

FREE

TR↑ILWALKER

2025 HEYSEN WALKS

THE AUSTRALIAN TRIPLE CROWN

2025 END-TO-END 19 BOOKINGS NOW OPEN

EVOLUTION OF THE HEYSEN TRAIL 2004 - 2024

THE FRIENDS' WALK PROGRAMME CALENDARS INSIDE





The Mistral Gore-Tex Walking Boot

The perfect boot for the Heysen Trail.

Lightweight, Waterproof with a Vibram Sole for extra Grip

Available in Men's and Women's Models

Scarpa Quality and Design



Paddy Fallin

228 Rundle St. Adelaide

Ph: (08) 8232 3155

15% off for Friends of the Heysen Trail Members



PUBLISHED BY THE FRIENDS OF THE HEYSEN TRAIL AND OTHER WALKING TRAILS

W heysentrail.asn.au
f facebook.com/HeysenTrail
Y youtube.com/HeysenTrail
P pinterest.com/HeysenTrail
@ [@heysentrailfriends](https://instagram.com/heysentrailfriends)

CITY OFFICE

Suite 203, Epworth Building
33 Pirie St, Adelaide SA 5000

Open Mon – Fri
10:30am – 2:30pm

T (08) 8212 6299
E heysentrail@heysentrail.asn.au

MEMBERSHIP INFORMATION

SINGLE \$29.50/year

FAMILY \$49.50/year

Membership is valid for
12 months from the date
of payment.

TRAILWALKER

EDITOR/SUB EDITOR

Tammy Main/Barbara Sedgley



Cover: Title. Section 54 (Jarvis Hill to Leigh Creek Rd) Photo by Dianne Ford.

Trailwalker welcomes photo submissions suitable for the magazine cover. Please email your high-resolution images to trailwalker@heysentrail.asn.au

WHO ARE THE FRIENDS?

The Friends of the Heysen Trail is a voluntary organisation established in 1986, dedicated to the maintenance, development, and promotion of the Heysen Trail and other walking trails in South Australia.

The Heysen Trail is a long-distance walking trail in South Australia, running from Parachilna Gorge in the Flinders Ranges via the Adelaide Hills to Cape Jervis on the Fleurieu Peninsula, spanning approximately 1,200 kilometres in length.

The Department for Environment & Water (DEW) is the authorised manager of the Heysen Trail on behalf of the SA Government. The Friends volunteers undertake operational maintenance, development and promotion of the Trail in partnership with DEW.

Members of The Friends can actively contribute to the development and maintenance of the Heysen Trail, participate in leadership roles in the regular walking program (catering to beginners and experienced walkers), provide a valuable information source for hikers and help promote the volunteer organisation and the benefits of walking.

New members are always welcome.

COUNCIL MEMBERS 2024

PRESIDENT
Neil Hendry

VICE PRESIDENT
Melanie Sjoberg

SECRETARY
Vicki Stewart

TREASURER
Rudy Pieck

COUNCIL MEMBERS
John Babister
Paul Bond
Margaret Fletcher
Mark Fletcher
Judy McAdam
Ross McDougall
Kathy Wright

SUB-COMMITTEES OF COUNCIL

HONORARY MEMBERS
Julian Monfries

RECONCILIATION
Chair Vacant

STANDING COMMITTEE CHAIRS

FINANCE & AUDIT
Basia Samcewicz
(temporary appointment)

OFFICE & ADMINISTRATION
Julian Monfries

PROMOTION: MEMBERSHIP & MARKETING
Nick Gray

TRAIL DEVELOPMENT
Paul Bond

WALKING
Mark Fletcher

MEMBERSHIP SECRETARY
Judy McAdam

FOUNDING PATRON
C Warren Bonython AO*

END-TO-END WALK COORDINATORS

E2E14 Mark Fletcher
E2E15 Mark Curtis
E2E16 Kathy Wright
E2E17 Paul Frost
E2E18 Paul Delaine
E2E19 Kristyn Willson

TRAIL DEVELOPMENT SECTION LEADERS

S1 Glenn Chambers
S2A Jon Westover
S2B John Newland
S3 Hermann Schmidt
(Wandergruppe Bushwalkers)
S4 Robert Smedley
S5 John Babister
S6 Robert Ruediger, Ken Smith
S7 Carl Greenstreet
S8 Chris Finn
S9 Vacant
S10 Peter Deacon
S11&12 Dom Henschke
S13 Hugh Greenhill
S14-18 Daniel Jardine
Coordinator*
S17B Simon Cameron
*assisted by Retired Active SA Bushwalkers

KEY DATES

April

5th - Introduction for Prospective Day Walk Leaders

6th - Walking SA Annual Walk Expo (Belair NP)

16th - 2025 Friends AGM

May

21st - The Friends Council Meeting

June

18th - The Friends Council Meeting

July

16th - The Friends Council Meeting



Photo: Kevin Moss
Deep Creek Conservation Park, Wild South Coast Way

25

- 03**
ABOUT THE FRIENDS
Key Dates
- 05**
PRESIDENT'S REPORT
- 06**
FRIENDS NEWS
Keep up-to-date with what's happening on the Trail.
- 07**
TRAILTHINKER QUIZ
- 08**
TRAIL CLOSURES
- 09**
BIOSECURITY ON TRAIL
Daniel Jardine

- 11**
END-TO-END 19
The Friends newest end-to-end guided group
- 12**
END-TO-END SEASON PROGRAMME
2025 Calendar
- 14**
SEASON WALK PROGRAMME
Trail Starter, Trail Walker & other guided trails calendar
- 16**
EVOLUTION OF THE HEYSEN TRAIL 2004 - 2024
Richard Savage
- 20**
ODE TO E2E13
Rob Stevens
- 21**
VOLUNTEER PROFILE
Barbara Sedgley

- 22**
IT'S A JOURNEY, NOT A DESTINATION
Kathy Wright
- 25**
THE AUSTRALIAN TRIPLE CROWN
Tammy Main
- 29**
HINTS FOR INDEPENDENT HIKERS
- 30**
FAVOURITE SHORT WALK
Largs Jetty to West Beach Surf Club

EDITORIAL

Articles, reports and other submissions by members and interested parties are welcome. Article guidelines are available upon request. Contact the *Trailwalker* Editor at trailwalker@heysentrail.asn.au

Deadline for the next issue (August 2025):

16 JUNE 2025

The *Trailwalker* magazine is available by subscription or online at heysentrail.asn.au/trailwalker and is published and distributed tri-annually:

- April
- August
- December

The *Trailwalker* magazine has a minimum of 1500 copies printed for each edition. The estimated readership is in excess of 2500.

Contributors are urged to contact the Editor to discuss their article prior to submission. The submission deadline is approximately 7 weeks prior to the month of publication.

Views expressed in contributed articles are those of the authors, and not necessarily those of the Friends of the Heysen Trail.

ADVERTISING RATES (EX. GST)

- 1/8 PAGE** \$180 per 3 issues
- 1/4 PAGE** \$270 per 3 issues
- 1/3 PAGE** \$315 per 3 issues
- 1/2 PAGE** \$450 per 3 issues
- FULL PAGE** \$660 per 3 issues
- FLYER** (supplied for insertion) \$265 per issue

Advertising specifications are available from the Advertising Officer at: trailwalker.media@heysentrail.asn.au

Get Ready, Get Set...

NEIL HENDRY



It's the time of year again when it's in the air, just around the corner, and you can smell it on the first autumn rains. Of course, I'm talking about the arrival of the walking season. Time to check out your boots, refresh your first-aid kits, and buy those new socks. And don't forget all the sun-safe stuff ... best to start off on the right foot!

Another year means another End-to-End group starting off. This year will make number 19 northbound. A big thankyou to the new team preparing to get this underway. The dedication of this and the other E2E volunteer leaders is remarkable and truly appreciated. I had recent talks with senior officers in the Bibbulmun Foundation who described the walking program that we offer, all volunteer organised and run, as "amazing". And it really is.

Meanwhile, our main role in developing, maintaining and promoting the Trail has never been more important. The long-awaited review of Governance has been completed and Council has begun the job, with DEW and our other partners (ForestrySA and SAWater), of working through the recommendations to get the best possible outcomes for the future management of the Heysen Trail. The review was full of praise

for what is already in place and recommends improving the current model as the best of several options. The task of looking after the Trail however, is never simple and this will be just one of several bigger tasks to tackle this year.

The recent bushfires in the lower Flinders Ranges and the subsequent closure of the Trail between Melrose and Wilmington are another challenge we are working on together. I'm sure we will work something out.

Then there is the southern Heysen Trailhead. Current redevelopment of the ferry terminal at Cape Jervis offers an opportunity to consider rejuvenation of the southern end. This follows on from our success with the northern trailhead rejuvenation project (I hope you've had a chance to see that or add it to your next northern travel plans). Accordingly, The Friends is collaborating with the Cape Jervis Progress Association about possible design options connecting the precinct. Watch that space.

Around these bigger tasks our tireless section teams, the office, promotion & membership, trail development, walk leaders and the rest of the 100's of active volunteers keep the whole thing striding along. We are always on the lookout for more help and a big thank

you to everyone already giving their time.

Good luck to all the Heyen Trail walkers in 2025, and I hope to meet some of you on the Trail.

Neil Hendry
President

*"Leave the road. Take the trails."
Pythagoras 45*

Welcome New Members

The President and the Council would like to extend a warm welcome to the 56 members who have joined the Friends since the December edition of Trailwalker.

*Members and supporters are the life-blood of the Friends, so being a member helps to safeguard this precious community resource for future generations.
Thank you!*



The Heysen Trail "Wild South Coast Way" section at the Cape Jervis Trailhead now features Ngarrindjeri/Ramindjeri story giving walkers an opportunity to pause and reflect on the people who walked this country for tens of thousands of years.



The Friends of the Heysen Trail acknowledge and respect the Traditional Custodians of the ancestral lands we traverse along the Heysen Trail, embracing the Ngarrindjeri, Kurna, Peramangk, Ngadjuri, Nukunu and Adnyamathanha peoples.

Notice of AGM 2025

The 38th Annual General Meeting of the Friends of the Heysen Trail will be held at 6.30pm on Wednesday, 16 April 2025 at the Torrens Rowing Club Functions Centre, Victoria Drive, Adelaide.

Members are invited to attend the AGM. Please note that the deadline for nominations for the positions of President, Vice-President, Treasurer and Ordinary Council Members is the 9 April, 2025.

Members must register to attend the AGM via our website:

heysentrail.asn.au/event/annual-general-meeting-2025/

AGENDA

1. Apologies
2. Acceptance of the Minutes of Annual General Meeting held on 17 April 2024
3. President's Report
4. Treasurer's Report
5. Election of Returning Officer
6. Election of Councillors
 - President
 - Vice-President
 - Treasurer
 - Council Members
7. Appointment of Auditor
8. Report from Honorary Members Committee
9. Other Business
10. Close of Meeting

Note: Any member wishing to move a motion at the AGM should be aware of the Constitutional requirements as follows: "Notice of any motion proposed to be moved at a General Meeting by any member not being a member of the Council shall be signed by the proposer and seconder and shall be delivered to the Secretary at least seven days before the meeting. No motion moved by any member other than a member of the Council shall be entertained by the meeting unless notice thereof has been given as aforesaid."

