couture – Burnside Village (or the Glenside Shopping Centre for those with a pedantic streak or a penchant for reality). It's time for morning tea – the next shot of caffeine. A word of warning however. Whereas, when out on the usual Heysen sorties, walkers are in the habit of undertaking private



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activities amongst the greenery, this is not an accepted form of relief in the Village shrubbery. We therefore strongly recommend that you use the facilities provided for this purpose. These will be clearly marked.

Some walkers may wish to probe further into any gossip previously unearthed along the way. Those who couldn't give a rat's whatsit about the people being post-modernistically deconstructed (ie the gossip-ees) will have the opportunity to duck into a hairdressers for advice about blond bobs and black roots – or how to say goodbye to grey with Grecian 2000 as the case may be. And then we amble off along Portrush Road until we turn right into the downhill stretch of Glen Osmond Road.

We pause for stragglers in the vicinity of the designer seconds shops that proliferate this area, before turning west to 'do lunch' in the hallowed haunts of Hyde Park. While we wait for those who have leant over fences to smell the flowers, there is time to pop in for some marvellous markdowns. And then we re-group and it's off on the mystery tour section of the walk.

It is here that the finely honed intuitive leadership skills of your walk leaders come to the fore as, completely mapless, we progress ever westward through the back blocks of Unley, confidently weaving our way through a maze of sectioned-off streets (the curse of every Adelaide cabbie). No compass necessary, no dog-eared mortal-engendered map in plastic envelope. We need only listen for the call of the cup – the whisperings from

the chalice hidden deep in the depths of our feminine psyche. And so the chant grows ever stronger – the primordial caffeine call of King Willy Road.

And then the call is answered and we are there at last. We take our seats – out on the pavement of course – in the best 'I'm a beautiful and very important person and therefore everyone will want to see me as they drive past' place on the strip. Some of you may question the value of perching on hard seats, on grey concrete, in a spiralling mist of exhaust fumes. Some of you may wonder why anyone would want to sit a meter or so away from the accentuated rumble of top-of-the-range car engines with high V ratings and off-road (but never been there) capacities. So do we.

Lunch will consist of a choice of whatever isn't on menus in less-salub. locales. For example, asking for a brown bread, cheese, lettuce and tomato sandwich could result in a downward lip twitch, a raising of eyebrows and a look of 'good grief – you're a long way from home'.

However, a request for semi-sundried tomatoes with goats cheese and penne on rye will reward you with a brief nod and a quick scrawl on notepad before the waitress spins on heel and heads for the kitchen.

Following lunch there is time to display, discuss and perhaps to barter artefacts garnered during our hunting and gathering along the way. This sharing of spoils will consolidate another bonding heysen experience as we pack up and head off down the cobbled street on the



last syage of our loop. Back at the third floor expresso bar at DJ's we round off the day with our mid-afternoon Latte. When the time comes for au revoir we strongly encourage you to take the opportunity to practice the 'kiss the air' tribal expression of affection (or affectation) that we have seen executed with such finesse at our Latte stops throughout the day.

What to bring:

- Back packs must be emptied before commencing this walk to encourage impulse buying along the way.
- Sunglasses will preferably be tortoiseshell with gold trim and must be clearly marked with the designer brand (eg Gucci, Versace, Dior).
- Multiple credit cards, preferably gold (please do not confuse with Golden Boots Cards), are a prerequisite.

All walkers will be required to adopt the necessary attitude for our stops at Burnside Village and King William Road. For those who are unsure, the safest thing is to take your cue from the locals.

Walk leaders will be happy to supply:

- Bright lipsticks in a range of new season's colours (women only).
- False nails in matching colours (women only).
- Chaffed prestige cars for those whose purchases overflow their backpacks and who cannot manage the collection of designer shopping bags.
- Bus tickets for those with a similar problem, but who have shopped in a store which doesn't issue designer bags. Walkers in this situation will be expected to withdraw quietly from the group as soon as a bus stop is sighted along the route. We do not recommend a 'kiss the air' expression of unity as you leave the group in this case for obvious reasons.

