



Trailwalker

Spring 2016 Issue 141



Free




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Contents



Published by the
Friends of the
Heysen Trail & Other
Walking Trails

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Membership Information

Single \$25 per year
Family \$40 per year
Schools & Organisations \$60 per year
Membership is valid for 12 months from
the date of payment

Trailwalker Magazine

Views expressed in contributed articles are
those of the authors, and not necessarily
those of the Friends of the Heysen Trail.

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available by subscription or online at
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published quarterly:

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- Winter (June)
- Spring (September)
- Summer (December)

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approximately twice that number.

Articles, reports and other submissions
by members and other interested
parties are welcome and should be
emailed to the Trailwalker Editor at
trailwalker@heysentrail.asn.au

The submission deadline is usually the
first Friday of the month prior to the month
of publication.

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4 issues, would attract 10% saving

Advertising specifications and
article submission guidelines are
available upon request or by visiting
heysentrail.asn.au/trailwalker

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The Friends of
the Heysen Trail
& Other Walking
Trails

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Lyn Wood	Walking
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Sally Fieldhouse	Secretary
Benita Rees	Publicity Officer
Hugh Greenhill	Section 13 Leader

Council Meeting Dates

Wednesday 21 September 2016
Wednesday 19 October 2016
Wednesday 16 November 2016

Summer Trailwalker Deadline

Friday 4 November 2016

Articles, reports and other submissions
are welcome from:
members walking on the Heysen Trail or elsewhere;
non-members walking the Heysen Trail;
other interested parties.

To submit an article, contact the Editor at
trailwalker@heysentrail.asn.au.

Contributors are urged to contact the Editor to
discuss their article prior to submission.

Patron

His Excellency
the Honourable
Hieu Van Le AO

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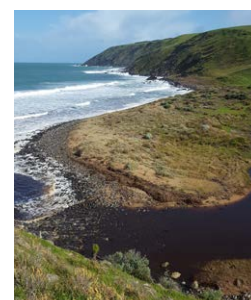
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Colin Edwards

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Zoe Nguyen (Zoe)
Bei Han Yang (Ann)
Mengyuan Chen (Chen)



Cover

Coolawong Creek
Photo: Charmaine Fletcher

President

A Word from the President

Robert Alcock



The past few months have been business as usual for the Friends. The office is well settled into the new premises and looking to streamline their computer network while providing their valuable services to members and trail walkers. Trail Development is working with the new structure

and getting on with their tasks. Our committees are sorting through their interests. The End-to-End groups continue their treks north while the general walk programme has attracted good numbers. It's pleasing to report that all is running smoothly.

Our Ambassador Ron Kandalaars recently had a great segment on his regular Wednesday afternoon spot on ABC 891, and regional radio. An engaging talk and interview about the Friends' End-to-End walk program. If you missed it, look for the link to the recording from the News item on our website. It's well worth a listen.

I've had a few recent trips south, walking and touring along the South Coast. This included walking the new section of trail from Trig campground towards the Deep Creek waterfall. This is the latest upgraded section of trail organised by the Department of Environment, Water and Natural Resources, and is a nicely graded trail with good views out over the green timbered valleys to the blue ocean. Worth a trip south to check it out, and take in the Deep Creek environment once again. It was school holidays and I was very pleased with the many groups of walkers enjoying this section.

New brown tourist signs showing access to the Heysen Trail have been installed at three sites. On the main highway at Hawker, pointing to Jarvis Hill; at the Horrocks Pass car-park; and on the Kersbrook to Williamstown Road at the intersection of Watts Gully

Road. The Friends had decided to fund these signs when it became apparent this was the only way to get them up in a reasonable time period. We would now like to have more sites signposted, and will look to getting a more reasonable funding arrangement.

A Trail Development team have installed a new toilet at Curnows Hut in Bundaleer Forest. This replaces the eco toilet destroyed by the bushfire. The hut is again available for use by hikers and cyclists. The Heysen Trail has finally been returned to its former alignment to New Campbell Hill, now that Forestry have cleaned up after the 2013 bushfire. We welcome the trail's reinstatement, but unfortunately the views across and through the burnt pines are not the views walkers enjoyed prior to the fire.

The Greening committee this year continued planting trees along the trail north of Worlds End. A recent visit gave the pleasing reports that around 80% of seedlings have survived. These will compliment the previous plantings, providing shelter for future walkers, and for the enjoyment of local birds and fauna.

The local rangers are organising the Deep Creek Family Day on Sunday 18th September 2016. Richard Trembath will again represent the Friends, and would welcome other members and Heysen Trail walkers to attend the Day: make a day of it by visiting the Deep Creek area.

And - with the new structure for Trail Development and Maintenance, Colin is after volunteers for a range of activities. If you have a little time to put in, (or a lot!), call the office and ask for information.

PS. If you are a facebook'er - "like" the Heysen Trail facebook page to get more news and items of interest to walkers.

Happy Hiking.

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MT BROWN ACCOMMODATION

INDULGE YOURSELF ON THE TRAIL...

News

Website Accommodation listing update

As part of our ongoing review of the Friend's website, we have completed a major update of the Heysen Trail Accommodation listing.

There were approx 240 records amended. These included:

- Map Sheet number references added to all listings,
- Adding new tanks, campsites and facilities,
- Updating information on park access and camping fees,
- Updating links to external (including DEWNR & Forestry) websites,
- Updating some accommodation provider information.
- Removing closed campsites that no longer appear on the latest Guidebooks and Map Sheets.

An important feature of the update is that users can now conduct a search of water tanks along the trail.

You can navigate to the Accommodation listing by clicking on the accommodation options link on the Heysen Trail (left hand column) of the website – heysentrail.asn.au.

You may have also noticed that during June a number of re-routes were added to the website, as well as an updated version of Heysen Trail GPX file.

On line bookings for Parks SA entry and camping fees

If you are walking through South Australia's National and Conservation Parks, bookings for vehicle access and camping fees for most parks are now made on-line.

Refer to the Parks SA website for more information.:

<http://www.environment.sa.gov.au/parks/entry-fees/online-booking-information>



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CONGRATULATIONS – YOU’VE WALKED THE HEYSEN TRAIL!

If you (or a friend) have walked the 1,200 kms of the Heyesen Trail, we’d like to recognise the achievement.

Champions of our trail receive a complimentary ‘End to End’ certificate signed by our President, Robert Alcock, and a cloth ‘End to End completion’ badge.

We have recently added the ‘End to End’ application form to our website, so applying for an award is a relatively simple task.

You can access the form by simply using the address <http://heysentrail.asn.au/friends/end-to-end-certificate/>.

Alternatively you can find the application form on our website. Log onto the Friends homepage and then select the Friends page from the drop down menu bar underneath the picture. You will then see the ‘End to End certificate’ heading in the left hand column.

If you don’t have easy access to a computer you can still contact our office and one of our volunteers will send you a form.

Next time you walk a trail somewhere in Australia or around the world, we’d like your walking companions to see your badge and know about your achievement. Even better, you may inspire them to think about walking the Heyesen Trail.

