

Friends Season Walk Program 2023

	1ST WEEK	2ND WEEK	3RD WEEK	4TH WEEK	5TH WEEK
APR	SAT 1 APR Crafers Sunset/Night Walk Bill Van Riet	EASTER	WED 13 APR Onkaparinga 3 Rivers Melanie Sjoberg & Daniel Jardine	WED 23 APR Head 4 The Hills - 3 Bill Van Riet	SUN 30 APR Warren Tower Rosemary Hayward
	SUN 2 APR Walk Season Opening Walking SA		SUN 16 APR Willunga Basin Trail Cathy Bowditch		SUN 30 APR Kuitpo Forest Judy McAdam
MAY	SUN 7 MAY Second Valley Judy McAdam	TUES 9 MAY Waite John Babister	SAT 20 MAY Montacute Peter Deacon	TUES 23 MAY Morialta CP Peter Deacon	N/A
	SUN 7 MAY Belair National Park Michael Joyce	SUN 14 MAY Kersbrook Rosemary Hayward		SAT 25 MAY Belair John Babister	
		SUN 14 MAY Belair Valley Bill Van Riet		SUN 21 MAY Glenthorne CP Judith Ellis	
SUN 14 MAY Willunga Basin Trail Cathy Bowditch	SUN 28 MAY Cleland Meander Michael Joyce				
JUN	SUN 3 JUN Black Hill CP Peter Deacon	SUN 6 JUN Skye John Babister	THURS 15 JUN Onkaparinga CP Judith Ellis	WED 22 JUN Morialta John Babister	N/A
	SUN 4 JUN Belair National Park Rosemary Hayward	SUN 11 JUN Aldgate Valley Loop Bill Van Riet	SUN 18 JUN Blackwood Reserve Judith Ellis	SUN 25 JUN Hardy's Scrub Noeleen Smith	
	SUN 4 JUN Ashbourne 3 Parks Panorama Dean Mortimer	SUN 11 JUN Willunga Basin Trail Cathy Bowditch	SUN 18 JUN Mt Crawford Peter Deacon	SUN 25 JUN Scott Creek CP Peter Clark	
JUL	SAT 1 JUL Myponga Loop Heather Jensen	TUES 4 JUL Sir Mark Oliphant CP John Babister	THURS 13 JUL Cleland Judith Ellis	THURS 20 JUL Cleland John Babister	SUN 30 JUL Bridgewater/Mt Lofty Gardens Bill Van Riet
	SUN 2 JUL Echunga Rosemary Hayward	SUN 9 JUL Willunga Basin Trail Cathy Bowditch	SUN 16 JUL Kuitpo Judith Ellis	SUN 23 JUL Mt Crawford/Warren CP Peter Deacon	
	SUN 2 JUL Black Hill and Morialta Loop Michael Joyce		SUN 16 JUL Sturt Gorge Noeleen Smith		
AUG	SUN 6 AUG Waitpinga Judith Ellis	TUES 8 AUG Summertown John Babister	SAT 19 AUG South Para Peter Deacon	THURS 24 AUG Black Hill John Babister	N/A
	SUN 6 AUG Crafers - Brownhill Creek Peter Clark	SUN 13 AUG Mt Pleasant Summit Rosemary Hayward		SUN 20 AUG Crafers/Mt Lofty Gardens/Stirling Bill Van Riet	
		SUN 13 AUG Willunga Basin Trail Cathy Bowditch		SUN 13 AUG Beaumont/Lofty/Cleland Michael Joyce	

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SEP	<p>SUN 3 SEP Black Hill Michael Joyce</p>	<p>TUES 5 SEP Measday John Babister</p> <hr/> <p>SUN 10 SEP Sturt River Gorge Bill Van Riet</p> <hr/> <p>SUN 10 SEP Willunga Basin Trail Cathy Bowditch</p>	<p>SUN 17 SEP Mt Crawford/Warren CP Peter Deacon</p>	<p>THURS 21 SEP Horsnell Gully John Babister</p> <hr/> <p>SUN 24 SEP Lobethal Bushland Park Dean Mortimer & Mary Cartland</p> <hr/> <p>SUN 25 SEP Belair Judy McAdam</p> <hr/> <p>SUN 24 SEP Summit to Sea Paul Frost</p>	N/A
OCT	<p>SUN 1 OCT Mt Pleasant John Babister</p>	TBA	<p>SUN 15 OCT Scott Creek Noeleen Smith</p>	<p>SUN 22 - FRI 27 OCT Wild South Coast Way Melanie Sjobert & Danile Jardine</p>	<p>SUN 29 OCT Morialta/Black Hill John Babister</p>

● TRAIL WALKER
 ● TRAIL STARTER
 ● SPECIAL EVENTS
 ● WILLUNGA BASIN TRAIL

Version released 28th February 2023

Check the online Walk Program for the latest updates and to register - heysentrail.asn.au/walks

Walking with the Friends

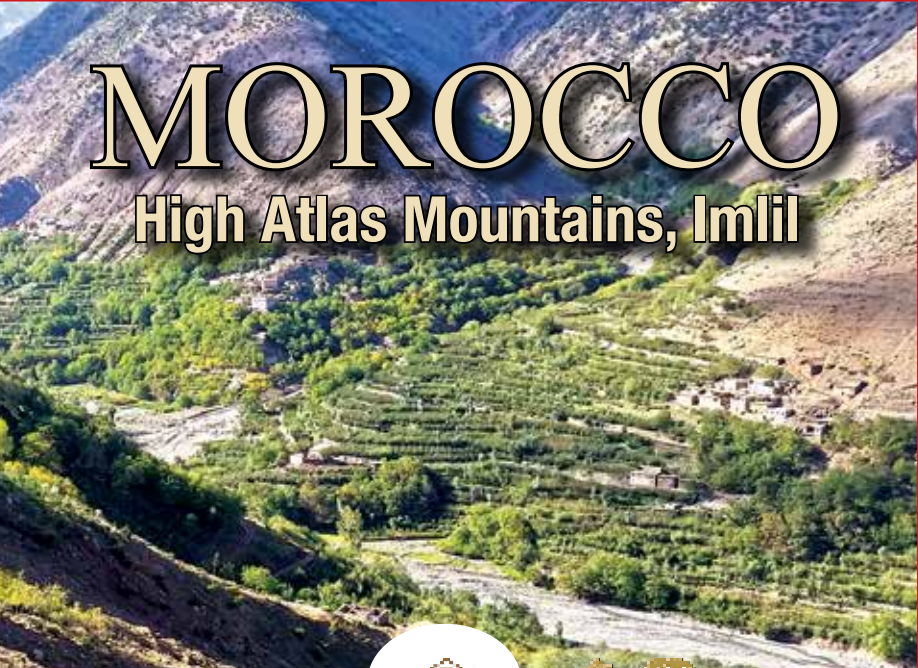
Check the online walk calendar for the latest updates to the program. For details about each walk, the hot weather policy, what to wear and what to bring, and details of walk grades, visit heysentrail.asn.au/walks

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- Skiing trips; to the nearby ski resort of Oukaimeden



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