Attention Landholders

Heysen Trail Landholder Agreements Notice

The Department for Environment & Water (DEW) has advised The Friends that the Landholder Licence Agreements (5-year) will need renewal before December 2025. The DEW Leasing Team has started work on mapping and updating information needed to issue new Agreements.

Previously, Licence Agreements were issued through standard mail. If you would like to receive the new Agreement via email please send your details to DEW Officer Carla Montgomerie. Carla is also happy to answer any questions or issues about the process. Email: Carla.Montgomerie@sa.gov.au.

Reminder that the DEW State Trails Officer, Jarrah Bailey is available if you need to discuss Heysen Trail management issues (other than general maintenance that The Friends volunteers carry out). Email: Jarrah.Bailey@sa.gov.au or Mobile 0448 363 263



Trailthinker Quiz

1. Which building is the official start of the Pioneer Women's Trail?
2. Where did the pilot section for the Heysen Trail start & finish?
3. How many of the Friends' 'section walks' pass through forest plantations?
4. What is the name of the first prison in SA built outside of Adelaide in 1856?
5. Who won the last AFL Showdown match?
6. Who was the SA Premier the year the Heysen Trail was officially opened?
7. On the AUD \$50 note there is a church illustrated. In which SA town would you find that church?
8. Which SA trail runs through the towns of Sellicks, Moana and Kangarilla?
9. Where is the Heysen Biennial Sculpture Exhibition held?
10. Which National Park in South Australia was recently closed due to a bushfire?

ANSWERS PAGE 19

Heysen Trail Closures for Feral Animal Control

Advance Notice for 2025

The Friends is pleased that we have received early notice of closures for the 2025 season following consultation with Parks, Landscape Boards and Feral Animal Control Project staff about communication challenges in 2024.

DEEP CREEK & FLEURIEU PENINSULA PARKS

Sunday 18 to Friday 23 May:

parks.sa.gov.au/know-before-you-go/closures-and-alerts/various-parks-fleurieu-peninsula-including-deep-creek-national-park

The following will be closed:

- Deep Creek National Park
- Talisker Conservation Park
- Ballaparudda Creek Recreation Park
- Eric Bonython Conservation Park
- Waitpinga Conservation Park
- Wild South Coast Way on the Heysen Trail (except Newland Head Conservation Park and Natunyuru Ngawanthi/Sand Dunes Campground)

NORTHERN ADELAIDE HILLS (including ForestrySA & private land)

Monday 2 June to Friday 6 June:

Shooting over Pewsey Vale zone and Mt Gawler/Old Kersbrook/Para Wirra/South Para. Rossiter's Hut Heysen Trail (Pewsey) will need to be closed for public access. Trail at Pewsey Vale / Kaiserstuhl will have closure signage.

Tuesday 10 June to Friday 13 June:

Shooting over eastern side of Mt Crawford – campsites to consider: Chalks, Rocky Paddock, Cromer Shed, Fromm's Farm, Old Schoolhouse, Ponderosa, Old Schoolhouse, Centennial Drive and Scott's Heysen Trail hut. Closure signage will be erected at all public land gates in this area, including at points along the Heysen Trail.

Campsite and event bookings will be blocked for those dates. Any bookings already in place will be managed through communication with option to change dates or cancel and get refund. (at time of preparing the Trailwalker details are not yet listed on ForestrySA website).

MID-NORTH RANGELANDS

Sunday 18 to Friday 23 May:

The following reserves will be closed during an aerial feral animal control program:

- Caroona Creek Conservation Park (including campground)
- Pandappa Conservation Park
- Pualco Range Conservation Park
- Mimbara Conservation Park
- Hopkins Creek Conservation Park
- Worlds End Land Acquisition

If you have any enquiries about the park closure, please contact the National Parks and Wildlife Service, Yorke & Mid North on (08) 8841 3400.

FLINDERS RANGES

Wednesday 21 to Sunday 25 May:

Buckaringa Sanctuary will be closed from the evening of Wednesday 21st May to the evening of Sunday 25th May inclusive.

Fire Danger Season Closures remain until mid-April/ May 2025

The end date remains subject to confirmation by the Country Fire Service assessment of risk in each region: heysentrail.asn.au/news/heysen-trail-closure-dates-over-the-coming-fire-season/

It's good practice to review the "Know Before You Go" sites before starting any hike.

- Parks: parks.sa.gov.au/know-before-you-go/closures-and-alerts/
- ForestrySA: forestrysa.com.au/before-you-visit/forest-closures-and-alerts/



**HEYSEN HIGHLIGHTS
COMPANION GUIDE TO THE
HEYSEN TRAIL**
SIMON CAMERON

**MEMBERS
PRICE
\$20
PLUS POSTAGE**

**The perfect
Heysen Trail
Companion Guide**

Heysen Highlights
Order on the Friends' website
heysentrail.asn.au/shop

Mount Remarkable National Park

Fire Closure

Sadly, Mt Remarkable National Park was affected by extensive bushfires in February. Thanks to the efforts of CFS and Parks the fire is controlled, enabling most of the National Park to re-open. However the area around Alligator Gorge, including the Heysen Trail between Greys Hut to Stony Creek hike-in site, remain closed for safety reasons.

The Friends of Heysen Trail volunteers will work closely with National Parks about access once it is declared safe and publish news on our Heysen Trail website and Facebook.

Intending hikers should also check the Parks website for updates: parks.sa.gov.au/know-before-you-go/closures-and-alerts/full-closure-of-mount-remarkable-national-park

Hiking the Heysen on Private Property - Biosecurity

Did you know the Heysen Trail crosses a significant amount of private property?

The Friends appreciates and works closely with landholders who provide consent for trail access (this may include privately owned conservation areas or farming properties and Parks are also conservation areas). We put that access at risk if walkers misuse or fail to show respect for property traversed by the trail.

Biosecurity is concerned with the transportation of weeds and other pests between areas of land. This should be a particular concern for hikers as we cross a diverse range of land types.

Walkers can reduce any biosecurity threat by following a few simple principles:

- **Stick to the trail**
- **Clean your boots**, hiking and camping gear at every opportunity.
- Wear gaiters as they help prevent seeds lodging in socks and being transported between sites. *Don't pick seeds off your gear and leave them on the ground, collect them for rubbish disposal.*
- **Be aware** of weeds and pests so that if you notice them along the trail they can be reported to the Department of Environment and Water or the local Landscape board (NRM). Information can be found on the PestSmart website (pestsmart.org.au).

- **Leave No Trace** principles, 'Carry it in-Carry it out'. This includes huts and shelters: do not leave food in them, it will attract vermin and our huts do not have any vermin proof storage. This can even be extended to leaving the trail in a better condition than you found it.
- **Camp only in designated sites**; this not only assists in Biosecurity but helps to keep landholders supportive of the trail.
- Talk to other hikers about the need to follow these principles.
- **Never climb or cut a fence: use stiles.**
- **Keep gates closed in general.** Make sure you know how to properly close a gate before opening it, even take a photo before opening it to assist in ensuring it is shut securely. Otherwise leave gates as you find them – a farmer may have opened a gate for stock to pass.
- **Sick or injured animals should be left.** While it can be difficult to see an animal that may be in distress it can make things worse and have biosecurity implications if you attempt to assist. If possible, the animals location can be reported to the local farmer, NRM board or local council.

Farm Animals: when walking through farmland it's also important to be aware of potential interaction with animals. Again there are a few simple principles to follow

- **Watch your step!** You may encounter manure along the way, and during the rainy winter months roads and trails can be muddy.
- **Don't startle the animals.** Keep your distance and allow plenty of space to walk around groups. When cattle feel pressured they may react aggressively; sheep may disperse chaotically.
- **Farm animals can be protective of their young.** Take care not to get between a young animal and its mother, and don't try to touch them. If you see a stray animal, leave it alone! Calves and lambs are often left by their mothers as they look for food or water, so they have not been abandoned and the mother will return.

Other resources

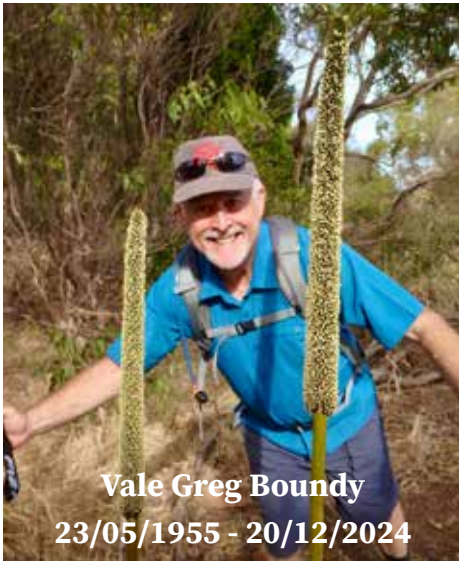
walkingsa.org.au/news/advice-bushwalkers-consider-biosecurity/

invasives.org.au/how-to-help/keep-gear-clean-wild/

bushwalkingmanual.org.au/

Thank you to Daniel Jardine for the tips and etiquette when walking on privately owned property. Some simple ideas that keep the trail open to us all. If you are a land owner and you would like to share some of your stories about the Heysen Trail, we'd love to hear from you. You can reach us at trailwalker@heysentrail.asn.au





The Friends of Heysen Trail Council and Members extend deepest sympathy to the family of our long-term member Greg Boundy who died on 20 December 2024. Greg was a loving husband, soulmate and best friend to Valerie, much loved by his family and who often told stories about the wonder he found among his 6 grandchildren.

Greg had a long association with The Friends and walking, along with many other interests and activities.

Greg joined The Friends in 2011 as he ventured along the Heysen Trail with the End-to-End 6 group, completing the whole trail in 2016. Greg brought his skills and expertise to the Friends Council as Vice President between 2017 and 2021, then coordinated The Friends Grants program and helped launch the Finance and Audit Committee with Treasurer Basia Samcewicz.

Greg shared a fun outlook, along with Valerie and David and Liz Bowey, when they led their “purple” group walks along the Lavender Trail over 2 years. There was often frivolous socialising after a day of walking.

Personally, it was a privilege to work closely with Greg in his role as Executive Officer of Walking SA and then in his time as Vice President on the Friends Council, where he contributed extensive strategic and financial experience. I particularly welcomed his thoughtfulness as a sounding board in my time as President; especially as we navigated the challenges of the covid period.

Melanie Sjoberg (FoHT Vice President)

End-to-End Awards

Congratulations to the walkers who received End-to-End awards for completing the Trail up until the **end of February 2025.**

- Geoff Cartledge
- Wendy Cartledge
- Mike Coad
- Sue Coad
- Helen Moore
- Cheryl Morton
- Arun Rangaraj
- Judy Ring
- Jill Spurling
- Tim Spurling
- Sara Willner
- Ashley White

Inspired

Artistic Wandering


MOROCCO

with Niccy & Ayoub

Email us to find out more about our unique 14 day wander April 2026.



niccypallant@gmail.com

 @ juliajpatten

Follow us
 @heysentrail
 friends
 ▼



Best of the Heysen Trail on Instagram

There are some campsites where their legend precedes them. Eyre Depot is one such camp. There have been hiker-recollections of wild nights stayed here and as this photo shows, the reputation is earned!



Bookings for End-to-End 19 now open for the 2025 season

Photo: Charmaine Fletcher, E2E17 starting their Heysen Trail journey from Cape Jervis

End-to-End 19 walks commence on Sunday May 18th, 2025.

How to register for the first walk:

Bookings for the first walk will be via the online registration system and will open at 07:01am on Tuesday 11th March, 2025.