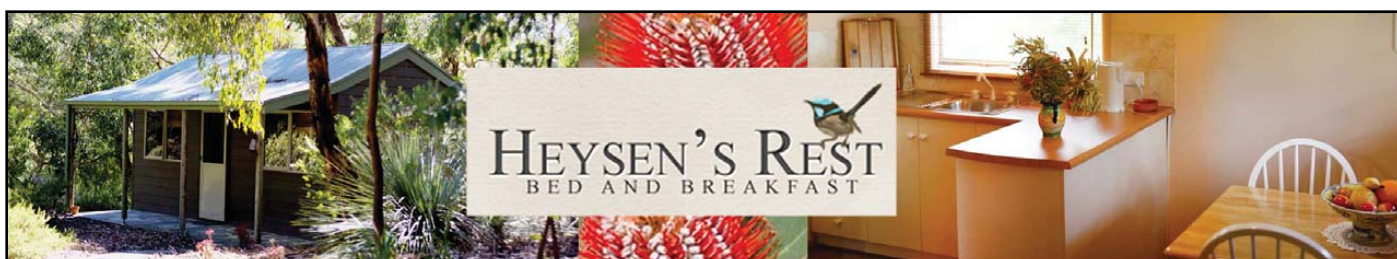
You may have already seen the story in this edition of the Trailwalker that Vladislav Zhukov wrote after finishing his trek. Vladislav was presented with End to End certificate number 508. This number reflects the number who have advised the Friends that they have completed the Heyesen Trail. It’s not the total number of hikers who have completed the Heyesen. We’d like to see that number grow, and more closely reflect the actual number of Heyesen End to Enders.



End to End Awards

Congratulations to the following walkers who received End to End awards for completing the trail over the period May to July 2016.

Steven Sherman	Adrian Rogers
Elizabeth Rogers	Ann Tcharke
Kay Sachse	Dallas Clark
Margaret Schmidke	David Hope
Vladislav Zhukov	



Accommodation in Myponga along the Heyesen Trail

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www.heysensrest.com.au

News

BEE WARNED

Walkers need to take caution when walking near flowering crops because of the risk of being attacked by bees.

This time of year, August to October, sees canola crops come into full flower providing picturesque bright yellow fields.

This also attracts bees and the installation of commercial bee hives (clusters of white boxes).

In particular, walkers are strongly advised to avoid walking between the bee hives and neighbouring canola crops in flower – take a wide berth away from the hives, typically along made tracks or along fencelines. DO NOT walk through crops when off trail.

All walkers who are known to react to bee stings are responsible for carrying appropriate medication and advising the walk leader of any medical condition.



New Members

The President and the Council would like to extend a warm welcome to the following 49 members, who have joined the Friends since the last edition of the Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the association.

Terese Allen	Charmaine Fletcher	Abigail Lawrence	Gerry Ritchie
Steve Bellew	Marilyn Fooks	Ines Lewis	Garry Sampson
Richard Connolly	Glenys Forsyth	Anne Lovat	Ingrid Thompson
Howard Cook	Joyce Glavin	Chris Mandalov	Geoffrey Tolcher
Ralph Cruickshank	Alex Gosling	James Richard Mason	Hannah Varey
Sharyn Cruickshank	Andrew Gosling	Ben Melino	Midge Wallace
Nigel Dally	Emma Gosling	Jamie Melino	Marilyn Waters
Birgit Davis	Margaret Gosling	Ewan Mitchell	Rebecca Waters
Peter Davis	Rebecca Gosling	Hamish Mitchell	Tricia Watkinson-Hills
Kate Denton	Kathryn Holder	Isla Mitchell	Yang Yang
Peter Dunn	Denise Holly	Paul Mitchell	
Peter J Dunn	Stuart Holly	Rebecca Mitchell	
Charlie Eager	Ron Kandelaars	Anne Parton	

ANNUAL GENERAL MEETING NOTICE OF MEETING

The first Annual General Meeting of the Warren Bonython Heysen Trail Foundation Ltd will be held at 5.00 pm on Wednesday 16th November in the Board Room, Level 2, Epworth Building, 33 Pirie Street, Adelaide.

AGENDA

- 1 Apologies.
- 2 Chairman's Report.
- 3 Financial Report.
- 4 Election of Directors.
- 5 Appointment of Auditor.
- 6 Other Business.
- 7 Close of Meeting.



WARREN
BONYTHON
HEYSEN TRAIL
FOUNDATION

Members can appoint a proxy by completing the Proxy Form at <http://wbhtf-agm-2016-proxy.questionpro.com/>

By order of the Board

John Wilson

Company Secretary

Epworth Building, 33 Pirie Street, Adelaide SA 5000 Ph: 08 8212 6299 Fax: 08 3212 1930
wbhtf@yahoo.com.au ABN 84 163 616 082

Win a Free Calendar

Submit some of your photos for the 2017 Friends of Heysen Trail calendar for a chance to win a free copy of the calendar.

If we use one of them - you win a calendar.

Maximum of four photos per person.

Photos need to be landscape shaped and meet minimum technical specifications, generally a 7 mega pixel camera will suffice if on the highest image quality setting.

Email your photos to heysentrail@gmail.com by October 15.

Email size can be up to 25MB (your email provider may not allow emails of that size).



News

TREES FOR LIFE

Trees For Life will be running a series of activities to help the bushland burnt in the Sampson Flat and Pinery Bushfires to recover, with the support of the Adelaide Hills Council.

The Bush For Life program works with volunteers to care for some of our best quality native bushland.

Now is the ideal time to undertake bushcare in the fire affected bushland.

"Immediately after the bushfires, we had many calls from people wanting to help," Bush For Life program manager Amelia Hurren said. "But in the early days after the fires, our priority was to give the native plants time to regenerate. Now that we've had significant rainfall and coming into spring, it's the perfect time to act."

Adelaide Hills Council has been a supporter of Bush For Life since 1996 and volunteers care for 27 sites across the council area.

Last year Bush For Life volunteers contributed an incredible 3400 hours (equivalent to 435 days) of their time to care for the native species and habitats in the area.

New funding has been provided by council to work on fire affected sites to ensure the bush has the best chance to recover to full health.

"The ability of native plants to regenerate after a fire is amazing," Amelia said. "Only six weeks after the Sampson Flat bushfire the gum trees were already covered in epicormic growth and lots of small plants were popping up everywhere. Our priority now is to make sure we stay on top of the weeds and allow the native plants to flourish."

If you are interested in volunteering on a fire affected site we have Bushfire Recovery Bush Action Team activities scheduled on

- Friday August 12 at Wasleys
- Thursday September 15 and Wednesday November 2 at Kersbrook
- Friday November 4 at Inglewood.

No experience is required. To book into these activities contact us on 8406 0500 or bfl@treesforlife.org.au

The photos on the right show the regrowth that had occurred 4 weeks after the bushfires.



AND NOW FOR SOMETHING COMPLETELY DIFFERENT

Activities of the Greening Committee

Words and photo by Neil Nosworthy

2017 Planting

After four years planting at Worlds End, the Committee has cast around for new greening opportunities. A chance discussion with George Adams at the Walk for the Heysen day led to consideration of planting some trees along the Lavender Federation Trail.

A planting site on Scenic Road near Point Pass has been identified as a possible location. An initial visit to the site indicates that this would be a suitable site – the view is pretty good too.

The next steps will be to confirm arrangements with the local community with the aim of planting in late April/early May next year.

Worlds End

Our visit to Point Pass provided an opportunity to visit our plantings at Worlds End. I am pleased to report that this year's plantings are thriving, particularly the saltbush. About 90% of the plantings have survived and this is significantly better than previous years. The early planting and a good season seem to have worked a treat.

Vale Graham Whetstone

While in Burra, we were saddened to learn of the recent death of Graham Whetstone from Dutton's Trough. Graham greatly assisted our tree planting efforts at Worlds End by allowing us to use his tank for water for our trees.