Please Note: The donning of plastic bags in public is strictly prohibited on this walk. We have ensured that all street crossings enroute have been designated 'dry feet' zones, making the wearing of this attire completely unnecessary. In the event that a walker feels unable to set out without this form of additional dry-foot insurance, we are prepared to offer Harrods dark green plastic shopping bags should a wet-weather emergency arise. In the unseasonal event that flash flooding occurs in the King Willy Road precinct skee-dooos will be called in immediately to ferry us safely out.

We look forward very much to your company on this exciting new Heysen adventure. Bookings can be made through the usual channels. Please note that there will be a substantial increase in the usual walk cost. This is to cover the following:

- Café Latte Heart Starter walk leaders will sleep over at the Hyatt Regency Hotel (Penthouse Suite) on the night prior to the walk to ensure the ambience and comfort conducive to optimum rest and relaxation.
- Keeping in mind the importance of increased carbo-loading prior to extended physical exertion, walk leaders will be supplied with a multi-course 5-star dinner. This dinner may be served in the dining room or in the suite via room service – or a combination of both.

- The importance of pre-walk hydration is also taken into consideration, with a steady supply of red wine (Café) and Botrytis (Latte), interspersed with the occasional Evian on ice.

We are convinced that the introduction of this Heysen Walk Leader Pre-Walk Pamper Package into our overall walk program would encourage other Heysen members to take up the challenge of becoming walk leaders. We therefore strongly recommend that this item be included on the agenda for the next Walk Committee Meeting.

Happy walking
Jo Chesher
(Café and Latte)

Jo had time to think up this walk while walking with the first End to End Group



This article was originally produced in the Summer 2001 Trailwalker. We thank Jo for permission to reproduce it.

Wanted: Heysen Trail Southern Logbook

In either NEW or USED condition.
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Email: dean.mortimer@live.com.au

Walking companion sought

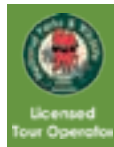
I am a 51yo occupational therapist with an adult community mental health team and keen long-distance bushwalker. I am planning to walk the Heysen Trail from Kapunda to Parachilna Gorge from July 28th, walking 20-25km per day, depending on campsite/hut locations and other variables. I would welcome walking companions for all or part of the journey. I am due back in Tasmania on September 20. If I finish the walk early, I will complete the other section I am yet to walk, from Bridgewater to Cape Jervis. Some photographs of myself and walks in South Australia and Tasmania are on my facebook page.

Timothy Bunge 03-6275 2114
Timothy.bunge@dhhs.tas.gov.au

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Wirrabara Forest - now open to visitors.

Partial access restored after fire.

ForestrySA has reopened parts of the Wirrabara Forest to visitors, following January's Bangor fire.

ForestrySA is pleased to advise that popular forest locations the Wirrabara Picnic Ground, Ippinitchie Campground, King Tree Paddock and "A" Plantation are now open for visitors.