The number of walkers who can join the group is limited by the number of leaders and the capacity of the buses used (approximately 57 walkers including leaders).

Due to the anticipated high demand for joining the group, bookings are taken on a 'first come, first served' basis. Bookings are expected to fill quickly.

Our online registration system is set to switch over to an overflow list once the number of bookings nears capacity.

Apart from the overflow list, we do not maintain an early registration/waiting list. In fairness to all, bookings are taken only using the on-line registration system. This means if you want to make sure of joining the group, you and your friends need to register for the walk as soon as registrations open.

If you have created a Family Membership, you can book for all members of your family simultaneously.

If you are thinking of joining the first walk, the best advice is to become familiar with the walk booking process before March 11th. You will find it quicker to book onto the walk if you have already joined the Friends.

You can find out more information about membership of the Friends at: heysentrail.asn.au/friends/membership/, or by contacting the office on (08) 8212 6299, or via email: heysentrail@heysentrail.asn.au

Introductory walk on Sunday April 13th & 27th.

To give everyone joining E2E19 a taste of what lies ahead, the walk leaders have organised two introductory walks on Sunday April 13th & 27th, 2025.

Walkers who register for the May 18th walk from Cape Jervis will receive an email invitation to register for the introductory walks. The location of the two walks will be in the Cleland National Park.

These walks will be a good opportunity to meet the leaders, ask any questions you may have about E2E walks and test your footwear, clothing & equipment.

With distances of about 12 - 15 kms, giving walkers a taste of what lies ahead with sections of narrow paths on hillsides and some challenging hill climbs.

E2E19's (aka the 'Nifty Nineteens') will be completing the Heysen Trail over 5 years, not six years as per previous End-to-Ends.

Year 1 (2025): 6 Sunday walks.

Year 2 (2026): 7 weekends of walking.

Year 3-4 (2027-28): 7 weekends away of walking (includes overnight stay Saturday, with accommodation booked by the walker).

Year 5 (2029): 2 separate 'weeks' away, with walking for 6-7 days, with a rest day in the middle, and travel days either end (accommodation booked by the walker).

The leadership team for E2E19 will be;

- Kristyn Willson (Coordinator)
- Dean Mortimer
- Sharon Kennare
- Meredith Gray
- Amy Neumann
- Judy McAdam

A valuable part of all End 2 End groups is the Support Driver and 19's are still in need of filling that role.

If you feel you would like to join the team as a Support Driver - 4wd preferred. Please contact Kristyn at heysenee19@gmail.com

End-to-End Season Programme 2025

	1ST WEEKEND	2ND WEEKEND	3RD WEEKEND	4TH WEEKEND	5TH WEEKEND
MAY	N/A	E2E 17 SAT 10 MAY Cudlee Creek - The Nugget Rd	E2E 16 SAT 17 - SUN 18 MAY Wandillah - Newikie Creek - Dares Hill Summit Rd <hr/> E2E 19 SUN 18 MAY Cape Jervis - Cobbler Hill	E2E 15 SAT 24 - SUN 25 MAY Mt Zion - The Bluff Lookout - White Park Rd <hr/> E2E 18 SUN 25 MAY Myponga - Mt Compass	E2E 16 SAT 31 MAY - SUN 1 JUN Burra Rd - Worlds End - Burra
	E2E 16 SAT 31 MAY - SUN 1 JUN Burra Rd - Worlds End - Burra <hr/> E2E 17 SUN 1 JUN Nugget Rd - Mt Crawford	E2E 14 SAT 7 - SUN 15 JUN Eyre Depot - Moralana Drive	E2E 15 SAT 14 - SUN 15 JUN White Park Rd - Murraytown - Melrose	E2E 16 SAT 21 - SUN 22 JUN Dares Hill Summit Rd - Hallet & Burra - Wandillah <hr/> E2E 19 SUN 22 JUN Cobbler Hill - Tapanappa	E2E 15 SAT 28 - SUN 29 JUN Melrose - Alligator Gorge Rd - Horrocks Pass <hr/> E2E 17 SUN 29 JUN Mt Crawford - Pewsey Vale <hr/> E2E 18 SAT 28 - SUN 29 JUN Mt Compass - Kyeema - Dashwood Gully Rd
JUN	N/A	E2E 17 SUN 13 JUL Pewsey Vale - Tanunda	E2E 16 SAT 19 - SUN 20 JUL Hallett - Nth Booborowie Rd - Oban <hr/> E2E 19 SUN 20 JUL Tapanappa - Balquhidder	E2E 15 SAT 26 - SUN 27 JUL Horrocks Pass- Broadview - Woolshed Flat <hr/> E2E 18 SUN 27 JUL Dashwood Gully Rd - Mylor	N/A
	E2E 14 SAT 9 - SUN 17 AUG Old Wonoka - Parachilna Gorge <hr/> E2E 15 SAT 9 - SUN 10 AUG Woolshed Flat - Quorn - Dutchman's Stern <hr/> E2E 17 SUN 10 AUG Tanunda - Kapunda	E2E 15 SAT 13 - SUN 14 SEP Warren Gorge - Buckaringa Gorge - Calabrinda Creek <hr/> E2E 17 SAT 13 - SUN 14 SEP Peters Hill - Gerkie Gap - Webb Gap <hr/> E2E 18 SUN 14 SEP Cleland - Montecute	E2E 16 SAT 20 - SUN 21 SEP Curnows Hut - Raeville - Locks Ruin <hr/> E2E 19 SUN 21 SEP Waitpinga - Tugwell Rd	E2E 15 SAT 23 - SUN 24 AUG Dutchman's Stern - Eyre Depot - Warren Gorge <hr/> E2E 17 SAT 23 - SUN 24 AUG Kapunda - Hamilton - Peters Hill <hr/> E2E 18 SUN 24 AUG Mylor - Cleland	E2E 19 SUN 31 AUG Balquhidder - Waitpinga
JUL	N/A	E2E 16 SAT 4 - SUN 5 OCT Locks Ruin - Bowman Park - Mt Zion	N/A	N/A	N/A
	E2E 16 SAT 4 - SUN 5 OCT Locks Ruin - Bowman Park - Mt Zion	E2E 19 SUN 12 OCT Tugwell Rd - Inman Valley	N/A	N/A	N/A
AUG	N/A	E2E 14 SAT 9 - SUN 17 AUG Old Wonoka - Parachilna Gorge <hr/> E2E 15 SAT 9 - SUN 10 AUG Woolshed Flat - Quorn - Dutchman's Stern <hr/> E2E 17 SUN 10 AUG Tanunda - Kapunda	E2E 16 SAT 16 - SUN 17 AUG Oban - Bundaleer Reservoir - Curnows Hut	E2E 15 SAT 23 - SUN 24 AUG Dutchman's Stern - Eyre Depot - Warren Gorge <hr/> E2E 17 SAT 23 - SUN 24 AUG Kapunda - Hamilton - Peters Hill <hr/> E2E 18 SUN 24 AUG Mylor - Cleland	E2E 19 SUN 31 AUG Balquhidder - Waitpinga
	E2E 14 SAT 9 - SUN 17 AUG Old Wonoka - Parachilna Gorge <hr/> E2E 15 SAT 9 - SUN 10 AUG Woolshed Flat - Quorn - Dutchman's Stern <hr/> E2E 17 SUN 10 AUG Tanunda - Kapunda	E2E 15 SAT 13 - SUN 14 SEP Warren Gorge - Buckaringa Gorge - Calabrinda Creek <hr/> E2E 17 SAT 13 - SUN 14 SEP Peters Hill - Gerkie Gap - Webb Gap <hr/> E2E 18 SUN 14 SEP Cleland - Montecute	E2E 16 SAT 20 - SUN 21 SEP Curnows Hut - Raeville - Locks Ruin <hr/> E2E 19 SUN 21 SEP Waitpinga - Tugwell Rd	E2E 15 SAT 27 - SUN 28 SEP Webb Gap - Burra Rd - Worlds End <hr/> E2E 18 SUN 28 SEP Montecute - Cudlee Creek	N/A
SEP	N/A	E2E 16 SAT 4 - SUN 5 OCT Locks Ruin - Bowman Park - Mt Zion	N/A	N/A	N/A
	E2E 16 SAT 4 - SUN 5 OCT Locks Ruin - Bowman Park - Mt Zion	E2E 19 SUN 12 OCT Tugwell Rd - Inman Valley	N/A	N/A	N/A
OCT	N/A	E2E 14 SAT 9 - SUN 17 AUG Old Wonoka - Parachilna Gorge <hr/> E2E 15 SAT 9 - SUN 10 AUG Woolshed Flat - Quorn - Dutchman's Stern <hr/> E2E 17 SUN 10 AUG Tanunda - Kapunda	E2E 16 SAT 16 - SUN 17 AUG Oban - Bundaleer Reservoir - Curnows Hut	E2E 15 SAT 23 - SUN 24 AUG Dutchman's Stern - Eyre Depot - Warren Gorge <hr/> E2E 17 SAT 23 - SUN 24 AUG Kapunda - Hamilton - Peters Hill <hr/> E2E 18 SUN 24 AUG Mylor - Cleland	E2E 19 SUN 31 AUG Balquhidder - Waitpinga
	E2E 14 SAT 9 - SUN 17 AUG Old Wonoka - Parachilna Gorge <hr/> E2E 15 SAT 9 - SUN 10 AUG Woolshed Flat - Quorn - Dutchman's Stern <hr/> E2E 17 SUN 10 AUG Tanunda - Kapunda	E2E 15 SAT 13 - SUN 14 SEP Warren Gorge - Buckaringa Gorge - Calabrinda Creek <hr/> E2E 17 SAT 13 - SUN 14 SEP Peters Hill - Gerkie Gap - Webb Gap <hr/> E2E 18 SUN 14 SEP Cleland - Montecute	E2E 16 SAT 20 - SUN 21 SEP Curnows Hut - Raeville - Locks Ruin <hr/> E2E 19 SUN 21 SEP Waitpinga - Tugwell Rd	E2E 15 SAT 27 - SUN 28 SEP Webb Gap - Burra Rd - Worlds End <hr/> E2E 18 SUN 28 SEP Montecute - Cudlee Creek	N/A

Walking with the Friends

Check the online walk calendar for the latest updates to the program. For details about each walk, the hot weather policy, what to wear, what to bring and details of walk grades, visit heysentrail.asn.au/walks

Walks Registration

Register for a walk either online at heysentrail.asn.au/walks or by phoning the office on 8212 6299. Walk registration closing dates and times are listed on each walk event page, accessed via the website walk calendar.

Walk Cancellations

If you need to withdraw from a booked walk, please notify the leader or the office as soon as possible. The easiest way is to login to your account and withdraw from the walk.