Hiskey's Hut

The hut maintenance survey team advised that the trees that we planted at Hiskey's Hut near Georgetown were being devoured by the sheep. Clearly the tree guards that we installed are not strong enough. As a result we will investigate the option of installing temporary fencing to give our trees a chance.



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News

Vladislav's End to End adventures.

by Dom Henschke

During one of the wet weeks in July, which included the day it snowed in the Adelaide Hills I was fortunate to head north to Parachilna on the Heysen Trail Hut and Tank Survey.

The Trail Development Committee conducts this trip annually as part of our responsibilities to DEWNR, the trail manager. This year Trail Development Co-ordinator Colin Edwards had two new assistants, Rob Kooymans and me.

As Rob & I had finished our End to End trek with E2E5 last year, we were both interested in revisiting the more remote huts we'd seen along the trail.

We started with the rain water tank at the Parachilna trailhead (one of many along the trail donated and constructed by the Friends). It took us 4 days to inspect, clean and conduct minor repairs to 12 huts from Middlesight Water Hut to Marschalls Hut, near Riverton. The remaining huts were left to the following month.

One of the tasks assigned to me was to check the log books located at each hut. I was interested to read

several entries by Vladislav Zhukov, a walker from NSW, who had visited the furthest north huts just a few days earlier.

A week or so later, the Office received a short email from Vladislav advising us that he had completed the Heysen Trail. We treated this as a request for an End to End award and in the course of subsequent correspondence, I asked him if he'd like to share his thoughts on the trail and his walk.

I'm delighted to have received this response:

.....

The trail is generally excellent, only the route that "traverses a scrub-filled gully" (Northern Guide, i.e., from F to G on p. 114) needing more or clearer markers.

Editor's note – That information has been sent onto our Trail Development Committee for inclusion in our Trail Maintenance program.

I tried to do the south to north End to End last year, but had to pull out with a stress fracture to one of my legs a couple of days north of Burra.

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Email alpana2@bigpond.com
website address www.alpanastation.com
Bookings Essential

This year, after a regime of calcium and vitamin D, I managed it to the end, between 4 May and 12 July: 69 days in toto. I could have done it quicker, but said to myself what's the hurry, enjoy the event!

Two things that may be considered vaguely special are:

1. I'm 75 (and a half) years old, and
2. I did not take a drop of water with me, finding what I needed on the way: creeks, dams, bores, puddles on tracks, an old car tyre on one occasion.

Since I never missed a cooked breakfast, cooked dinner and a large brew at lunch, that required collecting about four litres a day. No problem. The boiling sorted out the bugs, and the stews and porridge I concocted overcame any salinity or other untoward taste.

Cooking was done, rain or shine, on unobtrusive camp fires. The gas stove was strictly for emergencies and I brought home the same cylinder I started out with.

I'm attaching a couple of photos my wife took at Cape Jervis, where she dropped me off last year for my first attempt. I look like a proper dag, a state not at all improved by the time I reached Parachilna Gorge this second go.

I thought to send those pics, rather than something more contemporary (which I don't have) because the sight of my pack brings on the following train of thought:

I met people on three occasions recently who commented on that pack as being "somewhat small". My response has been that it actually weighs 20-22 kgs when fully loaded, and also I can afford to travel a bit lighter, firstly because of the aforementioned eschewal of water (but I make that up to some extent by added food and a pair of thick woollen bedsocks) and secondly due to the nature of my tentage.

I use an army hooch and a lightweight hammock, both to be hung between the same two trees or fence posts or equivalent. Those two items fit, with room to spare, in the pocket that you can see on the back of the pack.

The hammock is insulated by a half-Thermarest and then there's the usual sleeping bag. It's a combination that has served me well for decades in snow and the tropics. In fact the basics came from Vietnam, where Diggers in my generation found the locals there slept that way: above dampness, uneven or sloping ground, insects and leeches. Many of us copied them, using captured hammocks (or, on later Southeast Asian postings, having them sewn up locally.)

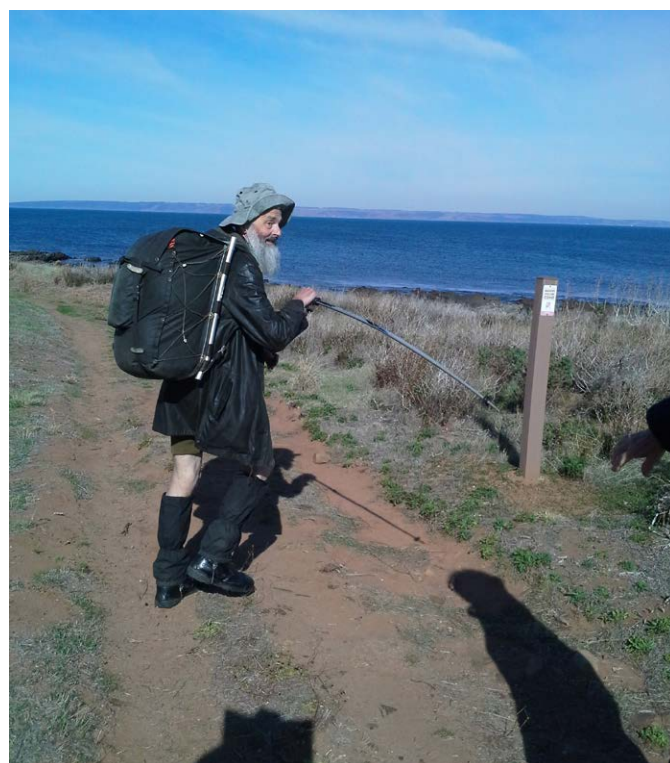
When I returned from the war I thought it was a system that would revolutionise camping, but people to this day still prefer a bulky tent, with all its pegs and poles, condensation and cramped space.

My system has three layers: the roof, the bed, and the "ground floor" beneath, where items of gear are lined up and firewood and kindling for the morrow are collected in case it rains during the night.

The hammock makes a comfortable and clean seat on which to eat, do repairs, write, etc, both in camp and on the march,

whenever there's a need to stop for more than half an hour. I've hung it inside the more Spartan huts as well.

I have a history of lone, unsupported treks. Just one example: I couple of years ago I went around Australia on a cheap pushbike carrying homemade panniers with camping gear. That took four and a half months; 13,200 kms; average 94 kms/day. That's the beauty of being a pensioner: one suddenly becomes so fabulously rich in time...



Walking Committee Report

Lyn Wood, Walking Committee Chairperson

The walking season is progressing well. The walking program provides an interesting choice of walks for Trailstarters and Trailwalkers. There are 6 End-to-End groups winding their way along the Heysen Trail. End-to-End 6 will complete the Trail on Saturday 27 August after a journey commencing in April 2011.

Recently 2 groups walked the Sea to Summit – one did the complete walk and the other did 19 Kms of the route.

A walk leaders training evening will be held on Tuesday 18 October from 7 to 9.30 pm at the Woodville Bowling Club. If you are interested in leading walks please come along to this evening to find out what it's all about. There is no obligation to lead walks if you think it's not for you. You can talk to any walk leaders about their experiences as a leader and how rewarding it can be. Please register online for this training.

The Walking Committee is planning for the 2017 walking season. If there is a walk you like to do and

would like to take other walkers along with you please contact me via the office to get your walk onto the 2017 walking calendar.

End-to-End walkers wishing to do catch-up walks with other End-to-End groups are reminded to continually check the website for any changes made to the program. Wintry weather can affect the road conditions and the bus access to walks. If this happens the walks are usually changed without notice on the day of the walk. This has an impact on when the walks are rescheduled. So if you intend walking with another group please check the website frequently for any changes, particularly after very wet weather.