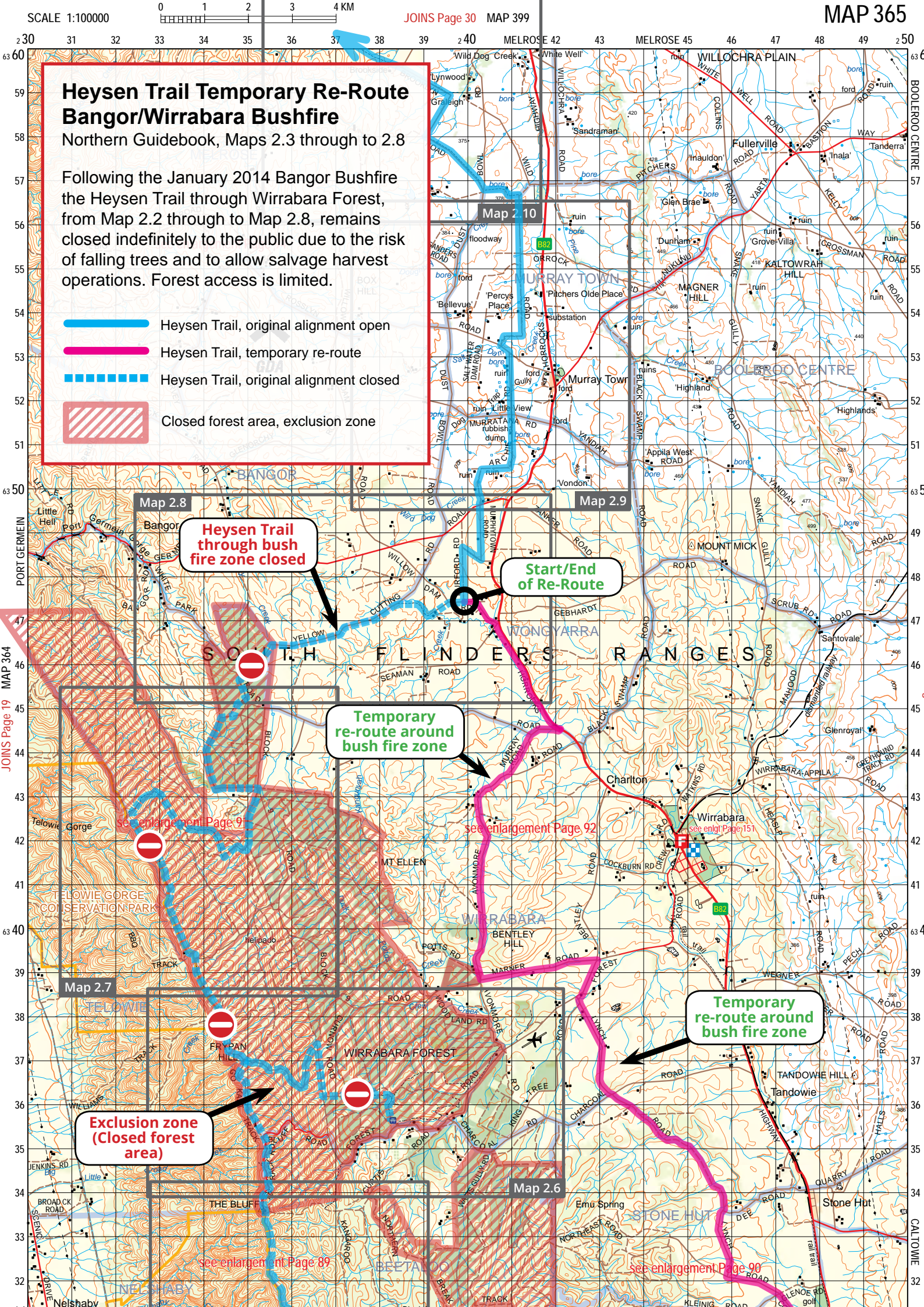
The Bangor fire burnt a large part of the Wirrabara Forest in early 2014, causing a potential risk to public safety.