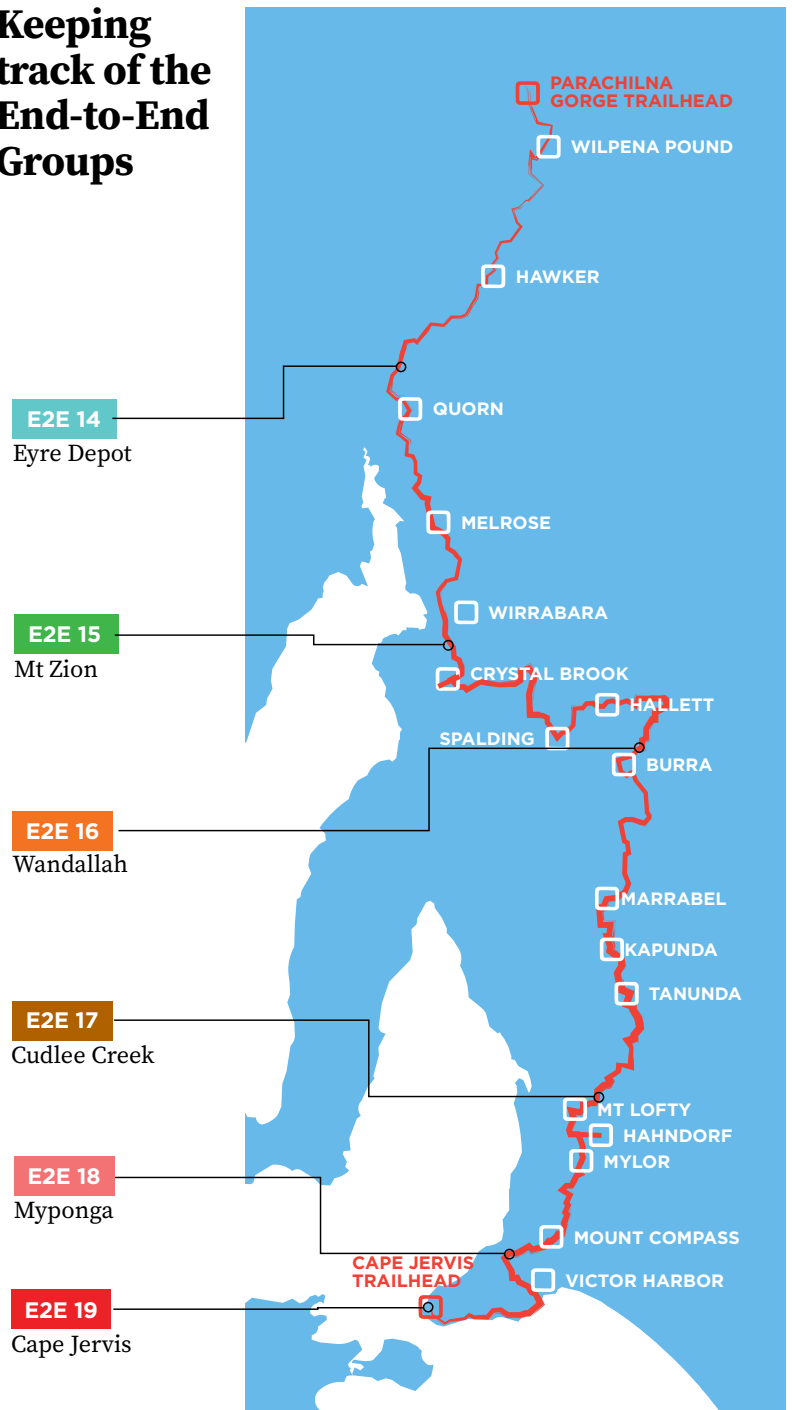
End-to-End walks are not subject to a weather forecast temperature limit, however the walk leader may decide to cancel or amend the event if a weather event is deemed to present a high risk.

Trail Starter, Trail Walker and Trail Rambler walks will be cancelled if the forecast temperature for Adelaide is equal to or higher than 32°C. Be aware that walks are automatically cancelled when the forecast weather on the day of the walk is for severe storms with damaging winds as per the 7pm ABC News on the day prior to the walk. Refer to abc.net.au/news/weather or bom.gov.au/sa. Your Walk Leader will send an email to all walkers to advise of the cancellation. We suggest you check your emails before leaving to join the walk.

Bushfire policy

If a Total Fire Ban is declared by the CFS in the Fire Ban District where the walk event is being held, the walk event will be cancelled. In such a case walk fees will be refunded.

Keeping track of the End-to-End Groups



Southern Flinders Ranges

Wirrabara Forest Accommodation

Self-contained cottages for up to 8 people.

Welcoming Heysen Trail and Mawson Trail Adventurers.



M 0428 827 774
 E info@taralee.com.au
www.taralee.com.au



Friends Season Walk Programme 2025

	1ST WEEKEND	2ND WEEKEND	3RD WEEKEND	4TH WEEKEND	5TH WEEKEND
APR	SAT 5 APR Cleland Paul Gill	SUN 13 APR Balquhiddier to Waitpinga Peter Clark	WED 16 APR Woorabinda - Mark Oliphant CP Adam Matthews	MON 21 APR Pioneer Womens Walk Kathy Wright	N/A
	SUN 6 APR Walking SA Annual Walk Expo		SAT 19 APR Onkaparinga Trails Less Travelled Melanie Sjoberg	WED 23 APR Autumn Colours Adam Matthews	
		SUN 20 APR Cleland Nth Sth Loop Adam Matthews	SAT 26 APR Burnside Hills & Beyond Paul Gill		
			SUN 27 APR Rocky & Jupiters Creek Loop Rosemary Hayward		
MAY	SAT 3 - SUN 4 MAY Willunga Basin Trail Adam Matthews	SAT 10 MAY Cleland and Tuscan Views in Autumn Judy McAdam	SAT 17 - SUN 18 MAY Lavender Trail Gillian Stevens		THUR 29 MAY Reservoir & Park Judith Ellis
	SUN 4 MAY Torrens Valley Peter Clark	SAT 10 MAY Mt Pleasant Summit Rosemary Hayward	SUN 18 MAY Yurrebilla Trail Julia McLachlan		SAT 31 MAY - SUN 1 JUNE Willunga Basin Trail Adam Matthews
	SUN 4 MAY Sturt Gorge Noeleen Smith	SUN 11 MAY Waitpinga to Victor Harbor Peter Clark	SUN 18 MAY Willunga Basin/ Shiraz Trail Long Walk Dean Mortimer	SUN 25 MAY Onkaparinga Judith Ellis	
		SUN 11 MAY Happy Valley Karen Baker			
		SUN 11 MAY Belair Loop Melanie Sjoberg			
JUN	SUN 1 JUN Yurrebilla No. 2 Julia McLachlan	SAT 7 JUN Yurrebilla No. 3 Julia McLachlan	WED 11 JUN Bridgewater Peter Deacon	WED 18 JUN Kersbrook Gillian Stevens	THUR 26 JUN Onkaparinga Judith Ellis
		SUN 8 JUN Mt Crawford Peter Deacon		SAT 21 - SUN 22 JUN Lavender Trail Gillian Stevens	SAT 28 - SUN 29 JUN Willunga Basin Trail Adam Matthews
		SUN 8 JUN Cleland Judith Ellis	SUN 15 JUN Kuitpo Robert Ruediger	SUN 22 JUN Reservoir & Park Judith Ellis	SAT 28 JUN Mt Crawford Forest Rosemary Hayward
					SUN 29 JUN Hardy's Scrub Noeleen Smith
JUL	SAT 5 JUL Mt Crawford Peter Deacon	SUN 13 JUL Waite Loop Karin Agostino	WED 16 JUL Bridgewater Peter Deacon	SAT 26 - SUN 27 JUL Willunga Basin Trail Adam Matthews	THUR 31 JUL Cleland Judith Ellis
	SUN 6 JUL Brownhill Creek Peter Clark	SUN 13 JUL Cleland Julia McLachlan	SAT 19 - SUN 20 JUL Lavender Trail Gillian Stevens	SUN 27 JUL Anderson Loop Rosemary Hayward	

● TRAIL WALKER
 ● TRAIL STARTER
 ● SPECIAL EVENTS
 ● LAVENDER TRAIL
 ● WILLUNGA BASIN TRAIL

	1ST WEEKEND	2ND WEEKEND	3RD WEEKEND	4TH WEEKEND	5TH WEEKEND
AUG	SAT 2 AUG Sanderston Trail Adam Matthews	SAT 9 AUG Cleland Paul Gill	SAT 16 - SUN 17 AUG Lavender Trail Gillian Stevens	SUN 24 AUG Mark Oliphant CP Rosemary Hayward	SAT 30 AUG - SAT 6 SEP Clare Valley Wine & Wilderness Trail 2025 Paul Delaine
	SUN 3 AUG Cleland Peter Deacon	SUN 10 AUG Deep Creek Circuit Judy McAdam	SAT 16 AUG Hallett Cove Karen Baker		SUN 17 AUG Sea to Summit Paul Frost
SEP	SAT 30 AUG - SAT 6 SEP Clare Valley Wine & Wilderness Trail 2025 Paul Delaine	WED 10 SEP Summertown John Babister	SUN 21 SEP Willunga Noeleen Smith	SUN 28 SEP Montacute John Babister	N/A
	SUN 7 SEP Scott Creek Noeleen Smith	SAT 13 SEP Blackhill CP Paul Gill			
	SUN 7 SEP Tungkillo Loop Adam Matthews	SUN 14 SEP Jupiter Creek & Kuitpo Adam Matthews			
OCT	N/A	SAT 11 OCT Belair Paul Gill	N/A	N/A	N/A
		SUN 12 OCT Cleland John Babister			

● TRAIL WALKER
 ● TRAIL STARTER
 ● SPECIAL EVENTS
 ● LAVENDER TRAIL
 ● WILLUNGA BASIN TRAIL

Version released 8th March 2025

Walking with the Friends

Check the online walk calendar for the latest updates to the program. For details about each walk, the hot weather policy, what to wear and what to bring, and details of walk grades, visit heysentrail.asn.au/walks



Accommodation Nunn Road, Myponga along the Heysen Trail

2 self contained cabins with queen bed and single sofa ~ Reverse cycle air-conditioning
BBQ & outdoor setting ~ Mention this ad and get 10% discount



New to Heysen's Rest 4 brand new single rooms on the Heysen's Trail
Rooms include Ensuite, TV, fridge, king single bed, reverse cycle air conditioning and tea and coffee provided