Still on End-to-End walks - when groups walk both days of a weekend, the bus and walk fees are charged for both days when registering. If you wish to only walk on one day of the weekend, you will need to contact the office to register as the online booking system will only accept bookings for both days.

Enjoy your walking.

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End-to-End Walks 2016 Walk Season Programme

This version released 15 August 2016

heysentrail.asn.au

	1st Weekend	2nd Weekend	3rd Weekend	4th Weekend	5th Weekend
May	Sun May 1 End-to-End 10 Myponga to Mt Compass	Sat May 7 – Sun May 8 End-to-End 7 Raeville to Locks Ruin to Bowman Park	Sun May 15	Sun May 22	Sat May 28 – Sun May 29 End-to-End 7 Bowman Park-Mills Rd-Wirrabara
	Sun May 1 End-to-End 11 Cape Jervis to Cobblers Hill	Sat May 7 – Sun May 8 End-to-End 8 Worlds End to Burra to Wandallah			Sun May 29 End-to-End 9 Mt Crawford to Pewsey Vale
		Sun May 8 End-to-End 9 Nugget Rd to Mt Crawford			Sun May 29 End-to-End 11 Cobblers Hill to Tapanappa
June	Sat June 4 – Mon Jun 13 End-to-End 6 Quorn to Mayo Gorge		Sun June 19 End-to-End 9 Pewsey Vale to Tanunda	Sat June 25 – Sun June 26 End-to-End 7 Wirrabara to Block 9 Rd to Murraytown	
	Sun June 5 End-to-End 10 Mt Compass to Kyeema	Sun June 12		Sat June 25 – Sun June 26 End-to-End 8 Dares Hill Rd - Hallett - EE George Rd Quarry	
				Sun June 26 End-to-End 11 Tapanappa to Balquhider	
July	Sun July 3 End-to-End 10 Kyeema to Dashwood Gully	Sat July 9 – Sun July 10 End-to-End 8 EE George Rd Quarry to Spalding to Chlorinator	Sun July 17 End-to-End 9 Tanunda to Kapunda	Sat July 23 – Sun July 24 End-to-End 7 Murraytown-Melrose-Alligator Gorge Rd	Sun July 31
				Sat July 23 – Sun July 24 End-to-End 8 Cudlee Creek to Mewett Rd to Mt Crawford	
				Sun July 24 End-to-End 11 Balquhider to Waitpinga	
August	Sat Aug 6 – Sun Aug 7 End-to-End 8 Chlorinator to Curnows Hut to Raeville	Sun Aug 14	Sat Aug 20 – Sun Aug 28 End-to-End 6 Mayo Gorge to Parachilna		
	Sun Aug 7 End-to-End 10 Dashwood Gully to Mylor		Sat Aug 20 – Sun Aug 21 End-to-End 9 Kapunda to Hamilton to Peters Hill	Sat Aug 27 – Sun Aug 28 End-to-End 7 Alligator Gorge Rd-Horrocks Pass-Broadview	
				Sun August 28 End-to-End 11 Waitpinga to Tugwell Rd	
September	Sun Sept 4 End-to-End 10 Mylor to Cleland	Sat Sept 10 – Sun Sept 11 End-to-End 8 Raeville to Locks Ruin to Bowman Park	Sat Sept 17 – Sun Sept 18 End-to-End 9 Peters Hill to Gerkie Gap to Webb Gap	Sat Sept 24 – Sun Sept 25 End-to-End 7 Broadview to Woolshed Flat to Quorn	
				Sun Sept 25 End-to-End 11 Tugwell Rd to Inman Valley	
October	Sun Oct 2 End-to-End 10 Cleland to Montacute Heights	Sat Oct 8 – Sun Oct 9 End-to-End 8 Wandallah to Newikie Ck to Dares Hill Summit Rd	Sat Oct 15 – Sun Oct 16 End-to-End 9 Webb Gap to Burra Rd to Worlds End	Sun Oct 23 End-to-End 11 Inman Valley to Myponga	Sun Oct 30
November	Sun Nov 6 End-to-End 10 Montacute Heights to Cudlee Creek	Sun Nov 13	Sun Nov 20	Sun Nov 27	

Walk Grades

There are five different grades of walk on the Friends of the Heysen Trail walk programme. Four of these operate during the walk season, generally from April to November when it is not Fire Ban Season:

- Trail Starter
- Trail Walker
- Trail Rambler
- End-to-End

When it is not walk season, generally during the summer Fire Ban Season, a fifth walk grade, Summer Twilight Walks, operate.

Details of each walk grade are provided on the website: heysentrail.asn.au/walks

Walk Registration

Register for a walk either online or over the phone.

Register online at heysentrail.asn.au, or by phoning the office on 8212 6299.

Walks close between Tuesday and Friday prior to the walk, closing dates and times are listed on each walk event page on the website.

Walk Cancellations

End-to-End walks are not subject to a weather forecast temperature limit, however the walk leader may decide to cancel or amend the event if weather is deemed to present a high risk.

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, or leave a message on the answering machine after this time.

Further Information

Details about each walk, the weather policy, what to wear and what to bring, walk grades or to print off a colour copy of the programme, visit heysentrail.asn.au



TrailStarter & TrailWalker Walks

2016 Walk Season Programme

This version released 27 May 2016
heysentrail.asn.au

	1st Weekend	2nd Weekend	3rd Weekend	4th Weekend	5th Weekend
April			Sun April 17 TrailStarter Onkaparinga Robyn Quinn Sun April 17 TrailWalker Cleland Adam Matthews	Sunday April 17 Special Event HT meets LFT at Webb Gap Apr 22-25 Anzac Weekend Trip Away Grampians Simon Cameron	Sat Apr 30 TrailWalker Lavender Federation Trail Stephen Salib-Brown
May	Sun May 1 TrailStarter TBA TBA Sun May 1 TrailWalker TBA TBA	Sun May 8 TrailStarter Sturt Gorge Chris O'Brien Sun May 8 TrailWalker Boot Camp - Cleland Peter Solomon	Sun May 15 TrailStarter Brownhill Creek Richard Milosh Sun May 15 TrailWalker Yurrebilla -1 Michael Middleton	Sun May 22 TrailStarter Trott Park Noeleen Smith Sun May 22 TrailWalker Horsnell Gully Richard Milosh	Sunday May 22 Special Event Warren Bonython Foundation Walk Sun May 29 TrailStarter Black Hill Esteban Garrido Sun May 29 TrailWalker TBA TBA
June	Sun June 5 TrailStarter Bethany Peter Solomon Sat June 4 TrailWalker Lavender Federation Trail Stephen Salib-Brown	Sun June 12 TrailStarter Crafrers Richard Milosh Sun June 12 TrailWalker Morialta Dana Florea	Sun June 19 TrailStarter Belair Chris O'Brien Sun June 19 TrailWalker Yurrebilla -1 Mary Cartland	Sun June 26 TrailStarter Ambers Gully Richard Milosh Sun June 26 TrailWalker Gandys Gully Rollercoaster Neil Rivett	
July	Sun July 3 TrailStarter Horsnell Gully Kevin Liddiard Sat July 2 TrailWalker Lavender Federation Trail Stephen Salib-Brown	Sun July 10 TrailStarter Sturt Gorge Robyn Quinn Sun July 10 TrailWalker Montacute Mary Cartland	Sun July 17 TrailStarter Mount George Chris Porter Sun July 17 TrailWalker Yurrebilla -1 Michael Middleton	Sun July 24 TrailStarter Scott Creek Adam Matthews Sun July 24 TrailWalker Mount Misery Richard Milosh	Sun July 31 TrailStarter Sea to Summit Half Simon Cameron Sun July 31 TrailWalker Sea to Summit Full Alan Davis
August	Sun August 7 TrailStarter Waite Dana Florea Sat August 6 - Sun August 7 TrailWalker Lavender Federation Trail Stephen Salib-Brown	Sun August 14 TrailStarter Mt Crawford Robyn Quinn Sun August 14 TrailWalker Scott Creek Chris O'Brien	Sun August 21 TrailStarter Parra Wirra Arrienne Wynen Sun August 21 TrailWalker Yurrebilla -1 Mary Cartland	Sun August 28 TrailStarter Blewitt Springs Noeleen Smith Sun August 28 TrailWalker Mount Hayfield Peter Clark	
September	Sun Sept 4 TrailStarter Mount Lofty Graham Bald Sat 3 Sept - Sun Sept 4 TrailWalker Lavender Federation Trail Stephen Salib-Brown	Sun Sept 11 TrailStarter Cox's Scrub Chris Porter Sun Sept 11 TrailWalker Slapes Gully Simon Cameron	Sun Sept 18 TrailStarter Anstey Hill John Babister Sun Sept 18 TrailWalker Morialta Adam Matthews	Sun Sept 25 TrailStarter Marys Gully Arrienne Wynen Sun Sept 25 TrailWalker Chambers Gully Neil Rivett	
October	Sun Oct 2 TrailStarter Mt Barker Graham Bald Oct 1-3 Long Weekend TrailWalker Lavender Federation Trail Stephen Salib-Brown	Sun Oct 9 TrailStarter Linear Park Kevin Liddiard Sun Oct 9 TrailWalker Shepherds Hill Simon Cameron	Sun Oct 16 TrailStarter Cleland Michael Middleton Sun Oct 16 TrailWalker Beaumont Spur John Babister	Sun Oct 23 TrailStarter Waite Vicki Cox Sun Oct 23 TrailWalker Ambers Gully Stephen Cliff	Sun Oct 30 TrailStarter Mount George Adam Matthews Sun Oct 30 TrailWalker TBA TBA