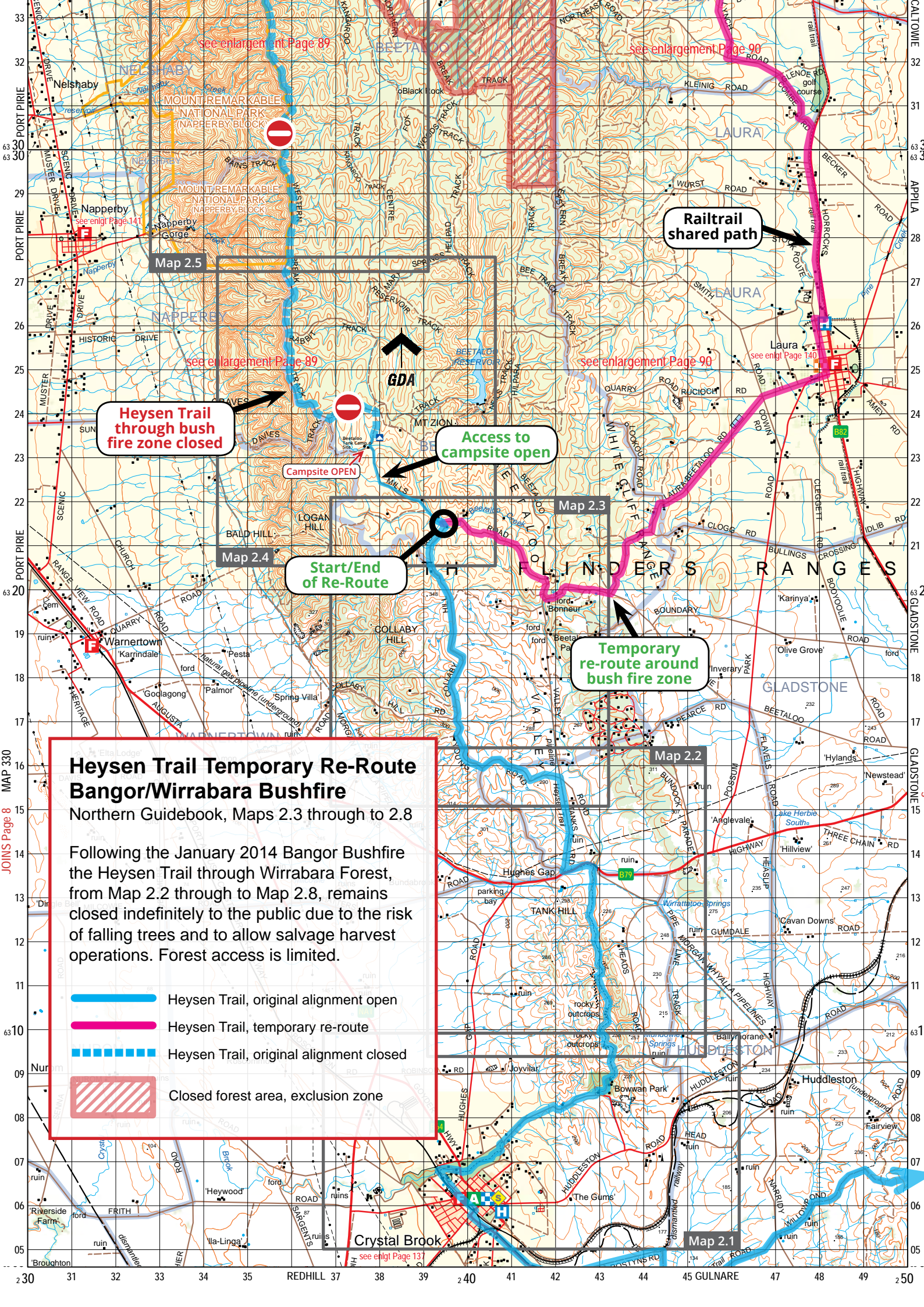
Most of the forest remains closed to the public due to the risk of falling trees and to allow salvage harvest operations to be carried out. ForestrySA will reopen these areas as soon as it is safe to do so.

Please refer to the map adjacent for more information on these locations.



Colin Edwards, Russell O'Brien and Bronte Leake
(DEWNR) marking the Wirrabara re-route





see enlargement Page 89

see enlargement Page 90

see enlgt Page 141

see enlargement Page 90

see enlgt Page 140

Heysen Trail through bush fire zone closed

Access to campsite open

Campsite OPEN





Start/End of Re-Route

Temporary re-route around bush fire zone

Heysen Trail Temporary Re-Route Bangor/Wirrabara Bushfire

Northern Guidebook, Maps 2.3 through to 2.8

Following the January 2014 Bangor Bushfire the Heysen Trail through Wirrabara Forest, from Map 2.2 through to Map 2.8, remains closed indefinitely to the public due to the risk of falling trees and to allow salvage harvest operations. Forest access is limited.

-  Heysen Trail, original alignment open
-  Heysen Trail, temporary re-route
-  Heysen Trail, original alignment closed
-  Closed forest area, exclusion zone

Trail Maintenance

The Friends of the Heysen are a volunteer organisation dedicated to the promotion and maintenance of the Heysen Trail. The organisation depends on members and where appropriate non-members for information and comments on the condition, location and safety of the trail for all walkers. All comments are welcome, both good and bad, collated and forwarded to the appropriate Section Leader for action. Details on the location referred to would be appreciated.