Contact Zac & Bec
0499 629 252

Email: info@heysensrest.com.au
www.heysensrest.com.au

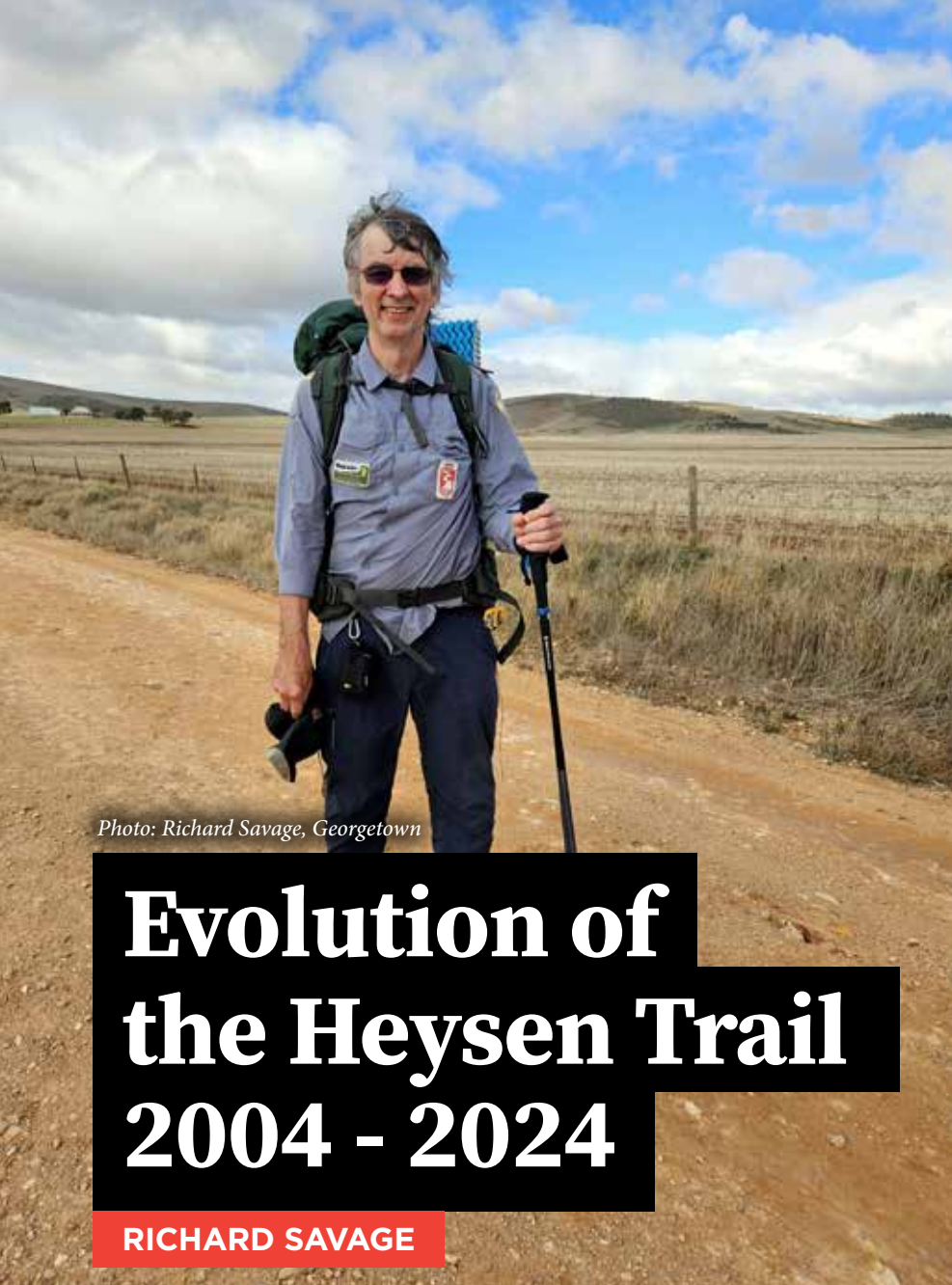


Photo: Richard Savage, Georgetown

Evolution of the Heysen Trail 2004 - 2024

RICHARD SAVAGE

Richard Savage, a Four Time Thru-Hiker on the Heysen Trail, shares the changes he has seen over that time.

I first thru-hiked the Heysen Trail in 2004. My sister had suggested that we should hike a long trail end-to-end in one go. The Appalachian Trail would have been much closer to our home in Tennessee, USA, but we didn't have enough time off from work for it. I suggested the Heysen Trail that I had seen a little of, on a previous visit to Adelaide. Before long we were flying to South Australia with a friend. I was the only one of the three to complete the Trail. I came back in 2006 to hike it again, and then again in 2013, after hiking some other long trails. After that third hike I wrote a book, *Walkers*

Follow Fence, about the experience. Upon reading the book, my younger son and his wife decided that they wanted to thru-hike the Heysen and wanted me to join them. So, in 2022 I started on my fourth hike of the Trail. Unfortunately, a little over halfway through I had trouble with a knee which prevented me from continuing. My son and daughter-in-law finished that hike without me. Then in 2024 I came back, picked up where I had left the Trail (near Georgetown) and walked to the northern trailhead. All my hikes were northbound.

WATER

The thru-hiking experience on the Heysen today is very different to 2004. The biggest difference is the availability of water. Over the years the dedicated volunteers of the Friends of the Heysen Trail have erected many

new rainwater tank sites along the Trail. By my count there are 15 more water tanks than in 2004, which in 2004 made for some long sections with no tanks. From Marrabel to Huppatz Hut was about 47 kms. From Huppatz Hut to Burra was 44 kms. The longest section with no tank was about 60 kms, from Stony Creek to the Waukarie Campsite.

Looking back and considering the water situation, a thru-hike of the Heysen Trail back in 2004 and 2006 was something of an extreme undertaking. There were few who attempted the hike back then, and I expect we all met the challenge differently. My friend Jack Marcelis, who had thru-hiked the Trail twice, talked about walking four kms off the trail to get water at a residence. Jack could walk much faster than me, so what worked for him, but it wasn't so good for me. I carried a water filter to get water from creeks, which I did not use very often in 2004 (this was the usual approach on American trails). I soon learned that many creeks indicated on the maps were not flowing and there weren't any southbound hikers that I could ask about the creeks. I sometimes carried more water than was necessary – up to five litres, a heavy load.

Occasionally I supplemented my water by catching rainwater off the tent into my cooking pot. One morning that was the only water I had. In 2006 I knew the Trail well, I anticipated which creeks would be flowing, and with it being a wetter year I used the filter often. Even so, on the section heading into Huppatz Hut I still carried four litres. 2013 was a wet year so, with more tanks and the water filter, I didn't carry heavy loads of water.

In 2022-24 the situation had changed, there were now so many rainwater tanks that I didn't bring the filter. Together with the added tanks, there were many more established places to camp. In 2004 most of the limited number of campsites were more than a day's walk apart. It was clear that the Trail hadn't been designed with the thru-hiker in mind. Before that first hike I asked Jack where to camp. His response was, "Camp wherever you like", so within reason that's what I did. Most of the camping places that

I used were not established sites. On my latest hike, with so many more established campsites, my experience was different. Most nights I stayed in a hut or established campsite. Even so, there were a few nights when Jack's advice still applied.

TRAIL TRAFFIC

In my book I wrote about the Heysen being a lonely trail. When I walked the Trail in 2004, I didn't see another thru-hiker, nor meet any section hikers. On most days there were no day hikers. There was a two week stretch when I saw no other hiker. Again, in 2006 I met no thru-hikers. In 2013 there were more hikers, including a large group of the Friends of Heysen End-to-End walkers.

The trail is still lonely. On most days during my 2022-24 walk I didn't see anyone else walking, other than my son and daughter-in-law when we hiked together. I shared a campsite with another hiker only once. Still, there were more people on the Trail than twenty years ago. This time I never went more than four days without seeing another walker and the number of long-distance hikers had increased significantly.

TRAIL SURFACES AND MARKERS

Another big change is the many more man-made paths. This has made the walk easier and sometimes safer. A couple of favorite examples come to mind. After Eyre Depot, as the trail ascends Depot Creek, there is a sizeable waterfall on the creek. With my first two hikes, hikers had to climb the waterfall or find some way around it. I have done both. Now there is a steep but safe path to the west of the creek that avoids the waterfall.

Another I enjoyed very much was the trail northwards from the Buckaringa North campsite. At one time, the trail followed a fence over an amazing collection of rocks that made for slow going. The new route goes up onto a ridge with outstanding views off to the southeast. On my last hike most rocks had been moved off this path making for easier going. In addition, there are many places where the trail follows a fence that now has a good path.



⤴ Above: The Heysen route previously clambered up the waterfall in Depot Creek

⤵ Bottom: The Friends volunteers created a steep, but safe path to avoid the waterfall clamber



The combination of more man-made paths and improved marking have made the trail easier to follow. On my first two hikes I lost the way on two locations, descending to the Stony Creek Campsite, and later, where the trail descends from the ridge to meet the Pichi Richi Railroad. This time I had no trouble keeping to the trail.

Another challenging place was heading north from the Red Range Campsite. Walking through a native pine forest the markers were on the trees, but with lots of trees, sometimes the view was blocked. I would walk side-to-side to try to get a view of a marker ahead that might be hidden by a tree. I was always able to navigate through this section, but it took patience. Similarly, between the Mount Elm Campsite and the road leading up to Jarvis Hill, another pine

forest made the trail difficult to follow. Now with route changes and improved marking the trail is easier to follow.

The marking of the Heysen Trail has changed over the years. The 'Walkers Follow Fence' signs are not as plentiful as they once were. Many have been replaced with the red arrow signs. Overall, the Trail marking is much better.

Back then challenges included:

- the Trail was marked with round poles giving no information on the direction to the next marker;
- places where a single marker indicating a change in direction was in a spot easy to miss;
- in places there simply weren't

enough. I recall a place where the route left the track and was marked only by a ribbon tied to a bush.

Consequently, there were days when finding the Trail was challenging. I would concentrate on finding markers all day and then dream about hunting them when asleep.

On this last hike I rarely had difficulties spotting the trail markers. However, even with the enhancements one can easily miss a marker and get off trail. Trail maps are important items.

ROUTE CHANGES

The Heysen Trail has seen many route changes since 2004. I'll mention the ones that I found to be the most significant. The general tendency has been improvement, taking the Trail off roads and to more scenic areas.

In 2004 the Trail in Morialta National Park was short. Passing Third Falls the route headed up a steep track and left the park. Now it winds through the park giving the hiker greater opportunity to enjoy this beautiful area.

On my first two hikes the Trail by-passed Spalding, following the aqueduct past the town. Not very convenient for the thru-hiker! Now we hike past the store and pub. Other towns the Trail by-passed - Kapunda, Crystal Brook, and Melrose - are now "on trail". These changes make it easier to access services in the towns, so are very welcome.

The route after the TV tower at The Bluff has changed over the years. On my first two hikes after the tower there was a descent into the pine plantations of Wirrabara Forest, then it followed the Apricot Track to climb back up to the ridge and continue northward along the Go Cart Track. On my third hike a path had been made paralleling the ridge road then joined the Go Cart Track. In 2024 the Trail allows access to the new lookout - with outstanding views of Port Pirie and St Vincent Gulf.

A substantial change in the route is from where the Trail leaves Wild Dog Road north of Murray Town all the way to Melrose. On my first hike the Trail

followed minor roads and tracks to the northeast of Melrose, by-passing the town. The new route, which includes some hilly paddocks and creeks, is much more scenic and avoids the major road. A little further south there is a more recent change, the Trail now goes through the paddocks in the White Park area and by a new rainwater tank. I liked these two changes.

North of the summit of Mount Remarkable, in 2004 the Trail went northward on the Mount Remarkable Range Track. This changed before my second hike and there have continued to be modifications. It is very rugged, yet I enjoyed it. There are lots of ups and downs, often steep, also creeks

which may flow when it rains.

West of Wilmington up to Horrocks Pass, the Trail has been taken off the long stretch along Main North Road, now going through paddocks south of the road.

In the Buckaringa area, after ascending Mount Arden, the trail follows a track along a high ridge for a considerable distance. After reaching lower ground the route was changed after my first hike and now follows a creek. There are waterfalls to descend and on at least two hikes there were pools and flowing water in places. It is very pretty.

On my first hike the Trail followed



⤴ Above: Rocks that made for slow going north of Buckaringa Gorge in 2004

⤵ Bottom: Heysen Trail north of Buckaringa Gorge in 2024



tracks and fences to Mayo Hut. This was a problem as some of the fences that the Trail followed had been removed, deleting the markers. Now the Trail follows Wonoka Creek to Mayo Hut – a very natural route.

One of my favorite route changes came almost at the end of my 2024 hike. Coming into Aroona the Trail had been recently rerouted away from the Bulls Creek Track and onto the Yulana Loop Walk. Part of this was a beautiful walk along creeks. But the highlight of the new route was the climb on the narrow trail over a pass in the ABC Range.