Walk Grades

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Walks close between Tuesday and Friday prior to the walk, closing dates and times are listed on each walk event page on the website.

Walk Cancellations

TrailStarter and TrailWalker walks will be cancelled in the forecast temperature for Adelaide is equal or higher than 32°C.

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, or leave a message on the answering machine after this time.

Further Information

Details about each walk, the hot weather policy, what to wear and what to bring, walk grades or to print off a colour copy of the programme, visit heysentrail.asn.au

Mera & Island Peak via Amphu Lab

by Luke Adams

My first overseas trip had been a trek in Nepal in 1985. We walked from Jiri to Island Peak via Namche Bazaar, Gokyo Lakes and Mt Everest Base Camp. Unfortunately, a bout of Giardia hit on the climb of Island Peak and I came down disappointed. Exactly 30 years later I was looking through a World Expeditions brochure when I saw an interesting new trek / climbing tour. The opportunity to climb Mera Peak, trek the remote Hunku Valley, cross the high pass Amphu Labtsa and finally return to Island Peak was too good to pass up. I was able to convince self-proclaimed 'International Mountaineer', Adelaide rock climbing guidebook co-author and all round nice guy Paul B to join the trip.

Paul and I flew to Kathmandu in early April 2016. We were met at the airport by World Expeditions staff and driven to the Radison Hotel. Driving through Kathmandu is never less than interesting, particularly at peak-hour which seemed to be most of the time. We met our Nepalese trip leaders Balram and Bym and the other eight team members. The trip was split into two parts: all ten members would attempt Mera Peak and then five of us would continue on to Amphu Labtsa and Island Peak.

The next adventure was to catch a flight to Lukla, the gateway to the Khumbu region. There we met the porters, their sirdar, the kitchen staff and the climbing guides. Six smallish toilet rolls were issued to each team member which led to some concern and people 'doing the math'. A flurry of porters preparing duffel bags, general chaos and people going in all directions segued quickly into ten trekkers descending away from Lukla and starting a 14-day acclimatisation walk to Mera Peak.



Rhododendron on the first day of trip

With Balram calling the shots, a daily routine was imposed. We would wake around 6.30 when hot black tea was delivered to the tent followed by warm water for 'washy-washy'. We would then empty the tent and pack the duffel bags ready for collection by the porters. Breakfast was served while the tents were packed. We'd be on the trail by about 8, walk for 3 or 4 hours, enjoy a leisurely lunch and then get back on the trail for another 2 or 3 hours. Balram was happy if we made it to the next camp by 4pm in time for afternoon tea - biscuits and a hot drink. Camp was usually well established by the time we arrived, including the orange sleeping tents, the blue dining tent and the popular green toilet tent. Evening washy-washy would be followed by dinner at 7pm.

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otsa Trek - High Peaks and Passes

From Lukla we followed the trail south then east for four days, rising from 2700m to 3600m at the small village of Chalem Kharka. This part of the trail was an ancient Hindu route and passed sacred lakes with strange metal tridents. We started to gain altitude each day, sometimes ascending 1000m before sleeping somewhat lower. We joined the main trekking route to the village of Kharte, the last outpost before Mera Peak. There we had a training day where the trekkers were introduced to the joys of harnesses, mountain boots, crampons, and how to move up and down fixed ropes. On the morning we left Kharte, a lama conducted a Buddhist Puja ceremony to bestow good fortune on what lay ahead.


The next destination was the Mera La (la = pass) camp at 5300m, a cold and windy spot. The following morning we continued on to a high camp at 5700m perched on a small, rocky, exposed outcrop. Everyone

had an early night as we needed to be up at 1am for breakfast. Unfortunately the wind increased that evening and some members of the party didn't get a lot of sleep as their tents disintegrated around them. Paul, John (a dentist from Hobart), and I roped up with our climbing guide, Mr Luxmi. Our colleagues were attached similarly to other guides and we set off for the summit around 2:30am. However, the first thing I did after leaving camp was to fall 2m into a crevasse! Paul executed what he described as a 'heroic' belay, Luxmi helped secure the rope and I managed to escape from the cold dark void. The incident could have been a lot worse.

The wind made the pre-dawn hours bitterly cold. We had to go into 'ignore the suffering' mode and continue to head upwards. At first light we realized the other parties had turned around and were heading down, a result of the intense cold and the altitude. We pressed on, sometimes only taking 10-20 steps before needing to stop and get our breath back. We reached the saddle between the Central and South summits by about 9am, dumped our packs and had some water and chocolate.




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Mera Peak Summit Team



Summit of Mera Peak

A short climb brought us to a small (8m) vertical ice cliff with the summit just metres above. I belayed Luxmi, he fixed a rope and we jumared up.

We were standing on the summit of Mera Peak (6461m) on Anzac Day and taking in the view of the highest mountains on the planet. We shook hands, snapped photos, and just enjoyed the moment. It was still quite cold so within 15 minutes we headed down and were back at the high camp 2½ hours later. Balram and the porters were waiting with hot soup and warm orange cordial. Back down at Mera La we said goodbye to John as he was one of our five comrades heading back to Lukla.

Paul and I continued towards the Hunku Valley to catch up with Neville, Jacqui and Elsje. We arrived at camp at 5pm after a truly massive day. We had dinner, including celebratory summit cake, and then an early night. Nothing but rest had been scheduled for the following day which was lucky because Paul woke looking like he'd been punched in the right eye. Apparently a lens of his dark mountain glasses had fallen out on the descent from Mera and he had snow blindness. Neville was a doctor (a neurosurgeon from Perth) so applying ice-cold drops to Paul's eye was straightforward though quite painful.



