

Friends Walk Season Programme 2022

	1ST WEEK	2ND WEEK	3RD WEEK	4TH WEEK	5TH WEEK
APR	SUN 3 Hiking Expo Walking SA Belair NP	SAT 9 Sea to Summit - Hike for Happy Day Live in the Now Foundation	FRI 15 - SUN 17 Easter	THU 21 TW Onkaparinga Gorge Melanie Sjoberg	SAT 30 TW Yurrebilla Trail 2 Judy McAdam
		SAT 9 TW Yurrebilla Trail 1 Judy McAdam		SUN 24 TW Willunga Basin Trail Cathy Bowditch	
		SAT 9 - SUN 10 Walk the Yorke Peter Clark			
MAY	SUN 1 TW Tapanappa - Balquhider Mark Curtis	SUN 8 TW Adelaide 100 Seacliff to West Beach Paul Frost	SAT 14 TW Balquhider - Waitpinga Mark Curtis	THU 19 TS Onkaparinga Judith Ellis	SAT 28 TS Cleland - Tuscany Loop Paul Gill
		SUN 8 TW Willunga Basin Trail Cathy Bowditch	SAT 14 - SUN 15 TW Lavender Trail Smith Rd - Stock Route Rd Greg Boundy	SAT 21 TW Yurrebilla Trail 3 Judy McAdam	SAT 28 TW Montacute Peter Deacon
				SUN 22 TS Kuitpo Judith Ellis	SUN 29 TS Mylor - Aldgate Rosemary Hayward
				SUN 22 TW Willunga Basin Trail Cathy Bowditch	SUN 29 TW Adelaide 100 Seacliff to Belair Paul Frost
				SAT 21 - SUN 22 Walk the Yorke Peter Clark	SUN 29 TW Stirling - Lofty Return Bill van Riet
JUN	SUN 5 TW Black Hill Mike Joyce	WED 8 TW Montacute Heights Peter Deacon	THU 16 TS Cleland Judith Ellis	THU 23 TW Brownhill Creek - Belair Loop Daniel Jardine	WED 29 TW O'Halloran Hill Peter Deacon
		SAT 11 - SUN 12 TW Lavender Trail Stock Route Rd - Manoora Greg Boundy	SAT 18 TW Inman Valley - Myponga Mark Fletcher	SAT 25 TS Cleland - Crafers Loop Paul Gill	
			SUN 19 TS Onkaparinga Judith Ellis	SAT 25 TW Pioneer Woman's Trail Julie Testi	
			SUN 19 TW Sturt River Walk Bill van Riet	SUN 26 TW Adelaide 100 Belair - Stirling Paul Frost	
				SUN 26 TW Willunga Basin Trail Cathy Bowditch	
				SUN 26 TS Bridgewater - Mylor Rosemary Hayward	
			SAT 25 - SUN 26 Walk the Yorke Peter Clark		

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JUL	SAT 2 TW Glen Osmond - Mt Lofty Loop Paul Gill	SUN 10 TW Beaumont - Mt Lofty Mike Joyce	SAT 16 TW Mt Crawford/ Warren CP Peter Deacon	THU 21 TW Parra Wirra Judith Elliss	SUN 31 TW South Para Peter Deacon
	SAT 2 TW Mount Crawford Peter Deacon	SUN 10 TW Willunga Basin Trail Cathy Bowditch	SUN 17 TW Hahndorf Bill van Riet	SUN 24 TW Sea to Summit Paul Frost	
		SAT 9 - SUN 10 TW Lavender Trail Manoora - Watervale Greg Boundy		SUN 24 TW Willunga Basin Trail Cathy Bowditch	SUN 24 TS Warren Tower Rosemary Hayward
AUG	FRI 5 TS Mylor - Aldgate Loop Paul Gill	SUN 14 TS Waitpinga Judith Elliss	THU 18 TW Morialta Judith Elliss	SUN 28 TW Adelaide 100 City - Norton Summit Paul Frost	
	SAT 6 TW Mt Crawford Peter Deacon	SAT 13 - SUN 14 TW Lavender Trail Watervale - Clare Greg Boundy		SUN 28 TW Mount Lofty Gardens Bill van Riet	
				SUN 28 TS Scott Creek CP Rosemary Hayward	
SEP	SAT 3 TW Morialta - Mt Lofty Loop Paul Gill	SUN 11	SUN 18 TS Kersbrook Rosemary Hayward	SUN 25 TS Lobethal Bushland Park Mary Cartland	
				SUN 25 TW Parra Wirra Bill van Riet	
				SAT 24- SUN 25 Walk the Yorke Peter Clark	
OCT	SUN 2	SUN 9	SUN 16 TW Sturt Gorge Paul Gill	SAT 22- SUN 23 Walk the Yorke Peter Clark	MON 24 - FRI 28 Wild South Coast Way 5 Days on the Heysen Melanie and Daniel
					SUN 30 TW Morialta Black Hill John Babister

● TRAILWALKER WALKS
 ● TRAILSTARTER WALKS
 ● SPECIAL EVENTS
 ● LAVENDER TRAIL
 ● WALK THE YORKE

Friends of the Heysen Trail

Check the online Walk Programme for the latest updates and to register
heysentrail.asn.au/walks

Walking with the Friends

Check the online walk calendar for the latest updates to the programme. For details about each walk, the hot weather policy, what to wear and what to bring, and details of walk grades, visit heysentrail.asn.au/walks

Walk Cancellations

If you need to withdraw from a booked walk, please notify the leader or the office as soon as possible. The easiest way is to log into your account and withdraw from the walk. TrailStarter, TrailWalker and TrailRambler walks will be cancelled if the forecast temperature for Adelaide is equal or higher than 32°C.