Of course, not all changes in the route are favorable. On my first three hikes from Bowman Park to the Wilkins Highway the Trail followed Crystal Brook – a very pretty creek hike. However, a landowner had withdrawn permission for the Trail to cross his land forcing a reroute onto roads. The timing for my 2024 hike was very lucky. Just a week before I got back on the Trail, about two thirds of the original route along the creek had been restored. So, there was a circuitous road walk from Bowman Park eventually reaching a pretty side creek that led back to Crystal Brook. Then the Trail continued along the creek as before.

On my first three hikes when the Trail reached Back Valley Road, Inman Valley, there was a short walk along the road before the Trail turned off on a minor track and eventually wound through many paddocks before climbing to Hancock Road. Now the trail takes the much shorter route along Keen Road to Hancock Road. I recall seeing some beautiful gums on the older route, I would say that I liked it better. Plus, the ruins of the old church on Hancock Road were an interesting stop.

In summary, over the last twenty years the Trail has greatly improved from the thru-hikers viewpoint. These improvements have been led by the many volunteers of the Friends of the Heysen Trail (the Friends). I am very grateful for all the volunteer work over many years to maintain and develop this long-distance adventure hike.

The much greater availability of water is the most significant improvement. Twenty years ago, one had to have a water plan when there was a considerable distance to the next rainwater tank. Now the next tank is almost always within a day's walk. The marking of the Trail and trail surfaces themselves have also improved, so some sections are now just easier to walk.

More people use the Trail now than 20 years ago. In particular, there are more long-distance hikers. Due to a variety of factors the Trail is now better known. The website of the Friends of the Heysen Trail has improved over the years and has a wealth of information. Social media sources such as the Facebook Heysen Trail End-to-End group, share information about the Trail. Certainly too, the many improvements have made it more attractive to long-distance hikers.

Most of the long-distance hikers that I met on the Trail were interstate or international thru-hikers. I know the Friends have large groups hiking on their End-to-End program in sections.

With the continued dedication of the Friends I am hopeful that the Heysen Trail will continue to improve in

the coming years. No doubt when opportunities arise the route might be modified to pass through more scenic areas. Also, erecting toilets at the many campsites that don't currently have them would be a huge improvement. I do expect that the number of long-distance hikers to continue to increase as it is a beautiful, diverse and interesting trail that can now, with the improvements, be more reasonably hiked.

Trailthinker Quiz Answers

1. The Hahndorf Institute
2. Mt Lofty & Mt Magnificent
3. 12
4. Redruth Goal
5. #56 - Port Power, 22 points
6. Dr Lynn Arnold
7. Raukkan
8. Willunga Basin Trail
9. The Cedars, Hahndorf
10. Mt Remarkable NP

BLINMAN, SA

FLINDERS & BEYOND

CAMEL TREKS


Join us in 2025 on a trek that completes the Heysen Trail's remote section 'Beyond Heysen'.

Explore hidden treasures of the Flinders Ranges with camels carrying your supplies. Trek through gum-lined creek beds, towering gorges, rare geological formations and sparkling dry lakes. See native flora and fauna in its natural habitat and enjoy a night sky last show with astronomer Ryan.

Walking treks fully catered. Swags and transfers included. No roads, no vehicles, no mobile reception: detach from hectic everyday life and enjoy an unforgettable experience that will create memories to last a life time.

FOR MORE INFORMATION

T: (08) 8648 3713
E: info@flindersandbeyondcamels.com.au



CONTACT FOR 2025 WALKING TREK DETAILS

When the clouds are growling low
 And all around is black,
 When the sirens of thunder
 Leave the anxious taken aback ,
 Here the lucky rise, above a briny gloom.

We're the thirteens and we're short odds-on
 To be heard above your gloom,
 We're lucky under the ladder
 An' lucky with black cats, a sharp rise,
 a slight incline, a mountain,
 You've never heard us whine.

Another ladder looms ahead,
 And on the path beneath
 Will my fortunes be mis-understood,
 Will life's lost friends begin to haunt,
 No, for we're thirteens and short odds-on,
 Lucky under ladders an' lucky with black cats,
 We've dashed the four-leaf clover,
 Been cursed by Lady Luck,
 But, we caught the 10th life from the 9th cat.

Ai, there's no such thing as luck, you say
 We're all, each on our own,
 Lashed, to the wreck of fate,
 But, we're thirteens together and short odds-on
 Turning a cat's curse, to our silk purse,
 Save us from your suspicion,
 Let us be the envy of every dog with bone. Do you have
 more time
 Before my luck runs out,
 I let you into a secret
 How the ladder and the cat were tamed,
 How this luck was caught.

Great leader Vicki took her disciples South
 to Jarvis' tip,
 Cast wide her net
 An' afore the receding tide, swept our generation past.
 They yanked us from the briny deep,
 Planted feet upon our flippers
 And, pointed us landward
 Toward the mountainous north,
 t'where every slope's a treat.

So, it was never hard you say
 On many a cold clear dawn,
 With knees a chattering
 Our legs put slope to bite,
 For we're thirteens and short odds-on,
 Lucky under ladders an' lucky with black cats
 Our toes, they were a'twinkling in the sky o'head,
 They lit our path in bush, 'an kept our feet in stead.

And what be her disciples in this act;
 There's Kevin, inched in feet, 11 short of 7
 But, over six foot two,
 Lobert, a lapsed teacher
 Still, shepherds facts through life,
 Dean cleaves clouds asunder

With skyward poke of cryptic stake,
 Peter who fought and won, the good fight for us all, against foots'
 woes,
 David wheeled, where we walked, and quenched our thirst.

We're now odds-on favourites
 Soon to return to coastal haunts
 Having all known, three shades of gray,
 We've been thirteens,
 Lucky under ladders an' lucky with
 black cats,
 An' before you slip, back into the known's cocoon
 Remember, as opportunities walks toward you
 You'll be, forevermore, chased by an envious Lady Luck.

- Rob Stevens

End-to-End Awards

Oh dear! Although our trusty leaders are yet to lose a person on the Trail, it would seem we lost a couple of names between the completion and the December Trailwalker and after 1200kms you deserve your name on the list! Updated and reprinted with love.

Independent

Ava Pyke
 Campbell John McKenzie
 Caroline Sandow
 David Crawford
 Genevieve Blades
 Grant Woodford
 Jamie Sutton
 Jonathon Symonds
 Kara Skene
 Karen Buckner
 Kassie Kuhlar
 Kylie Straney
 Lisa Hall
 Lorraine Horn
 Marco Begni
 Mel Kubank
 Nicole Crawford
 Norm Thirkell
 Phillip Buckner
 Rachel Roberts
 Rob Blatt
 Shane Hutton
 Shawn Robbins
 Simeon Finch
 Simone Symonds
 Stephanie Ashby
 Steve Roberts
 Steven Weinert
 Sue Wise
 Thomas Melios-Travers
 Victoria Riggs
2nd Time Completed
 Karen Baker
4th Time Completed
 Richard Savage

E2E 12

Michelle Carling

E2E 13

Alison Smith
 Benjamin Mani
 Cathy Davies
 Corin Lang
 Dianne Ford
 Dianna Payne (2nd)
 Dean Mortimer (5th)
 Eileen Scott
 Fiona Crambrook
 Janet Bartold
 Jo Kemp
 Karen Hack
 Karen Prior
 Kathryn Lymn
 Kevin Ward (3rd)
 Margaret Keelan (2nd)
 Martin Keogh
 Mary Guerin
 Meredith Gray
 Nick Gray
 Paula Gray
 Peter Crambrook
 Peter Deacon (3rd)
 Peter Maney
 Rob Ruediger
 Rosemary Wallis
 Spencer Burgstad
 Stephen Attrill
 Sue Maney
 Tracey Kiobas
 Vicki Barrett (3rd)
 Wayne Turner
 Wendy Hamood
 Zoe Pennington
E2E 14
 Mark Curtis
 Monica Dollard

Volunteer Profile: Barbara Sedgley

WHEN DID YOU FIRST BECOME INVOLVED WITH THE FRIENDS?

I started walking the Heysen Trail with co-workers and their partners after we decided running the Jodie Lee fundraiser up in the Flinders was a stretch too far; we needed to get fit!! So in 2017 we joined E2E12.

WHAT INSPIRED YOU TO BECOME A VOLUNTEER WITH THE FRIENDS?

Walking the Trail I gained an insight into how much was involved in making the E2E program possible, and so to acknowledge the amazing experiences belonging to FoHT had given me I decided I wanted to give back as a volunteer. I began as an office volunteer in 2017, working with an amazing team.

WHAT ARE SOME ACTIVITIES IN WHICH YOU HAVE BEEN INVOLVED?

I have taken on a few different activities, including working in the office, working on the Trailwalker in the capacity of advertising officer and the 'fancy title' of sub editor; and member of the PM&M committee. Another of my favourite activities includes delivering Trailwalkers to regional tourist centres in the Mid-north and Flinders Ranges, which I do with my husband. It's so good to meet locals and share their enthusiasm for their area and the Trail.

WHAT IS YOUR FAVOURITE HEYSEN TRAIL TOWN/REGION?

Quorn! We love staying at the Great Northern Lodge and visiting the Scruffy Fellas, Quangdong Cafe and Flinders Gin. We have also stayed at the Station House at Dutchman's Stern. It was wonderful to wake up to the colours, landscapes, kangaroos and birds, and at night enjoy the quiet and stillness under our awe-inspiring sky.

WHAT WAS YOUR FONDEST MEMORY ON THE HEYSEN?

Perhaps my fondest is lying on the bench seat at Dutchman's Stern having a little quiet shut-eye while my husband took photos standing way to close to the edge. I felt eyes looking at me and opened mine to see two Wedge-tail Eagles circling above. It was truly amazing to watch them soaring and surfing the wind. Or perhaps it was our last week on the Trail with E2E12 and surviving all that the weather gods threw at us and our re-route on the final day. The sense of achievement and the shared experiences are something I will never forget.

WHAT IS YOUR TOP PIECE OF ADVICE FOR WALKERS?

Stay fit, use poles!! Look at where you are, breath the air, smell the bush, look at the ground, listen to the sounds, look at the sky and spend a bit of each hike alone and experience the awe.



WHAT HAS BEEN YOUR FAVOURITE WALK ASIDE FROM THE HEYSEN TRAIL?

During Covid, my husband and I decided to walk the Lavender Federation Trail so we could keep our hiking fitness during the 'lockdown'. We got a jetboil and each hike we had freshly brewed coffees. The steps on the stiles not only useful for getting over fences but proved to be excellent bench-tops for our coffee and food making efforts. It was a great experience and we were very proud of our achievement when we arrived in Clare.

WHICH OTHER VOLUNTEER HAS INSPIRED YOU AND WHY?

Adam and Suzanne Matthews, amongst many others. Their support and encouragement as leaders of E2E12 helped me and inspired me in so many ways. I am truly grateful for their belief in me and their friendship.

KENNARDS HIRE MAKES YOUR JOB EASY!

Kennards Hire is a family owned company that has grown into one of Australia's leading hire companies. We have been in the hire industry for over 60 years.

We have a wide range of equipment which is reliable and regularly serviced. Drop into one of our hire centres today and let the guys help you choose the right equipment for your next job.