Paul with snow blindness in one eye

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The next day the five of us plus our Nepalese minders continued up the Hunku Valley towards Amphu Labtsa. This beautiful and remote valley is surrounded by spectacular peaks such as Baruntse (7162m). We walked past high alpine lakes and scree ridges to the final camp before the pass. Jacqui was feeling ill with a tummy bug, a bad chest and altitude sickness and, facing a hard ascent to the pass, decided to call for help. Paul, Elsje and I were sad to see Jacqui and husband Neville fly off in a little red helicopter as we climbed onwards.

The Amphu Labtsa pass (5845m) was the crux of the trip in respect of everyone having to get over it including the porters, the kitchen staff, the climbing guides and us. The loads were hauled up the steeper sections then lowered down the other side. We reached the top of the pass at noon and stopped to enjoy a fine view of the eastern Khumbu before abseiling and scrambling down. Our climbing guides Luxmi and Raj were amazing, tirelessly roping and hauling and ensuring everyone was kept safe over the pass. It was a long descent beside the Imja Tsho (a glacial lake) to our camp at 4900m and another welcome rest day. The weather was starting to change to a pre-monsoon pattern of beautiful blue sky mornings, cloud build-up in the early afternoon and snow in the late afternoon and evening.

Finally, the time had come for a re-match with Island Peak. We left the tents at 10am and made good time to a high camp at 5500m. But just as we arrived, it began to snow quite heavily. We discussed our chances of making a summit bid the next morning - it didn't look good with the first 500m of the climb a scramble over loose rocks. Balram and the guides said they would make a decision later that night as to whether we would go or not.

At 2am I stuck my head out the tent to see a cold but clear night sky. The guides were up and getting ready so we were going! A quick breakfast and cup of tea and Paul and I were away (Elsje decided staying warm in her tent was the better option). We carefully moved up snow-covered rock for 2½ hours to the point where the ridgeline met the upper glacier. Here we swapped our walking boots and poles for mountain boots, crampons and ice axes.

We roped together and worked up steep sections of snow and around crevasses, clipping into fixed ropes left by other groups. Where the crevasses were too wide to jump across, a ladder or two had been installed to span the gap. Wobbling across these in crampons while holding loosely tied ropes was intimidating but exhilarating. Next we came to a steep wall below the summit ridge. The way was marked with 200m of fixed line attached to the wall with ice screws. This proved to be the crux of the route, front-pointing up vertical sections of mixed rock and blue ice with an ice axe in one hand and a jumar in the other. Getting the crampons to dig in and not skate off sapped our energy. Paul and I agreed that we didn't expect to find climbing so technical and energetic on a so-called 'trekking' peak.



Paul Ladder Crossing on Island Peak

Two hours of ascending the fixed lines led to the ridge and then on to the compact summit (6189m). It was fantastic to make the top and soak in the views of

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Paul & Luke on Summit of Island Peak

Nuptse, Lhotse and Ama Dablam. We spent 30 minutes on the summit for photos and a rest. The descent began with several abseils down to the glacier and a traverse across to the scary ladders. Once off the ice we had lunch and swapped mountain boots for walking boots. We were back at what remained of the high camp at 3pm, just as it began to snow heavily. Two more hours of descending then walking across the base of the mountain saw two very tired climbers arrive back at the tent. We took a welcome snooze until dinner time.

The next morning, with all objectives ticked and little uphill walking remaining, we left Island Peak in good spirits and descended to Dingboche. This town is on the main trekking route to Everest base camp and is a popular place to stay. Internet was available at the coffee shops so I could call home and have the best coffee of the whole trip at the same time.

World Expeditions have permanent campsites dotted along the Everest trek for environmental reasons and

we were able to use them on the 3½ day walk down the valley to Lukla. Along the way we visited the iconic Tengboche monastery and of course Namche Bazaar, the Zermatt of the Khumbu. There were a few anxious hours in Lukla, particularly for Elsje, as the planes weren't coming in due to cloud and she was due to fly home from Kathmandu the next day. Fortunately we managed to get out late in the afternoon. Arriving back to the craziness of Kathmandu was a shock to the system. My first shower in a month, a shave and a haircut (not to mention a few cold beers) helped me integrate with the real world again.

It was certainly an eventful trip. Both Paul and I lost about 10% of our body weight over the 27 days, but that wasn't a bad thing. It was one of the harder trips I've completed but the beauty of the land, the friendliness of the people and getting up two fantastic peaks made it all worthwhile.



SOUTH AUSTRALIAN RECREATION TRAILS INC.

South Australian Recreation Trails Incorporated (SARTI) was formed to develop walking trails in South Australia. The major project being undertaken is to construct the Lavender Federation Trail from Murray Bridge to Clare. So far we have constructed over 200 km of this trail from Murray Bridge to Webb Gap in the Tothill Range. In addition there are many loop and link trails at towns along the trail. We have funding to complete the main trail to Clare and hope to do so by the end of 2017.

SARTI needs additional volunteers to help with the development of the trail. In particular we need a secretary urgently. The existing secretary wishes to reduce his commitments but is prepared to assist the incoming secretary take up this role. Please contact me if you can help us.

Chris Bushell, president, SARTI
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A TRAVERSE THROUGH MT

Crossing to New Zealand this past summer with Chris Allen, we had a clear objective, to reach the Olivine Ice Plateau. This is one of the country's Holy Grails, a vast area of snow, ice and glaciation locked away deep in the heart of Mt Aspiring NP. Remote and difficult to access, it is a challenge requiring careful planning, proper equipment, a high level of fitness and plenty of pious supplication to the Weather Gods. But any trip like this is as much about the journey as the destination so we'd plotted a route through a succession of valleys linked by mountain passes. If somehow we survived and reached the "Plateau", it would be the icing on the cake.

With a mid afternoon start on Day 1, the idea was to ease ourselves into the trip by the 4 hour walk into the Rockburn River. A track from a popular DOC camping ground on the Routeburn crosses to Lake Sylvan and continues on to grassy flats near the confluence with the Dart River. This is a superb spot to camp right on the edge of the forest just above the stream, with a backdrop of snow capped mountains. Shame about the dreaded sandflies which are in plague proportions here. Didn't enjoy them nearly as much as they enjoyed us.

I like to set a pattern of early starts each day so most mornings we were away by 7am.... From the Flats, a marked route climbs high above the valley, traversing through the forest before crossing Sugarloaf Pass and descending to the Routeburn. What the map doesn't show is a side track about halfway along that returns back down to the river which it then follows closely all the way to Theatre Flat. None of this is a walk in the park and it turned into a real slog. It is steep, unrelenting country and it was a blessed relief when, around 6pm, we finally left the forest, crossing a bridge (the last structure we were to see for a week) to the



The Rockburn Flats

true right of the Rockburn and the "Flats". Setting up camp in a lovely little protected area close to the river, Chris made the comment that in his whole life he couldn't remember a time feeling so "knocked up". Yep, it had been tough day.