Maintenance Coordinator Colin Edwards 8264 1492 (H)

Section	Map and GR	Section Leader	Contact
1. Cape Jervis to Tapanappa	Southern Guidebook, Maps 1.1-1.3 Cape to GR 518 530	Albert and Margaret Schmidke	8381 8861 (H)
2A. Tapanappa to Waitpinga Campground	Southern Guidebook, Maps 1.3-1.5 GR 518 530 to 735 544	Roger Dunn	8260 2146 (H)
2B. Waitpinga Campground to Back Valley Rd	Southern Guidebook, Maps 1.5-2.2 GR 735 544 to 761 649	John Quinn	8294 3115 (H)
3. Back Valley Road to Moon Hill	Southern Guidebook, Maps 2.2-2.3 GR 761 649 to 682 726	Wandergruppe Bushwalkers, Hermann Schmidt	8344 4072 (H)
4. Moon Hill to Hindmarsh Tiers Road	Southern Guidebook, Maps 2.3-2.5 GR 682 726 to 737 803	Wandergruppe Bushwalkers, Hermann Schmidt	8344 4072 (H)
5. Hindmarsh Tiers Road to Blackfellows Creek Road	Southern Guidebook, Maps 2.5-2.7 GR 737 803 to 889 908	Women in the Bush Eleanor Martin Myra Betschild	8431 8187 (H) 8331 2992 (H)
6. Blackfellows Creek Road to Glen Bold	Southern Guidebook, Maps 2.7-3.2 GR 889 908 to 962 161	Richard Webb	8381 5308 (H)
7. Glen Bold to Piccadilly	Southern Guidebook, Maps 3.2-3.4 GR 962 161 to 924 264	Norrie Hamilton	8332 1982 (H)
8. Piccadilly to Norton Summit	Southern Guidebook, Maps 3.4-3.4 GR 924 264 to 922 332	WEA Ramblers Liz O'Shea	8352 1636 (H)
9. Norton Summit to Cudlee Creek	Southern Guidebook, Maps 3.5-3.7 GR 922 332 to 013 424	Colin Edwards	8264 1492 (H)
10. Cudlee Creek to Bethany	Southern Guidebook, Maps 3.7-4.4 GR 013 424 to 148 759	John Potter	0418 835 321
11. Bethany to Hamilton	Southern Guidebook, Maps 4.4-5.2 GR 148 759 to 045 102	John Potter	0418 835 321
12. Hamilton to Huppatz Hut	Southern Guidebook, Maps 5.2-5.9 GR 045 102 to 086 509	Dom Henschke	0422 430 330
13. Huppatz Hut to Spalding	Southern Guidebook, Maps 5.9-6.12 GR 086 509 to 785 903	Burra Branch Hugh Greenhill	8843 8115 (H)
14. Spalding to Georgetown	Northern Guidebook, Maps 1.1-1.6 GR 785 903 to 574 058	Kevin Liddiard	8289 4236 (H)
15. Georgetown to Mt Remarkable	Northern Guidebook, Maps 1.6-2.11 GR 574 058 to 345 667	A.R.P.A. Milton Turner Ron Capel	8263 2393 (H) 8251 7717 (H)
16. Mt Remarkable to Horrocks Pass Rd	Northern Guidebook, Maps 2.11-3.4 GR 345 667 to 250 828	Julie Starkey Gary Wright	8667 5077 (H) 8667 5077 (H)
17A. Horrocks Pass Rd to Dutchmans Stern	Northern Guidebook, Maps 3.4-4.2 GR 250 828 to 807 227	Michael Kerin	8642 4728 (H)
17B. Dutchmans Stern to Wilpena Pound	Northern Guidebook, Maps 4.2-5.8 GR 807 227 to 723 094	vacant	
18. Wilpena Pound to Parachilna Gorge	Northern Guidebook, Maps 5.8-6.8 GR 723 094 to 645 528	Alpana Station Operation Flinders Gavin Campbell	8648 4626 8242 3233 8296 8613 (H)



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Quote by Frank Austin Pallin

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