135 135
www.kennards.com.au





KATHY WRIGHT

It's a Journey, not a Destination

Photo: The pilgrim sculpture at Alto del Perdon, on the 'Hill of Forgiveness' in Spain

End-to-End16 leader, Kathy Wright, shares her adventure on the Camino de Santiago.

The Camino Santiago de Compostella has been walked by millions of Pilgrims / Peregrino's since the beginning of the Way of St James in the 10th Century.

Each Peregrino has undertaken the journey for various reasons and in various ways, but all have experienced "The Way" their own way, with their own very individual recounts of the pilgrimage.

My interest in The Camino came from following the journey of two of my sons who undertook it in 2011 (aged 21 yrs) and 2012 (aged 20 yrs).

In March 2020 I embarked on my own Camino experience but only

walked for 3 days before Covid shut down the Camino. In October 2024, I returned to Spain for Take Two.

For this Camino my sons challenged and encouraged me to undertake the Camino like a 20-year-old!!!

- Have a sense of Freedom and allow each day to unfold.
- Trust the Camino and be open to all that it had to offer.

With this in mind I set out with the intention that “It’s a Journey, not a Destination”, hoping to be mindful as I walked and to soak up each day's experience.

Walking mid Oct - Nov when the peak season had finished, the trail was not as busy and many times you could walk alone - Total Tranquillity.

The Camino in Autumn is a spectacular vista of all the various Autumn colours, carpets of fallen leaves and crops changing - a perfect time for reflection & transformation.

“

Autumn shows us how beautiful it is to let things go.

”

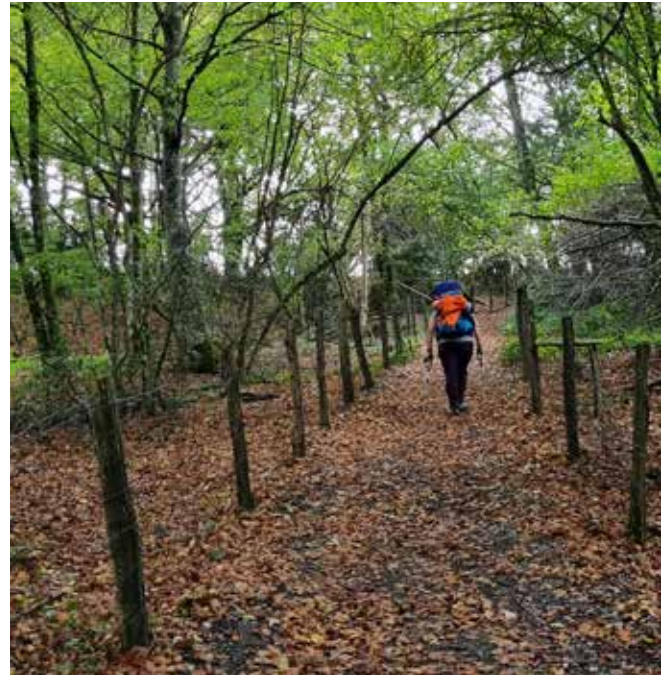
Each day is different, as you explore the 4 regions and 9 provinces along the way. Witnessing beautiful sunrises, incredible changes of scenery, panoramas, ancient buildings, villages, bridges, culture and so much more.

It is truly an incredible experience to be immersed in this ancient pilgrimage.

With my intention and mindfulness, I aimed to be in the moment and engaging my senses of sight and sound. This enabled me to truly experience what was all around me, with a deep sense of presence and awe. I would listen for the change in sounds and explore what and where they came from.



Autumn on the Camino with carpets of fallen leaves.



Camino Life, living in the moment.



Quality accommodation in the heart of the Flinders



- * Tranquil rural homestead
- * Spacious, sleeps up to 8
- * Spectacular ranges views
- * Ducted heating & cooling
- * Fully equipped for self catering

www.sunsetridgeaccommodation.com.au

sl.enterprises.sa5434@gmail.com
273 Ward Rd, Hawker Ph 0427 067617



The sound as I walked through the fallen leaves, the different sounds of my footsteps on the paths, the sound of the wind in the dried leaves on trees, the water flowing in the rivers as I crossed the bridges, sounds of the birds, cow bells, fellow pilgrims and many more.

If at times I would walk too fast fellow pilgrims would encourage me to “Piano Piano”.

- go slow, soak in and savour each moment

Peregrinos (Pilgrims) come from all over the world enriching the experience with their conversations and sense of community with each encounter at the cafés, on the trail, sharing evening meals and within the Albergues.

For me The Camino was an incredible journey;

- a time to embrace my surroundings,
- soak in the simple life and magic moments,
- embrace the opportunities for personal growth
- and be a Peregrino on a Pilgrimage like many before me from over the centuries.

Buen Camino.



The Pheonix Sunrise



Views of the the Pyrenees, while there are several routes that can be taken the most popular is the French Way crossing the Pyrenees from France into Spain.



Final opportunity to celebrate the journey at the Cathedral of Santiago de Compostela home to the shrine of the apostle James.



What would your 'way' be?

- Camino Francés - 800km, starting in St Jean Pied-du-Port.
- Camino de Finisterre - almost 100km starting in Finisterre on the Atlantic coast.
- Camino del Norte - 820km starting in Irún and travelling along the northern coast of Spain.
- Camino Portugués - 610km, starting in Lisbon.
- Camino Inglés - 110km, starting in Ferrol.
- Camino Primitivo - 328km, the most challenging route, starting in Oviedo.

Or perhaps you would choose one of the many other options.



TAMMY MAIN

The Australian Triple Crown

Photos: Kevin Moss

Deep Creek Conservation Park, Wild South Coast Way

As editor of the Trailwalker, I'm often looking for different perspectives on the Heysen Trail. I caught up with Kevin Moss for his take on the Heysen and two other long-distance trails he walked in one calendar year.

The title of triple crown in the US hiking scene involves completing the Appalachian Trail, the Continental Divide Trail, and the Pacific Crest Trail. Does Australia have an equivalent? Perhaps not the distances of the US trails (over 12,000km) but when considering significant long-distance hiking trails in Australia Kevin Moss nominated the Australian Alps Walking Track (AAWT), the Bibbulmun Track (Bib) and the Heysen Trail. You can argue the scenic merits of the Larapinta, the Overland Track and the Tasmanian Trail, or the length of the Bicentennial National Trail and honestly, Kevin would love the discourse.

Let me start with who Kevin is... an unassuming, affable bloke who after too long in the confines of a single workspace decided enough is enough, it's time retire and get about doing that which he is most passionate about.

When I caught up with him during his Heysen leg, he had that quiet, relaxed confidence of someone who has experience born of years on trails (40+) and a well thought out routine that suits him to a tee. I was curious to watch his adventure unfold and see what his impressions of the Heysen Trail, compared to the AAWT and the Bibbulmun, were.

AAWT

The AAWT runs between Tharwa in Canberra and Walhalla in Victoria. Kevin described it as a physically challenging trail, offering rugged terrain with significant elevation changes. Winding along the Great Dividing Range, it traverses the alpine country of the ACT, New South Wales and Victoria. You can look forward to amazing scenery, above the tree line trails and big, open views. However, he warned... 'On a good day it's stunning, but on a bad day it's a scary place to be'. Kevin walked 760km on this trail over 33 days (March - April), but it is his habit to take advantage of other points of interest off the official trail. The AAWT is officially 650km.

HEYSEN TRAIL

Kevin's Heysen journey travelled from Cape Jervis to Parachilna in the Flinders Ranges. He described it as the most diverse of the three walks with coastal (Wild South Coast Way) forestry, vineyard (Adelaide Hills, Eden



Valley Hills and the Barossa Valley wine regions), agricultural (Mid North) and arid mountain range (Flinders Ranges) landscapes. He clocked 1170km over 49 days (May - July).

BIBBULMUN

The Bibbulmun runs between Kalamunda and Albany over 1000km. Kevin spent 30 days on the trail (August - September). The trail passes through dry forest, wet forest and opens up to heathland, then onto the southern coast. Visual highlights for Kevin were the diverse flora, the potential swimming opportunities and the heathland and coastal spaces.

NAVIGATION

While Kevin used All Trails to record his routes, distances and times, his preference for navigation varied by

trail. On the AAWT his top tip was the John Chapman book, 'Australian Alps Walking Track' 5th edition. All Trails and FarOut were used as back-ups, but Chapman and co gave detailed, local knowledge and in a couple of instances of more direct routes. This is a trail where you cannot depend solely on markers. Skills and experience in the use of maps and a compass are a must. On the Heysen Trail he used the topography maps from the Friends of Heysen Trail to plan the section for the next day, during the walk he used the FarOut app for ease of handling, although sometimes not as up-to-date on the re-routes, in particular Forestry and private properties where the route can change from time to time (check out heysentrail.asn.au/heysen-trail/re-routes/ for the most up to date re-route information on the Heysen Trail). Trail markers were plentiful, compared to the AAWT and very accurate, just don't miss one!

CAMPING

The Bibbulmun had the most consistent hut style accommodation, which Kevin noted as being government initiated and funded. A quirky preference of hikers on this trail was to put up tents on the platforms under the shelters which was probably due to the prevalence of mosquitos. The Heysen accommodation was a patchwork of styles from government funded hiker-only camp sites on the Wild South Coast Way to an old 1800's reonated schoolhouse, an old railway station building, country hotels, farming outhouses, bed and breakfast accommodation (close to city) and the sparser water tank and shelter campsites, like Whistling Trig and Eyre Depot. Like the Bibbulmun there was

usually an option within the days walk, making the trail logistically feasible and comfortable. On the AAWT, Kevin only spent a few nights away from his Hyperlight Mountain Gear tent; one night where he got caught in rain and snow, so he dried out his gear at Wills Hut and another at the General at Mt Hotham, for a little bit of rest, relaxation and a good feed. Kevin's videos are full of detailed notes on each days walk. For example, he talks about looking for camping spots a little way up from the bottom of the valleys where the frost was collecting. Somewhat counter intuitive on what you would expect, the higher you are the colder it would be, not so in a frost. Great little gems to consider for any less experienced thru-hikers.

WATER ON TRAIL

The Heysen and Bibbulmun are similarly set up with water tanks along the length of the trails. The AAWT is a little more rudimentary, while new tanks are starting to pop up, finding water sources is a part of the adventure and sometimes this can mean diverting off the trail a few hundred metres to find it.

FOOD ON TRAIL

Kevin says, 'success depends upon previous preparation, and without such preparation, there is sure to be failure'. Well actually, that wasn't Kevin, it was Confucius, but Kevin lives by it. He travels the length of the trails in his high clearance 4WD and leaves sealed buckets of supplies along the way. On the Heysen Trail they were usually left at pre-planned accommodation stops. On the AAWT it was a little more clandestine, leaving them tucked away along the trail and

he mentioned that some roads which would be tricky without that 4WD high clearance. On all the trails this meant a drive to drop the food and another afterward to pick up the buckets. But hey, he's retired and there is nothing more satisfying than a plan all coming together.

MOBILE RECEPTION

Telstra was his network of choice. No surprise there. Coverage on the AAWT was there on average at least every 2 days, generally up on a hill versus down in a valley. Although sometimes connection was limited to call/text, not internet connection. The closer to a ski resort, the more success. On the Heysen, connection was better for most of the distance, with Kevin posting on socials most days. From Hawker up, it was restricted to high points and phone calls/texts and after Wilpena it tended to drop out more often than not. Kevin always takes an inReach mini satellite communicator in case of emergencies.