Things didn't get any easier the following day and it was to be 8.45pm before we dropped our packs for the final time. Leaving Theatre Flat a rough trail climbs a steep spur through the forest before finishing at the bushline upvalley. There is no track to Park Pass from here but the route onwards is straightforward. After losing more time than we should have crossing the right branch of the Rockburn (there's a story here that won't be told) about 2pm we were on the Pass and paused for a well earned lunch. Perhaps in retrospect we should have



The Upper Rockburn on the climb to Park Pass

camped here. It's a great spot with fabulous views over the surrounding mountains, there are tarns and plenty of grassy areas. But at this stage of the trip our objective was still the "Plateau" and this meant long days. Dropping off the Pass a marked track supposedly leads down to Hidden Falls Creek. With nothing obvious we decided to skirt the edge of the treeline until I spotted a little cairn and close by, a footpad leading into the forest. This turned out to be an unbelievably difficult descent. After about an hour I knew something was wrong. We hadn't seen any markers and the route had deteriorated with one near vertical drop following another. I eventually came to the conclusion this was probably a long disused track dating back to the 1950's and the time of the deercullers. (Found out after there IS a clearly defined track off the Pass but further to



Hidden Falls Valley

ASPIRING NATIONAL PARK

the left). Darkness always comes early in the dense confines of the forest and when the time passed 7pm and with Hidden Falls Creek seemingly still a long way off, we faced the real possibility of being stuck in here for the night. But gradually the contours began to ease and about 8.30pm we were finally on the riverbank, finding an excellent spot to camp shortly after.

I had much to ponder when crawling into my tent that night. So much so that when we awoke at our normal time of 5.30am, I told Chris to have a sleep in. The problem with his knees that was to haunt him for the rest of the trip (and beyond) had come to a head on the descent and knowing things were to become even more demanding, I felt reaching the "Plateau" might be beyond us. So I made the decision that we'd continue to the Olivine Ledge as planned then use an escape route across a saddle on the main range down into the Beansburn Valley. This meant setting off at an unheard of 8.45am this morning with the prospect of a much shorter day ahead. There is no track up Hidden Falls Creek which is rough and heavily forested with just an occasional marker or cairn. It's necessary to cross the river to the true right just as the treeline is reached and an hour long tussle with a huge boulder field then followed before finally we were free to enjoy what is without doubt one of the most beautiful valleys in New Zealand. Waterfalls fed by snow melt tumble down the mountainsides, the riverbank is like an alpine garden such is the profusion of wildflowers, the tussock grasslands are relatively easy to negotiate and the country rises gently on the climb to Cow Saddle. With the continued fantastic weather in this summer to end all summers, any disappointment about our change of plans was soon forgotten. Around 4pm we caught our first sight of Fiery Peak on the skyline and the little



Cow Saddle



Chris, climbing above Cow Saddle

snowy Col beneath it which had to be tackled the next day. The broad expanse of Cow Saddle seemed the perfect place to camp and a tarn with grassy flats was easily found. Some of my most enduring memories of the trip will be the great campsites we had each evening. This was no exception.

An early start was essential next morning and we set off a good 2 hours before the sun appeared over the mountains. Climbing above the saddle, a deeply incised creek had to be crossed before following up the true right, we found a cairn which marked the beginning

of a rough route through bluffs to the base of the Col. There was still plenty of snow about and having lugged crampons it seemed silly not to use them. Definitely one of the pivotal moments of the trip was the joy at reaching the summit. But the day's work was far from over. The descent off the Col down to Fiery Creek is steep and the climb from there up onto the Olivine Ledge equally as demanding. The "Ledge" is a broad grassy bench at around the 1100-1200 metre contour that runs roughly North South. Nestling at the base of the ranges and well above the Olivine River, in foul conditions it would be terribly exposed and a difficult place to be but in brilliant weather it is stunningly beautiful, the mostly flat grasslands relatively easy to traverse. About 7pm, having just crossed a particularly deep, almost canyon like creek we stopped for the night. This was the first of two wonderful campsites on the "Ledge".

With the imperative of reaching the "Plateau" now gone we decided next morning to have something of a rest day. Continuing north along the "Ledge" for an hour or two, we then chose a spot to camp between two creeks that tumble down from twin lakes high in the mountains above. The value of having a whole afternoon to bathe, wash and dry clothes, to relax and wander at leisure can not be overestimated. It always feels like starting the trip afresh.

Peering out of my tent at 3am and discovering the previous starlit sky had disappeared, I wondered if our luck with the weather was finally over. I needn't have worried. Leaving the "Ledge" early in the morning and climbing up into the mountains, the low cloud gradually began to disperse and by the time we reached the Saddle, the familiar blue skies and sunshine had returned. Standing atop here with views to die for was



Alan on the Col... "wind beneath my wings"



First of two wonderful campsites on the Olivine Ledge



From the Olivine Ledge, looking towards Four Brothers Pass





Chris climbing onto the Saddle above the Beansburn Valley

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another special moment. I'd love to be able to say we "nailed" the steep descent down to the Beansburn but "stuffed it up" is probably closer to the truth. Enough said. A well earned late lunch on the river then an hour or so tramping downstream bought us to Split Rock Bivvy. Hidden inside an avalanche of huge boulders are several dry chambers that have been used as a refuge by trampers for decades. But with our perfect weather they just appeared dark and gloomy caverns so we decided to pitch camp outside the entrance just above the river. Had a campfire for the first time on the trip which set the mood for a relaxed evening ahead of the following day which I rightly guessed would be difficult.

The trip down the Beansburn is a real old fashioned slog. It is heavily forested all the way, the riverbanks steep and nasty. A dozen or more deeply incised creeks slow progress as each has to be crossed with care. Gloomy skies followed us all day so we pushed on unrelentingly, fearing that if the weather did break and the streams rose suddenly, we would become trapped, unable to go forward or retreat. I'd really hoped to reach the Dart River by nightfall but dropping onto the Beansburn Flats around 7pm we decided enough was enough. A wise decision. Putting up our tents, the wind suddenly rose and it began to rain. But it didn't last long and we awoke yet again, to a lovely morning. Another couple of hours struggling with the forest finally ended at a bridge across the Beansburn high above a gorge. Thereafter a well



The Upper Beansburn



The Lower Beansburn, from the Flats

benched track leads back down to the river near the confluence with the Dart. A combination of bushbashing and wading the riverbank before picking up a track through the forest bought us to the Dart. Around 2pm, after fording the Rockburn, we were back at the Flats and our campsite from Day 1.

Time for a long lunch and a "pow wow". Chris decided to call it a day here (his knees had taken a hammering down the Beansburn) and walk out next morning whilst I would continue on for another 3-4 hours. By reaching the DOC camping ground on the Routeburn that night, I could get a crack of dawn start and hopefully arrive back in Queenstown before lunch. It turned out to be a wise decision. There wasn't a bed to be had in town at any price and I was lucky to get one of the last sites in the campground. Chris was out by noon, then he hitched a ride into Glenorchy before catching the afternoon bus to Queenstown. Anticipating his arrival, I was there to meet him at the depot. Long, well deserved showers followed, then dinner and pints of porter at Speights Ale House.



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TRAIL DEVELOPMENT

Colin Edwards

Trail Development Coordinator

In my last Trailwalker article in February I started off with the comment “it has been a long hot summer”. This time I am able to say it has been a “long wet winter” and I wish it was hot. We are never satisfied, but I am able to say that the weather while making trail work more difficult we have been fortunate not to have lost too much time.

The trail re-marking has been completed from Waitpinga car park through to the junction of Tugwell Road and my thanks to the team led by Julian. We are hopeful of reaching back to the Cape this year.

The sand ladder from the Waitpinga upper car park to the lower car park is a separate issue and in need of a major overhaul requiring a large input of volunteer hours. Also we have had to re-mark the access from the beach to the lower end of the sand ladder due to heavy storm damage causing closure of the stairs and platform to the lower car park. Information has been posted on our website.

The annual hut survey has been completed and all huts now have fire extinguishers, smoke alarms and No Smoking signs installed to comply with current NPWS safety standards. The combination lock has been replaced at the Mount Bryan hut (code number is printed in the southern Guide book) to limit the number of non walkers using the facility. For those not familiar with these locks, they do not spring open automatically and it requires a quick push in and pull back to release the bolt.

While most huts have been kept neat and tidy we did have to remove some rubbish and found that not all walkers are using the Log Book. The Log Book is a valuable source of information for the hut and trail maintainers and is a useful means of passing on any comments good or bad.

A new toilet has been installed at Curnows hut and re-marking of the burnt out trail on the original route has been completed – the hut and the trail through the Bundaleer forest is open for business as marked in the current maps – all reroutes have now been removed.

Plans under discussion at the moment include:

- looking at camp benches,
- trail re-marking and
- consideration of new huts, especially the replacement of the Freemans hut.

This will involve a large amount of shed work in the future which we have had to limit in recent weeks.

Access to the shed is difficult at this time due to Parks redeveloping the Cobbler Creek trails, car park, picnic area and access roads in and around the shed. We hope that work will be completed fairly soon so that we can start planning regular work days at the shed.



The new toilet at Red Range campsite



The new toilet at Curnows Hut

Bushwalkers/Wandergruppe Camp Mt. Gambier

10.4.2016 to 15.4.2016

After arriving around 3pm in Mt. Gambier we still had time for a planned meeting at 5pm in the Camp-Kitchen where all Bushwalkers were present. Our Group leader Christel Kranich welcomed everyone and thanked our Camp Master Fred DeCeukelaire and our Trail Master Hermann Schmidt for their work. She then asked them to make a brief speech on the following day's activities and the meeting closed at 6.30pm. On the first day the A-Group walked to Crater Lakes and the Blue Lake under Arnulf's guidance and the B-Group went with Dietmar around the Blue Lake. My wife and I investigated the Scenic Tour which was planned for Wednesday. We had a few areas of interest picked out but after driving around for 3 hours we came to the conclusion to only go to Mt. Schank and "Dingley Dell Cottage". The historic Dingley Dell Cottage is one of South-Australia's premier tourist attractions, famous as being the former home of Adam Lindse Gordon (1833-77).

The walking trail to the top of Mt. Schank has had an overhaul and has received over 1000 Limestone steps, which has made it much easier to climb, even for our slowest group. On the third walking day the A-Group took on the demanding loop walk at Lake Mombeong. We had to travel to Nelson and then another 17km east to the Lake. The loop included a 7km beach walk and the trail along the Lake was easy to moderate. We were a group of 15 walkers and after 4 hours we arrived back at the carpark safely but very exhausted.

Christel and Manfred took the B-Group to Telford Scrub Conservation Park. On the last day the whole group travelled to Glenelg River and walked in the opposite direction of the trail. The Glenelg River is a central feature of the Lower Glenelg National Park. During the last part of the winding 400km path to the sea, the river had carved a spectacular gorge up to 50 metres deep through limestone. River erosion and the action of rainwater had created a remarkable cave.

H & H Schmidt



The Bushwalkers/Wandergruppe of the S.A. German Assoc. on the way to Mt. Schank.



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Trail Maintenance

The Friends of the Heysen are a volunteer organisation dedicated to the promotion and maintenance of the Heysen Trail. The organisation depends on members and where appropriate non-members for information and comments on the condition, location and safety of the trail for all walkers. All comments are welcome, both good and bad, collated and forwarded to the appropriate Section Leader for action. Details on the location referred to would be appreciated.

Trail Development Coordinator

Colin Edwards 8264 1492 (H)

Trail Infrastructure

Peter Simons 0415 493 077

Section	Map and GR	Section Leader	Contact
1. Cape Jervis to Tapanappa	Southern Guidebook, Maps 1.1-1.3 Cape to GR 518 530	Albert Schmidke	8381 8861 (H)
2A. Tapanappa to Waitpinga Campground	Southern Guidebook, Maps 1.3-1.5 GR 518 530 to 735 544	Roger Dunn	8260 2146 (H)
2B. Waitpinga Campground to Back Valley Rd	Southern Guidebook, Maps 1.5-2.2 GR 735 544 to 761 649	John Quinn	8294 3115 (H)
3. Back Valley Road to Moon Hill	Southern Guidebook, Maps 2.2-2.3 GR 761 649 to 682 726	Wandergruppe Bushwalkers, Hermann Schmidt	8344 4072 (H)
4. Moon Hill to Hindmarsh Tiers Road	Southern Guidebook, Maps 2.3-2.5 GR 682 726 to 737 803	Wandergruppe Bushwalkers, Hermann Schmidt	8344 4072 (H)
5. Hindmarsh Tiers Road to Blackfellows Creek Road	Southern Guidebook, Maps 2.5-2.7 GR 737 803 to 889 908	John Babister	0409 616 270
6. Blackfellows Creek Road to Glen Bold	Southern Guidebook, Maps 2.7-3.2 GR 889 908 to 962 161	Richard Webb	8381 5308 (H)
7. Glen Bold to Piccadilly	Southern Guidebook, Maps 3.2-3.4 GR 962 161 to 924 264	Graham Loveday	8331 7595 (H)
8. Piccadilly to Norton Summit	Southern Guidebook, Maps 3.4-3.4 GR 924 264 to 922 332	WEA Ramblers Liz O'Shea	8352 1636 (H)
9. Norton Summit to Cudlee Creek	Southern Guidebook, Maps 3.5-3.7 GR 922 332 to 013 424	Jerry Foster	8356 3616 (H)
10. Cudlee Creek to Bethany	Southern Guidebook, Maps 3.7-4.4 GR 013 424 to 148 759	John Potter	0418 835 321
11. Bethany to Hamilton	Southern Guidebook, Maps 4.4-5.2 GR 148 759 to 045 102	Michael Wienel	0424 739 037
12. Hamilton to Huppatz Hut	Southern Guidebook, Maps 5.2-5.9 GR 045 102 to 086 509	Dom Henschke	0422 430 330
13. Huppatz Hut to Spalding	Southern Guidebook, Maps 5.9-6.12 GR 086 509 to 785 903	Burra Branch Hugh Greenhill	8843 8115 (H)
14. Spalding to Georgetown	Northern Guidebook, Maps 1.1-1.6 GR 785 903 to 574 058	Kevin Liddiard	8289 4236 (H)
15. Georgetown to Mt Remarkable	Northern Guidebook, Maps 1.6-2.11 GR 574 058 to 345 667	A.R.P.A. Don McDonald Ron Capel	0428 566 745 8251 7717 (H)
16. Mt Remarkable to Horrocks Pass Rd	Northern Guidebook, Maps 2.11-3.4 GR 345 667 to 250 828	Julie Starkey Gary Wright	8667 5077 (H) 8667 5077 (H)
17A. Horrocks Pass Rd to Dutchmans Stern	Northern Guidebook, Maps 3.4-4.2 GR 250 828 to 807 227	Michael Kerin Neil Finlay	0455 989 144 0427 327 370
17B. Dutchmans Stern to Wilpena Pound	Northern Guidebook, Maps 4.2-5.8 GR 807 227 to 723 094	Simon Cameron	0401 623 436
18. Wilpena Pound to Parachilna Gorge	Northern Guidebook, Maps 5.8-6.8 GR 723 094 to 645 528	Alpana Station Operation Flinders Gavin Campbell	8648 4626 8242 3233 8296 8613 (H)



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