COMPANY ON TRAIL

Some people love company and others prefer solitude. Kevin is a friendly, social guy, but he values and appreciates space and solitude. The Bibbulmun was the busiest of trails and the AAWT had the least. So, I guess that leaves the Heysen Trail...as 'just right', in the words of goldilocks, falling somewhere in the middle. Further down south, on trail, there were more day walkers, but pretty quiet from the Barossa up. Except for a stormy night at Mayo's Hut where he found himself snuggled in with 9 other hikers. I think the frequency of towns along the Heysen and the general knowledgeable and positive sentiment



Thinking of adding the "Down the Aisle" walk to your walks calendar?

Let me be your guide. Your trailhead is at jwilsoncelebrant.com.au

I'm currently a Fearless Fifteener on E2E15 and can also help you with renewals of vows, funerals, and other of life's celebrations.

John Wilson, Civil Marriage Celebrant

0417 862 702



for the Trail from the local community meant that when he got to a town that need for social connection was met.

Kevin is very astute at tapping into the trail specific hiking support groups. In return, not only his he a 'trail angel' himself on the AAWT but he is generous with sharing his experiences and with the groups who support the various trails.

Heysen Trail - www.facebook.com/groups/1284588645043255

AAWT - www.facebook.com/groups/931225987016688

Bibbulmun - www.facebook.com/groups/110523759908

WHAT DID I LEARN FROM KEVIN

‘I’m nothing special. I’m just an old bloke who plods along, so its pretty well do-able for most fit people with a bit of experience’ – Kevin

Now, I’m quite sure that Kevin was sincere when he said this, but I also watched him walk a 50km day (Hallett to Spalding to avoid an overnight stay at Whistling Trigg on an exposed hilltop. Note: for those willing to brave it, the sunsets and sunrises are the reward. For those wanting to play it safe and not quite up to the 50km double section walk, then consider a night at the Spalding Hotel where owners, Fletch and Ange, may be able to organise a pickup and drop off). He contended with injuries that seemed to ‘come good’ after a week or two on the trail (I saw that swollen knee!). Navigate around trail closures at short notice (he circumnavigated the Pemberton to Warpole section on the Bib), walk through long sections of

track submerged with water (Bib). All of this with a genuine appreciation for the good to be found in the moment. And isn’t that just the best expression of what hiking does for us, teaches us resilience, to not dwell on the hardships and appreciate the good around us.

When I asked him if I could only do one, which do he recommend?

1. AAWT for challenge, solitude and stunning views. This is Kevin's backyard and he has had a lifetime of getting to know it.
2. Heysen for diversity, community and he loved the red dirt, desert landscape. The Flinders is world class.
3. Bibbulmun was the easiest of the three, with excellent facilities so a brilliant walk for a first-time thru-hiker.

But really it was never a question of one over the other in his mind. It was a question of picking the right order and appreciating each trail for its uniqueness.

WOULD YOU DO THEM AGAIN?

A winter traverse on the AAWT calls, but having done the full length twice now he would pick the gems. Heysen, yes, he has a friend in mind to bring along but would take more time and shorten some of the distances covered and the Bibbulmun, the weather was wet so he'd like to do it when it was a little warmer mostly because he loves a dip in a swimming hole and passed many a good looking one. He missed the Pemberton to Warpole section, so I think he would probably, start at Pemberton and work his way to the




Photo: Ikara View, Heysen Trail



Photo: Flinders Ranges, Heysen Trail



Photo: Mount Crawford Forest, Heysen Trail



Wonoka Station

Cottage and campgrounds.
Hot showers, flushing toilets.
The Heysen Trail follows alongside
Wonoka Creek, here on
Wonoka Station.

Andrew & Robyn McInnis
T: 0438 472 700
T: 0437 870 378
www.wonoka.com.au



coast. But here's the thing...I've heard on the grapevine that he is planning to head over for New Zealand's Te Araroa this year and if that's true, I'm all set for my arm-chair YouTube viewing.

Writing this was like dipping my toe into the water. There is much detail in Kevin's 10 - 15 minute daily videos. If you are considering one these trails, for sure your adventure will be unique, but in preparation I encourage you to dive into the videos to familiarise yourself with the walks, their potential issues and the wonderful aspects to look out for. I hope you are as inspired as I was.

.....
Take a deep dive into Kevin's trail videos; youtube.com/@goinferal5815

Listen to Kevin discussing the three thru-hikes on the Real Trail Talk podcast on spotify with Donovan deSouza; open.spotify.com/episode/3UUUw9CdRSwcr9IUymjttt

Kevin posts regularly on facebook; www.facebook.com/go.inferal



Trailwalker Photo Competition
▼

E2E14 walkers relax under the Pichi Richi railway sign, photo by David Roberts

We invite our readers to submit photos of themselves or others reading *Trailwalker* in interesting or unusual locations.

Please send your high-resolution photos to The Editor at trailwalker@heysentrail.asn.au



⌚ Top, left: Bogong High Plains, AAWT.
Top, right: Mt Cooke, Bibbulmun Track ⌚
⌚ Bottom, left: Walhalla, AAWT.
Bottom, right: South Coast, Bibbulmun Track ⌚

PLANNING TO TACKLE THE HEYSEN in 2025?

HANDY HINTS FOR INDEPENDENT HIKERS.

Fire Danger season is expected to end mid April/May so now is the time to hatch that plan to Hike the 1200km Heysen Trail. Whether you have the time to wander all the way or perhaps break it into sections, it is important to know before you go.

The Friends of Heysen Trail is the source of all things Heysen with the website covering details about hiking the Trail and link to our shop portal to buy maps: heysentrail.asn.au/heysen-trail/

How about distances between campsites and towns? heysentrail.asn.au/heysen-trail/trail-distances/

Logistics needed? See Transport services list: heysentrail.asn.au/heysen-trail/transport/

Our volunteer office team are also available to answer questions [Monday to Friday 10.30am-2.30pm] or email: heysentrail@heysentrail.asn.au

Farout App – Heysen map and access to updates from hikers (water, issues): app.faroutguides.com/guides/Heysen%20Trail

Those who have gone before are often the most valuable for inspiration and information.

Heysen Trail E2E and Through Hiking Facebook page. Dedicated to sharing information about taking a pack to through/section-hike: facebook.com/groups/1284588645043255

Josh West thru-hiked in 2018 for Black Dog Institute. His Trekking West site includes a daily blog, images & details by day/distance/packing/food/camps/accommodation etc: trekkingwest.com/category/heysen/

Elisha Donkin hiker and blogger completed the Heysen in 2022: beyondwildplaces.com/heysen-trail-itinerary/

Kevin Moss hiker and vlogger completed the Heysen in 2024 recording his days in short 10 - 15 min videos: youtube.com/@goinferal5815

When you finish that great adventure please register with The Friends for an “End to End Certificate”. It’s a memento for you and a record about walker numbers to help the Friends seek future support. heysentrail.asn.au/friends/end-to-end-certificate/

TRAVELLING TO BLINMAN?

ALPANA STATION

EST. 1878

TRANSPORT SERVICE AND ACCOMMODATION

David and Sally Henery of Alpina Station Blinman offer a friendly, flexible and accredited **transport service** to *the best end of the Heysen Trail*: Wilpena, Blinman, Parachilna Gorge Trailhead, for individual walkers or groups. Transfers to other destinations by arrangement.

Alpina Station offers:

- Quality self-contained accommodations: **Alpina shearers quarters** (up to 14 guests) & **Nungawurtina Hut** bush retreat (up to 6 guests)
- **Powered sites** with ensuite bathroom facilities for caravans/campers
- Scenic **bush camping** areas



**JUST 5KM FROM BLINMAN
IN THE FLINDERS RANGES**

BOOKINGS ESSENTIAL
Contact David and Sally Henery
PO Box 11, Blinman SA 5730

T: 08 8648 4626
E: alpanastation42@gmail.com
WWW.ALPANASTATION.COM



beach, there are a few places where that way takes you over sandy soil in nature inspired pathways or you can walk along the waters edge. There is a small section from Largs Bay to Grange where you don't have the choice and without using back streets you will need to go down onto the beach. But don't worry, take your shoes off, head down to the firmer sand and enjoy the waves lapping at your toes.

I loved the change of atmosphere, the beach-going crowds, the dogs out for their walks. I think we even saw a man out walking his lizard on his shoulder. Another day there was a group of vision impaired people jogging with running guides. So uplifting. Ofcourse, the endless choice of cafes stops and toilets was a treat.

Submit your
favourite
short walks to
the Editor



TAMMY MAIN

The Adelaide Foreshore

Photo: Tammy Main

Early in Summer a friend and I decided to reverse the Sea to Summit walk and found ourselves in the Sturt Gorge recreation park section on a very hot day. As is often our way, we got caught up in conversation, took a left when we should have gone right and ended up in what we now affectionately call, Snake Alley. Shortly after this Kathy Wright and Paul Delaine, two of the Friends volunteer walk leaders had posted a series of walks along the foreshore and we decided that might be a much safer route to tackle over those hot summer days.

The full series starts at the Outer Harbor Lookout at Lady Ruthven

Reserve at North Haven and makes its way along the foreshore of Adelaide to the Hallett Cove Conservation Park, with a perfectly positioned Boatshed Cafe to celebrate the finish.

All together it is a 37.5km walk. Not exactly a short walk, but Kathy and Paul have sectioned it up into shorter lengths.

- Outer Harbour to Semaphore (8.5km)
- Semaphore to West Beach (11km)
- West Beach to Brighton (10km)
- Brighton to Hallett Cove (8km)

The mid-start/finish points are not so important. Simply start where you finished off along the way. Mostly you can choose if you walk along the paving overlooking the



It was a wonderful opportunity to reach out to friends who are a little hesitant to come out on the trails. Before they know it they've knocked off 10km and are all of a sudden contemplating more.

If people watching isn't your thing, I'd pick the last walk from Brighton to Hallett Cove. The undulations were good practice for the coming season and the finish spectacular in 'one of Australia's most outstanding geological and archaeological sites'.

Do you have a favourite short walk you'd like to share? Please send your article to The Editor at trailwalker@heysentrail.asn.au



Gary Pearce Solicitor

Looking for a lawyer who understands your interests?

Professional, practical and cost efficient legal solutions

Gary Pearce is a solicitor who listens, understands and delivers. Specialising in wills and estates including:

- Estate Planning
- Powers of Attorney
- Advance Care Directives
- Estate Litigation
- Land Transactions

262 Melbourne Street
North Adelaide
South Australia 5006
M 0419 121 300
E g@garypearce.com.au



Image: Maggie Moy

Japan

Discover why Aussies love the Kumano Kodo trail

Now's the time to book a spot on our 2025 Spring and Autumn tours

**Walk the Imperial Way - Nakahechi Route
(rated moderate)**

**or the Mountainous Way - Kohechi Route
(rated challenging)**



We also help lots of walkers with private group trips to Japan and beyond

www.bigheartadventures.com.au | hello@bigheartadventures.com.au | 08 7006 5620



Friends of the Heysen Trail 15% OFF

FOR ALL YOUR TRAIL WALKING NEEDS
134A THE PARADE NORWOOD | EXURBIA.COM.AU

EXURBIA
THE ADVENTURE SUPPLY CO.

OWNED AND OPERATED BY SCOUTS SA



icebreaker
Move to natural



patagonia



ONE PLANET



SEATOSUMMIT